



Speed Mentoring

.....a seminar where students learn professional interviewing skills from community health mentors



Purpose of the Seminar.....

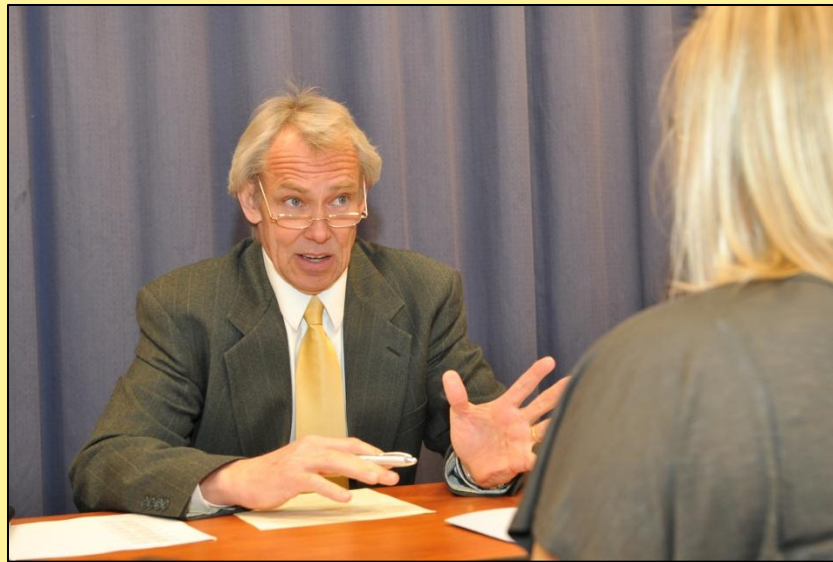
- 1- provide students with multiple perspectives on how they present themselves in a professional interview setting
- 2- help students develop interpersonal skills linked to their personal and professional development.
- 3- help students develop professional interviewing skills



Stacey Tuck (*Administrator for the Baltimore City Health Dept. Maternal and Infant Care Program*) listens to student's 'elevator speech.'

Process.....

- 1- using the speed dating model, each student rotates among multiple interviewers (health professionals who act as mentors)
- 2- student provides a brief 'elevator speech'
- 3- mentor interviews the student for an entry level position in their organization
- 4- at conclusion, mentor provides feedback to student regarding body language, responsiveness to questions, etc.



Lew Lyon (*VP MedStar SportsHealth*) provides feedback to student on her interview skills.



Health Professionals who participated this year.....

First row- front to back: Jessica Gilbert (*Health Educator for Lupus Foundation of America;*) Lewis LeBrun (*Vice President of Major Accounts and Operations for Group Benefit Services;*) Christine Crabbs (*Executive Director for Hospice & Palliative Care Network of Maryland*)

Back row – front to back: Larissa Lang (*Senior Health Insurance Program and Senior Medicare Patrol Coordinator for Baltimore City Health Department, CARE Services;*) Allsion Frey (*Health Educator for Alcohol and Drugs at Towson University’s Counseling Center;*) Kira Eyring (*Health Systems Director for the American Cancer Society’s Maryland Region*).



William Wiseman (*Director of the Division of Public Health Education & Cancer Prevention Services; Public Information Officer for the Harford County Health Department*) talks with a student about her interviewing skills.

Other health professionals (not pictured) who participated included:

Judy Lichty (*Regional Director of Health & Wellness*); Nicole McDonald (*Program Coordinator of the Good Health Center at Good Samaritan Hospital*); Elizabeth Wysocki (*Coordinator of Trauma Survivors Network, R. Adams Cowley Shock Trauma Center of UMMC.*)



Student's shared their comments regarding the seminar.....

"It was a great way to practice while learning about people that work in the field of community health"

"I was very satisfied with how it turned out. Honestly, I was dreading it before, just because I was nervous, but afterwards I felt great about it and realize how important it was for me to do as a student."

"I really enjoyed this experience!! I wish we could have done it more than once to really get the hang of interviewing. Especially because interviewing is extremely important. If you don't interview well you will not get a job!"

"It was a great experience for any health science major!"

"I think it was a great experience. It may not be fun thinking about having to have 4 interviews, but the experience is so beneficial."

Thanks to all the Health Professionals who helped to make this experience possible for our students.