



Hussman Center for Adults with Autism Spring 2024 Programs

General information for all programs: If you have *never* attended a program at the Hussman Center or *have not attended in over 2 years* you are required to attend a Hussman Center Intake Meeting with the Hussman Center Staff. Sign up for an intake meeting here:

<https://www.signupgenius.com/go/4090E48A4AB2CA4FB6-46963997-hussman>

Please proceed to complete the [program interest process](#) before your scheduled intake meeting.

All Hussman Center programs include interaction with Towson University students who are there to learn about autism by engaging with program participants. Participants need to be able to join program activities without assistance from a 1:1 support person. If you believe that you, your son/daughter might benefit from 1:1 assistance to fully experience the program, or for advice about program selection, please contact Doug DeHaan at ddehaan@towson.edu or call 410.704.7300.

[CLICK TO FILL OUT THE PROGRAM INTEREST FORM](#) - LIVE Mid-January. An E-mail will be sent and Facebook will be updated with information.

Please note that programs are not filled on a first come first-serve basis. Staff consider many factors when filling programs. We will do our best to get you a spot in your first and/or second program(s) of choice. You will be notified by email by February 5th as to which program(s) has(have) room for you. You will be required to respond to that email by February 7th to confirm your program spot(s).

<i>Community Integration Programs:</i>	
These programs facilitate opportunities to engage in fun activities with Towson University undergraduate students who are participating in a diversity education course.	
Program Details	Program Description
Dance Program Facilitator: Kelly Zielinski M.S. Program Supervisor: Brittany Bunch, MSW	Participants take part in creative movement, movement games, do some free dancing together, and work in small groups and big groups to complete movement goals. The activities are designed to



<p>Day: Monday Time: 5:00- 6:30 PM Dates: February 19, 26 March 4, 11, 25 April 1, 8, 15, 22, 29</p> <p>Program Fee: \$320 Location: IWB- Dance Studio</p>	<p>provide participants with a chance to express themselves in new ways, to improve motor coordination and sequencing, and to gain self-confidence while having an enjoyable time with others. Participants may have an opportunity to engage in an end-of program performance for their peers, friends and family.</p> <p>Note: music may be played during this class</p>
<p>Craftsmanship Program Facilitator: Doug DeHaan M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday Time: 10:00-11:30 AM Dates: February 13, 20, 27 March 5, 12 *This is a 5-week program that begins one week earlier than other groups* Program Fee: \$ 150 Location: Hussman Center</p>	<p>Craftsmanship offers us an opportunity to create things from wood and use a variety of tools to create items of choice. It will also give us an opportunity to practice safety skills and construction skills. Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities.</p>
<p>Trivia Program Facilitator: Cheryl Lyn Errichetti, MPS Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday Time: 5:00-6:30PM Dates: February 20, 27 March 5, 12, 26 April 2, 9, 16, 23, 30</p> <p>Program Fee: \$320 Location: Hussman Center</p>	<p>This program provides participants with an opportunity to test their knowledge in a fun, friendly and semi-competitive environment. By engaging in team-based trivia activities together, participants will learn with their peers and learn about their peers. They will make decisions which benefit the group. Participants should have an interest in joining the trivia-based activities and socializing with others.</p>



