

## **LifeBridge Health & Fitness, Baltimore, MD**

### **Internships Available:**

Length of service is flexible based on intern's needs and the requirements of the student's school.

### **Job Description:**

Interns are treated as new employees. An interview is required prior to acceptance to the internship program. Intern requirements and project are established before starting internship. Interns will learn all procedures followed at LifeBridge Health and Fitness while shadowing staff. Physical Assessments, Personal Exercise Programs and Customer Service will be taught as part of internship. A full in-depth equipment review and practical procedures will be taught. The technical knowledge learned in school can be applied in a practical setting here at LifeBridge. In return, interns will work some fitness specialist shifts towards the end of your internship.

**Salary:** No compensation

### **Contact name and information:**

Michael Kelly  
Fitness Manager  
LifeBridge Health and Fitness  
1836 Greene Tree Rd.  
Baltimore, Maryland 21208  
Phone: 410-318-6807  
Fax: 410-484-6804  
E-mail: [mikelly@lifebridgehealthandfitness.com](mailto:mikelly@lifebridgehealthandfitness.com)