

EXERCISE SCIENCE

Name _____ Advisor _____

TU ID# _____

Course #	Name	Credits	Semester	Earned "C" or better
KNES Core Courses				
KNES 235	Individualized Fitness	3		
KNES 309	Tests and Measurements	3		
KNES 311	Biomechanics	3		
KNES 313	Physiology of Exercise	3		
KNES 315	Care & Prevention of Athletic Injuries	3		
KNES 361	Exercise Psychology	3		
KNES 363	Nutrition for Sport & Exercise	3		
KNES 365	Exercise Testing & Prescription	3		
KNES 369	Practicum in Exercise Science	3		
KNES 395	Internship in Exercise Science	3		
KNES 469	Research Methods in EXSC	3		
KNES Required Electives (12 credits)				
		3		
		3		
		3		
		3		
Additional Required Courses				
BIOL 190	Intro to Biology for Health Professions	4		
BIOL 213	Anatomy & Physiology I	4		
BIOL 214	Anatomy & Physiology II	4		
CHEM 105 or CHEM 110	Chemistry for Allied Health Professionals General Chemistry 1	4		
HLTH 101	Wellness for a Diverse Society	3		
PHYS 202 or PHYS 211	Physics for Allied Hlth. Prof. General Physics I	5/ 4		
PSYC 101	Introduction to Psychology	3		

Prerequisite Information

Course	Prerequisite
KNES 309	MATH 111, 115, 119, 211, 231, 273, 274 or 275
KNES 311	BIOL 213; BIOL 214
KNES 313	BIOL 213; BIOL 214
KNES 361	PSYC 101
KNES 363	BIOL 213; BIOL 214
KNES 365	KNES 313
KNES 369	concurrent with KNES 365
KNES 395	KNES 365; KNES 369
KNES 469	KNES 309; senior status in EXSC

EXSC/ KNES Elective Options (from the list provided a maximum of 7 credits can be outside of KNES)

KNES 217 Functional Anatomy for EXSC	KNES 407 Adv. Prin. Strength & Conditioning
KNES 297 Foundations of EXSC	KNES 409 Stress Management
KNES 251 History of American Sport	KNES 418 Sport Facility Management
KNES 285 Sport: Cross-Cultural Persp.	KNES 420 Adv. Exercise Physiology
KNES 301 Intro to Recreation and Leisure	KNES 426 Motor Development
KNES 331 Principles of Coaching	KNES 433 Applied Sport Psychology
KNES 337 Adv. Coaching Techniques	KNES 437 Sport and the Media
KNES 333 Sport Management	KNES 449 Leadership for Sport Prof.
KNES 341 Concepts of Motor Learning	KNES 452 Sport Marketing
KNES 349 Modern Olympic Games	KNES 453 Sport Administration
KNES 351 Philosophy: The Sport Exp.	KNES 455 Phys. Program. for Older Adult
KNES 353 Sport and Society	CHEM 106 Chem. for Allied Health Prof. II
KNES 355 Psychology of Sport	Or CHEM 111 Gen Chemistry II
KNES 359 Psychology of Sport Injury	PSYC 315 Motivation
KNES 372 Pract. & Instr. Skills in Leadership	HLTH 311 Chronic & Communicable Dis.
KNES 395 Kinesiology Internship	HLTH 405 Drugs in Our Culture
KNES 406 EXSC Prescrip. And Programming	

Miscellaneous Information

1. Students are expected to keep track of their completion of the requirements for graduation (e.g., 120 earned units; cumulative GPA 2.0; GenEd units) using the *Degree Progress Report* (DPR) online.

FYI: The following courses are either required or electives for PHEC/TEED and can potentially be used to satisfy GenEd requirements.

GenEd	Course(s)
IC	MATH 111, 115, 119, 211, 231, 273, 274 or 275
ID	KNES 469
IIA.1	BIOL 190; CHEM 105/110; PHYS 202/211
IIB.3	HLTH 101
IIC.2	PSYC 101

2. **Grade Requirements for Courses in the Major**
A grade of "C" or better must be earned in all courses required for the academic major.
If the required grade is not achieved, the course may be repeated without permission a second time.
Students may not make a third attempt of a course except with prior approval. Students must complete a *Petition for a Third Attempt Form* before registering for the course.

3. **Graduation Application**

Students must apply for graduation.

To graduate in:	Submit your application by:
Spring	January 20 th (online application deadline)
Summer	July 10 th (online application deadline)
Fall	August 21 st (online application deadline)

Additional information is available at <http://www.towson.edu/registrar/graduation/undergrad/index.asp>