

# Allied Health Newsletter

- > List available classes for Summer and Fall
- > Shine a spotlight on one of our successful graduates
- > Give important up-to-date news and events within our college

## Message from the Director

As the weather warms and the crocus flowers begin to bloom, we know that Spring will arrive soon! Spring is also a time when we think about new opportunities. The Allied Health program will start a few new initiatives that we hope you will consider. We are seeking interested students to serve on a **Student Advisory Committee** that will meet once per semester. The first meeting will be **Tuesday March 23** from **5-6:30 pm**. Please contact me if you'd like to participate.



And to give students (especially those taking classes on campus) a chance to meet each other, we'll have a **Brown Bag Lunch** (bring your own) on **Wednesday April 21** from **1-2 pm**. We'll have our second **Advising Open House** on **Tuesday April 6** from **4-6:30 pm**. Meet with your advisor to obtain seat codes and discuss your Fall semester schedule. Our **Graduate Reception** (for our December '09-Summer '10 grads) will be **Monday May 17** from **5-7 pm** in the Cook Library. Looking forward to seeing you soon!

Enthusiastically yours,

Dr. Braunstein

Nadine Braunstein PhD, RD, LDN, CDE

## Important Dates to Remember

- \* **March 14-21– Spring Break**
- \* **March 23– First meeting of the Student Advisory Committee (see pg. 3)**
- \* **April 5– Last day to withdraw from a semester course with a grade of "W"**
- \* **April 14– Operation STAT (see pg. 2)**
- \* **April 21– Brown Bag lunch meet and greet (see pg. 3)**
- \* **May 11– Last Day of Classes**
- \* **May 12– Final Exams begin**
- \* **May 17– Graduation Reception**
- \* **July 10– Last day to apply for August graduation**

## Advising Open House

Tuesday, April 6th, 2010

4:00-6:30 pm

Meet with some of your fellow classmates and your advisor about Summer and Fall classes!

## Refreshments will be served



Undergraduates need to meet with their advisors in order for their advising holds to be lifted for class registration.

Thank You to **Elizabeth Drehmel**, the Allied Health Program's Graduate Assistant this year. Elizabeth designed the Fall and Spring Newsletters and helped Dr. Braunstein with many projects. Congratulations on your graduation in May!

## 2010 Course Offerings

\*All courses online unless otherwise noted

### Summer:

AHLT310 Management for the Allied Health Professional (7 weeks)  
AHLT315 Financial Management for the Allied Health Professional (10 weeks)  
AHLT407 Neonatal and Pediatric Respiratory Care (10 weeks)  
AHLT495 Independent Study  
HCMN 305 Community Health Administration (10 weeks)  
HCMN441 Legal and Ethical Issues in Health Administration (10 weeks – *on campus only*)  
HLTH 207 Healthcare in the US (10 weeks)

### Fall:

AHLT310 Management for the Allied Health Professional  
AHLT320 Understanding Evidence Based Practice  
AHLT409 Sleep and Rehabilitative Care  
AHLT445 Research Methods in Allied Health  
HCMN415 Financing and Organization of Health Care Services in the US  
HLTH 207 Healthcare in the US (*online and on campus*)  
NURS416 Multicultural Healthcare (*online and on campus*)  
PHIL361 Ethics of Medicine and Life Sciences (*on campus only*)

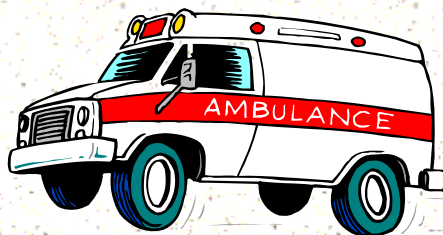
## Operation STAT

Join us on April 14th for the third annual Operation STAT emergency preparedness drill. This drill simulates mass casualty and what our campus would be like if a natural disaster struck.

This drill serves as an opportunity for nursing and other students in health professions to get some hands on learning

experience in a mock disaster.

Enforcements from the Maryland National Guard, Maryland Defense Force, Maryland Department of Health and Mental Hygiene and the Maryland Medical Reserve Corps. Towson and local police will also be present. . A favorite from last year, students have an opportunity to volunteer



as victims. They will be handed a “scenario of injury” and will go through a moulage station for the application of fake bruises and wounds.

Operation STAT will be held on April 14th from 8:30– 12:00 in the Burdick Hall gym.

## Graduate Spotlight on: Patricia Nolan

Patricia Nolan knows what its like to balance career, family and school. For twenty years Patricia has been working full time as a Respiratory Therapist, but years knew that she

wanted to further a career in Respiratory Education. She felt that earning her Bachelor’s degree would “open doors that would have otherwise been closed”.

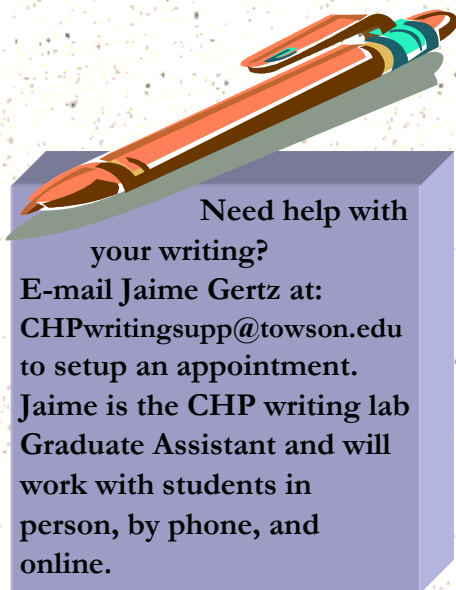
Patricia graduated from the Allied Health Program in the Summer of 2009, and believed that going back to school was one of the best decisions she has made. Being a career woman and mother, the Allied Health’s online format was especially attractive to her and allowed her to further both education and career goals. Not only

was the format of the program a good fit, but so were the professors.