<p>Gaming Club Program Facilitator: Joshua Donaldson Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 6:00-7:30 PM Dates: February 21, 28 March 6, 13, 27 April 3, 10, 17, 24 May 1</p> <p>Program Fee: \$320 Location: Hussman Center</p>	<p>This program provides participants with an opportunity to build a sense of community with peers, strengthen interpersonal skills and deepen self-awareness. By engaging in board games, card games, video games, and other activities together, participants will also practice solving problems, learning with their peers and learning about their peers. They will make decisions which benefit the group. Participants should have an interest in joining the activities and socializing with others.</p>
<p>Healthy Relationships Program Facilitator: Destiny Varnedoe B.S. Program Supervisor: Brittany Bunch MSW</p> <p>Day: Wednesdays Time: 5:00 – 6:30 PM Dates: February 21, 28 March 6, 13, 27 April 3, 10, 17, 24 May 1</p> <p>Program Fee: \$320 Location: Hussman Center</p>	<p>Participants work collaboratively to learn about relationships within various contexts to include effective communication, healthy conflict, establishing boundaries, the impact of substance use on relationships, navigating intimacy, and investing in self-care along the way through discussion and experiential activities.</p>
<p>Art Club Program Facilitator: TBD Program Supervisor: Brittany Bunch, MSW</p> <p>Day: TBD Time: 5:00-6:30PM Dates: TBD</p> <p>Program Fee: \$350 Location: Hussman Center</p>	<p>Participants in this art program work on art projects to express themselves and connect with others. Projects might include watercolor; drawing; collage; or art made from found objects. The emphasis of the program is on artistic expression, sharing ideas, compromising, and creating an artistic space together. Participants may have the opportunity to share their creations in an end of program art show. No prior art experience necessary.</p>



<p>Hussman Brunch Bunch Program Facilitator: Doug DeHaan M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday Time: 12:00-2:00PM Dates: February 20, 27 March 5, 12, 26 April 2, 9, 16, 23, 30</p> <p>Program Fee: \$400 Location: Hussman Center</p>	<p>Hussman Brunch Bunch provides an opportunity for participants and TU students to plan for and bake or cook an item or two each week during the program. Participants will communicate with one another and work together to create menu items.</p> <p>Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities and meaningful discussions about wellness and other relevant topics.</p>
<p>Primal Fitness Program Facilitator: Doug DeHaan M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Tuesday & Friday Time: 2:45PM – 4:15 PM Dates: February 20, 23, 27 March 1, 5, 8, 12, 15, 26, 29 April 2, 5, 9, 12, 16, 19, 23, 26, 30 May 3</p> <p>Program Fee: \$450 Location: IWB- Fitness Studio</p>	<p>Participants in this program are expected to achieve possible weight loss and/or weight control along with milestones in strength conditioning or cardiovascular fitness. Participants should be interested in getting a great workout. This is an advanced fitness group.</p>
<p>Co-Ed Activities Program Facilitator: Randy Holter B.A. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Wednesday Time: 4:30-6:00 PM Dates: February 21, 28 March 6, 13, 27 April 3, 10, 17, 24 May 1</p> <p>Program Fee: \$ 320 Location: Hussman Center</p>	<p>Participants in this program will have the opportunity to engage in activities which encourage interactions, teamwork, communication and friendly competition. Activities could include games, baking competitions, trivia-based games, cup stacking challenges, interest sharing, charades, Kahoot and more.</p>



<p>Unified Sports- Basketball Program Facilitator: TBD Program Supervisor: Brittany Bunch MSW</p> <p>Day: Wednesday *6 Week Program* *Begins 2.14.24*</p> <p>Time: 7:00-8:00PM Dates: February 14, 21, 28 March 6, 13, 27 Program Fee: \$100 Location: Burdick Hall- ON CAMPUS</p>	<p>This program is specifically designed as an opportunity for individuals to engage in Unified recreational activities both indoors and outdoors on the campus of Towson University. This group will specifically focus on Basketball for 6 weeks. Participants must have an interest in practicing and playing basketball with others.</p>
<p>Unified Sports- Bocce Ball Program Facilitator: TBD Program Supervisor: Brittany Bunch MSW</p> <p>Day: Wednesday *6 Week Program* *Begins 4.03.24*</p> <p>Time: 7:00-8:00PM Dates: April 3, 10, 17, 24 May 1, 8 Program Fee: \$100 Location: Burdick Field- ON CAMPUS</p>	<p>This program is specifically designed as an opportunity for individuals to engage in Unified recreational activities both indoors and outdoors on the campus of Towson University. This group will specifically focus on Bocce Ball for 6 weeks. Participants must have an interest in practicing and playing Bocce Ball with others.</p>
<p>Fitness Program Facilitator: Shaquavia Holmes Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Thursday Time: 4:30 – 6:00 PM Dates: February 22, 29 March 7, 14, 28 April 4, 11, 18, 25 May 2</p> <p>Program Fee: \$225 Location: IWB- Fitness Studio</p>	<p>Participants in this program will have the opportunity to socialize with peers while increasing motor skills, improving balance and coordination, increasing self-confidence and daily life skills and developing a stronger core and better trunk stability. Participants should be interested in getting a great workout. This is a beginner to intermediate level fitness class.</p>



