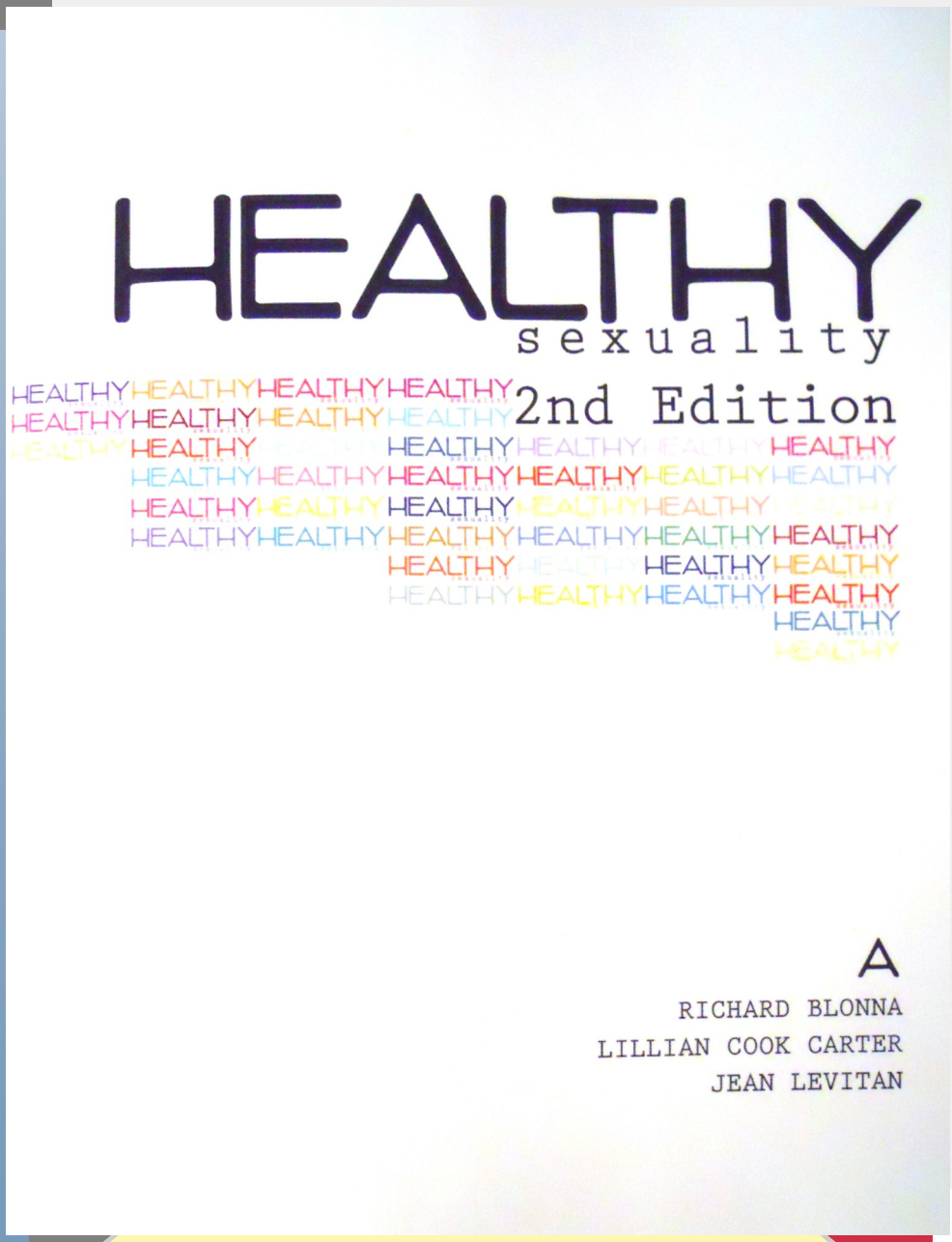
Congratulations to Dr. Lillian Carter, coauthor of *Healthy Sexuality,* 2nd edition



Lillian Cook Carter, PH.D, CHES, has been teaching human sexuality at the university level for more than 30 yrs. She is a health educator at Towson University in the Health Science Department. In addition to human sexuality, Dr. Carter also teaches courses on mental health, stress reduction and wellness.

"*Preface*….As an introductory text in human sexuality, ***Healthy Sexuality*** is based on the fundamental information and concepts that have evolved from the body of research in this field. ***Healthy Sexuality*** examines how the components of wellness– physical, intellectual, emotional, social spiritual, and environmental/occupational influence our sexual health."

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