She says that her interactions with professors in the program pushed her to be a better student. “Professor Caplis was really great. She was a tough cookie but I could tell that she had high expectations from her students and she wanted her students to succeed. Professor Burton’s background was in Respiratory Therapy as well, so we had the student/professor relationship as well as the colleague

relationship. which was really unique”.

Now, Patricia works full time at the CCBC-Essex campus, teaching Mechanical Ventilation to second year Respiratory Therapy students. She is currently working on her Master’s Degree in Education with a minor in Information Technology from Strayer University. She hopes to graduate Spring 2011. Congratulations Patricia! We wish you continued success!!

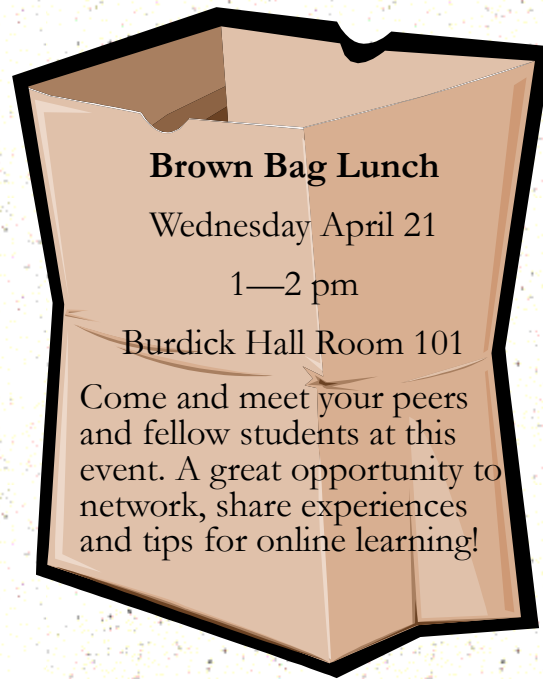


Need help with your writing?  
E-mail Jaime Gertz at: [CHPwritingsupp@towson.edu](mailto:CHPwritingsupp@towson.edu) to setup an appointment. Jaime is the CHP writing lab Graduate Assistant and will work with students in person, by phone, and online.

Have a suggestion about our newsletter? Want to write a guest column?

Please don't hesitate to contact us!

Phone: (410) 704-4049  
Fax: (410) 704-4965



Do you have suggestions for improving our Allied Health Program?

Then join our newly forming  
**Student Advisory Committee**

Tuesday, March 23rd

5:00-6:30 pm

Burdick Hall room 101

All students are welcome!

RSVP to Dr. Braunstein at (410) 704-4049 or [nbraunstein@towson.edu](mailto:nbraunstein@towson.edu)

### Geriatric Assessment Interdisciplinary Team (GAIT)

Attend a conference on the Eastern Shore to explore various issues in Gerontology. Topics include:

- **Pressure Ulcer Prevention and Wound Care**
- **Palliative Care**
- **Nutritional Needs of the Older Adult**

***Free to all healthcare students, including travel and lodging expenses***

Pre-Registration Required. Call Donna Wilson at (410) 221-2600 for more information.

Please check the website for program dates and locations: [http://www.esahec.org/gait/gait\\_schedule](http://www.esahec.org/gait/gait_schedule)

### Earn Six Credits in Three Weeks (and get a tan while doing it!)

Allied Health students have an exciting opportunity to fulfill a total of **six credits** in Mexico; NURS 416 (a core class), and credit for a lower level elective. Students will live with a local family and travel to exotic locations on the weekends like the Teotihuacan Pyramids, downtown Mexico City and Acapulco. Students attend class each day from 9:00-3:00 where they learn about modern and traditional Mexican medicinal practices, visit medical centers, and hear a variety of speakers. Don't know any Spanish? No problem! Interpreters will be present to assist students with translation.

Molly Sisson, a Community/School Health Education senior, participated in the Mexico study abroad program this past January and absolutely loved it. Not only was the education valuable, but the experience as well. "Being in a new cultural setting was an amazing experience that I would not have traded for the world. [My] preconceived notions about what Mexico would be like... were blown out of the water".

As a student who has experienced the trip, Molly recommends the program to anyone and everyone. "We actually had a student with us who was a mother of two and another student who was married and in grad school". This opportunity is ideal for students who want to accelerate their progress to getting a bachelor's degree and have experiences otherwise not available to them here at Towson.

**Financial aid scholarships are available and interested students are strongly encouraged to apply.** The trip approximately is \$3,000-\$3500 and includes six academic credits, health insurance, roundtrip airfare, housing, meals and excursions. Tentative dates for 2011 will be **January 2nd– January 22nd**. For more information about this great opportunity, contact Professor Bonnie Fuller, Program Director, at (410) 704-2391 or [bfuller@towson.edu](mailto:bfuller@towson.edu).

\*Note: Other semester-long study abroad opportunities are also available. For more information, go to <http://www.towson.edu/studyabroad/programs.asp>