



## Internship Opportunities with Aquila

*Gain professional experience in the fitness, wellness, and health promotion industry!*

Aquila is an awarding-winning health, fitness, wellness, and spa management organization that serves clients nationally and internationally. For more than a decade, Aquila has been providing Innovative Programming and Results Oriented Fitness & Wellness Management to Fortune 1000 Companies, Government Agencies, Educational Institutions, and Private Establishments. The primary objective for our internship programs is to provide you with well-rounded professional work experiences.

All applicants must meet minimum requirements:

1. Junior or Senior in Exercise Science, Health Promotion, Kinesiology, or related field.
2. GPA of 3.0 and higher preferred.
3. CPR, First Aid, and AED Certification required.

The areas in which you will gain experience include, but are not limited to:

- Fitness evaluations
- Facility operations
- Fitness floor supervision
- Exercise prescription and facility orientation
- Developing safe and effective exercise programs for members
- Management and skill development
- Group exercise instruction
- Development and implementation of member incentive and adherence programs
- Health promotion
- Wellness
- Risk management
- Equipment maintenance
- Customer Service

Apply online at: [www.aquilaltd.com/internships.htm](http://www.aquilaltd.com/internships.htm)

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