<p>Learn how to ACT! Program Facilitator: Max Hambleton Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Thursday Time: 1:00-2:30PM Dates: February 22, 29 March 7, 14, 28 April 4, 11, 18, 25 May 2</p> <p>Program Fee: \$300 Location: Hussman Center</p>	<p>Acting group provides opportunity for participants to work on different scripts and acting techniques focusing on the 2 cornerstones of acting” Voice & Body, Emotional Life, Imagination, and Script Analysis. This course will provide an opportunity to improve feelings of anxiety and stress while you have fun becoming someone else.</p>
<p>Hussman Bakes Cafe Program Facilitator: Doug DeHaan M.Ed. Program Supervisor: Brittany Bunch, MSW</p> <p>Day: Friday Time: 12:00-2:00PM Dates: February 23 March 1, 8, 15, 29 April 5, 12, 19, 26 May 3</p> <p>Program Fee: \$400 Location: Hussman Center</p>	<p>Hussman Bakes Café provides an opportunity for participants and TU students to plan for and bake an item or two each week during the program. Participants may or may not choose to market and sell their items to others at the IWB. In addition, this program provides participants with opportunities to practice and demonstrate community living skills (such as executive functioning, self-determination, initiation and motivation).</p> <p>Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities and meaningful discussions about wellness and other relevant topics.</p>



Clinical Collaboration Programs:

These programs are facilitated in collaboration with Towson University’s Occupational Therapy and Speech Language Pathology Departments. These programs provide an opportunity to have fun engaging with students in various activities while gaining skills necessary to live independently.

Work Possibilities 1

Program Facilitators: Matthew Burger M.S., OTR/L & Smitha Shailan OTS
Program Supervisor: Brittany Bunch, MSW

Day: Wednesday

Time: 10:00AM – 12:00PM

Dates:

February 21, 28

March 6, 13, 27

April 3, 10, 17, 24

May 1

Program Fee: \$400

Locations: **Hussman Center** and Towson University Campus

The Work Possibilities program provides participants an opportunity to practice workplace social and communication skills while trying a rotation of jobs around the Towson University campus. While the Work Possibilities program does not provide vocational services, activities are designed to help individuals who are preparing to enter a vocational training program soon, who are actively looking for a job, or who have encountered challenges at work previously by strengthening readiness for training and employment. Some classes take place at the Hussman Center, and most work sites are located on the TU campus and nearby community. Participants are responsible for providing their own transportation to and from the Towson University campus and must be able to get to the various worksites independently. **** OPTIONAL: Additional sensory navigation workshop which would occur for 45 minutes following the program. (12:00-12:45PM) ****

Work Possibilities 2

Program Facilitator: Matthew Burger M.S., OTR/L & Smitha Shailan OTS
Program Supervisor: Brittany Bunch, MSW

Day: Friday

Time: 10:00AM – 12:00PM

Dates:

February 23

March 1, 8, 15, 29

April 5, 12, 19, 26

May 3

Program Fee: \$400

Locations: **Hussman Center** and Towson University Campus

The Work Possibilities program provides participants an opportunity to practice workplace social and communication skills while trying a rotation of jobs around the Towson University campus. While the Work Possibilities program does not provide vocational services, activities are designed to help individuals who are preparing to enter a vocational training program soon, who are actively looking for a job, or who have encountered challenges at work previously by strengthening readiness for training and employment. Some classes take place at the Hussman Center, and most work sites are located on the TU campus and nearby community. Participants are responsible for providing their own transportation to and from the Towson University campus and must be able to get to the various worksites independently. **** OPTIONAL: Additional sensory navigation workshop which would occur for 45 minutes following the program. (12:00-12:45PM) ****



<p>Cooking 1 Program Facilitator: Derek Piggot, MOT, OTR/L Program Supervisor: Brittany Bunch MSW</p> <p>Day: Tuesday Time: 5:30 – 7:30 PM</p> <p>Dates February 20, 27 March 5, 12, 26 April 2, 9, 16, 23, 30</p> <p>Program Fee: \$425 Location: Hussman Center</p>	<p>This program provides the participants with opportunities to engage with one another in learning about the basics of the meal preparation process, including safety in the kitchen, planning for and making meals, clean-up, and food safety. Participants will have the opportunity to demonstrate executive functioning and self-management skills in a comfortable environment by engaging in activities and meaningful discussions about wellness and other relevant topics.</p>
<p>Cooking 2.0 Program Facilitator:: Derek Piggot, MOT, OTR/L Program Supervisor: Brittany Bunch MSW</p> <p>Day: Thursday Time: 5:30 – 7:30 PM</p> <p>Dates February 22, 29 March 7, 14, 28 April 4, 11, 18, 25 May 2</p> <p>Program Fee: \$425 Location: Hussman Center</p>	<p>This program focuses on intermediate level meal preparation. Through a variety of educational discussions and hands-on activities related to budgeting for meal prep, use of different cooking modalities/appliances, nutrition and wellness, and other related skills, participants will plan for and prepare a meal each week during the program. In addition, this program provides participants with opportunities to practice and demonstrate community living skills (such as executive functioning, self-determination, initiation and motivation) by choosing and preparing a meal (or a part of a meal) at home and discussing the experience during the program each week. To join this program, participants must have prior meal prep experience and be able to engage in meal prep at home with support as needed.</p>
<p>Communication in the Community Program Facilitator:: Emma Shipley M.S. CCC-SLP Program Supervisor: Brittany Bunch MSW</p> <p>Day: Wednesday Time: 3:00 PM – 4:30 PM</p> <p>Dates: February 21, 28 March 6, 13, 27 April 3, 10, 17, 24 May 1</p> <p>Program Fee: \$300 Location: Hussman Center</p>	<p>Participants will engage with a variety of community members and groups to learn more about how to self-advocate and improve communication skills in common environments and situations. Engagement workshops will primarily take place at the Hussman Center; however, the group may incorporate one or more off-campus outings during the semester depending on community availability and participant interest. If you're looking to learn more about your community and how you can strengthen your communication skills to access events and resources within it, this is the course for you!</p> <p>*Participants may attend up to 3 outings across the 10 weeks and would be required to pay for those experiences.</p>



<p>Technology for Communication Program Facilitator: Kelly Coburn Ph.D. Program Supervisor: Brittany Bunch MSW</p> <p>Day: Thursday Time: 2:00 PM – 3:30 PM Dates: February 22, 29 March 7, 14, 28 April 4, 11, 18, 25 May 2</p> <p>Program Fee: \$300 Location: Hussman Center</p>	<p>Participants will explore and practice various technologies that can be used to communicate. We will begin by exploring augmentative/alternative communication (AAC) systems. We will also discuss mainstream technologies such as email, texting, and social media. Participants may suggest additional technologies to explore in later sessions (for example: video, comic strips, collage, memes). Based on participant interest, there may be opportunities for the group to practice using these technologies in the wider Towson community.</p>
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