



*Department of Kinesiology*

*Physical Education*

*Advising Manual*

The Physical Education/ Teacher Education program prepares students to become competent physical educators consistent with developmentally and instructionally appropriate guidelines provided by National Association for Sport and Physical Education (NASPE). Graduates of the program are eligible for certification by the Maryland State Department of Education as a K-12 Physical Education teacher.

## COURSE REQUIREMENTS

### **KNES Professional Core (35 credits)**

- KNES 290 Intro to Teaching Phys. Ed.(2)
- KNES 298 History & Phil. of Phys. Ed.(3)
- KNES 309 Tests and Measurements(3)
- KNES 311 Biomechanics (3)
- KNES 313 Physiology of Exercise (3)
- KNES 315 Care & Prevention of Ath Inj (3)
- KNES 324 Teaching PHEC in Elem. Sch. (3)
- KNES 325 Teaching PHEC in Second. Sch. (3)
- KNES 341 Concepts of Motor Learning (3)
- KNES 355 Psychology of Sport (3)
- KNES 423 Adapted Physical Education (3)
- KNES 426 Motor Development (3)

### **KNES Professional Electives (select 6 credits)**

- KNES 305 Outdoor Education Phil. & Methods (3)
- KNES 331 Principles of Coaching (3)
- KNES 337 Adv. Coaching Techniques (3)
- KNES 351 Philosophy: The Sport Experience (3)
- KNES 353 Sport and Society (3)
- HLTH 101 Wellness in a Diverse Society (3)

### **Additional Required Courses (37/ 38 credits)**

- BIOL 190 Introductory Biology for the Health Professions (4)
- BIOL 213 Anatomy & Physiology I (4)
- BIOL 214 Anatomy & Physiology II (4)
- CHEM 105 Chem Allied Hlth Prof. (4) **OR** PHYS 202 Physics Hlth Sci. (5)
- COMM 131 Fundamentals of Speech (3)
- EDUC 401 Foundations of Education (3)
- ELED 324 Integrating Literacy in the K- 12 (3)
- IDHP 110 Using Info. Health Prof **OR** ISTC 201 Using Info Educ. (3)
- PSYC 101 Intro. to Psychology (3)
- PSYC 201 Educational Psychology (3)
- REED 365 Reading & Writing in the Content Areas (3)

### **Student Teaching (19 credits)**

- KNES 392 Student Teaching - Elem. (6)
- KNES 394 Student Teaching - Sec. (6)
- KNES 480 Seminar Teaching Phys. Ed. (1)

### **Professional Lab Skills (13/14 credits)**

- KNES 140 Track and Field (1)
- KNES 150 Pers. Defense/Wrestling (1)
- KNES 156 Gymnastics(1)
- KNES 165 Swimming (1) (or proficiency)
- KNES 182 Field/Court I (1)
- KNES 184 Field/Court II (1)
- KNES 202 Net/Wall Games (1)
- KNES 239 Physical Fit. Activities (1)
- KNES 283 Act. for Young Child (K-3) (1)
- KNES 284 Adventure Based Educ. Act. (1)
- KNES 327 Teaching Cultural Dance Forms: Creative Movement for PHEC Majors(3)

**PREREQUISITE INFORMATION**

The pre-requisites for the core courses are as follows:

Prof. Lab Skills	PETE major
KNES 290	PETE major
KNES 309	MATH 109, 111, 115, 119, 211, 231, 273, 274 or 275.
KNES 311	BIOL 213; BIOL 214
KNES 313	BIOL 213; BIOL 214
KNES 315	BIOL 213
KNES 324	KNES 283, 284, and 290; successful completion of PRAXIS I
KNES 325	minimum of 4 Prof. Lab Skills; KNES 324
KNES 355	PSYC 101
KNES 423	KNES 325 or concurrent with KNES 325
KNES 426	BIOL 213; BIOL 214

**SUGGESTED SEQUENCE OF COURSES**

	<b>Fall Semester</b>	<b>Spring Semester</b>
<b>1st Year</b>	General Courses: BIOL 190; ENGL 102; IDHP 110 or ISTC 201; PSYC 101; Math (see prerequisite for KNES 309); COMM 131; 3 Gen Eds (from either IE, IIB1, IIB2, IIC1, IIC3, or IID) KNES courses: 290; 2 prof. lab skills from the following: 140, 150, 156, 182, 184, 202, 239)	
<b>2nd Year</b>	BIOL 213 General Courses: 3 Gen Eds (from remaining IE, IIB1, IIB2, IIC1, IIC3, or IID) PSYC 201 KNES courses: KNES Prof. core courses: 2 of the following: 298; 309; 315; 355 KNES Prof. Lab skills: 283, 284, 327; 2 courses remaining from: 140, 150, 156, 182, 184, 202, 239	BIOL 214
<b>3rd Year</b>	CHEM 105 or PHYS 202 KNES 324 KNES 313 ↔ KNES 341 KNES Lab skills: 2 remaining from: 140, 150, 156, 182, 184, 202, 239	KNES 325 KNES 311 KNES 426 EDUC 401 ELED 324
<b>4th Year</b>	KNES 423 KNES 351 or 353 KNES Elective KNES Prof. core: 2 courses remaining from: 298; 309; 315; 355	KNES 392 Student Teaching - ELEM KNES 394 Student Teaching - SEC KNES 480 Seminar in ST

## PROGRAM OF STUDY- INFORMATION SPECIFIC TO PHYSICAL EDUCATION MAJOR

### Program Phases

The Physical Education/ Teacher Education program includes the following phases:

- I General Preparation
- II Pre-Professional Preparation / Internship I
- II Professional Preparation / Internship II

The focus of Phase I is the completion of general education (GenEd) requirements as well as courses required for the academic major. The following requirements must be met for entry into Phase II:

- a grade of “C” or better in the following courses:
  - KNES 290 Introduction to Teaching Physical Education
  - KNES 283 Activities for the Young Child (K-3)
  - KNES 284 Adventure Based Activities
  - a minimum of 4 of the following: KNES 140; KNES 150; KNES 156; KNES 182; KNES 184; KNES 202; KNES 239 and KNES 327.
- satisfactory scores on Praxis I
- completion of a speech and hearing test

The focus of Phase II is the completion of the Physical Education “methods” classes (i.e., KNES 324 Teaching Physical Education in the Elementary School, KNES 325 Teaching Physical Education in the Secondary School, and KNES 423 Adaptive Physical Education) as well as other courses required for the academic major. Requirements for advancement to Phase III are as follows:

- grade point average (GPA)
  - an overall cumulative minimum GPA of 2.75
  - a cumulative GPA of 3.0 in the following courses: KNES 324, KNES 325, KNES 423, ELED 324, EDUC 401, PSYC 201
  - a cumulative GPA of 2.75 in the courses that are part of the KNES Professional Core and Professional Lab Skills
- satisfactory criminal background check
- additional requirements as deemed necessary by the Department of Kinesiology or College of Education

Phase III of the program includes a semester of student teaching (i.e., KNES 392 and KNES 394) and completion of the course KNES 480 Seminar in Teaching Physical Education. The student teaching experience includes placements at both an elementary and secondary school. This experience must be completed in Baltimore County, Harford County, Howard County, or Anne Arundel County. Teacher candidates are not permitted to take any other courses during Phase III.

### Praxis I

In addition to being a prerequisite for the courses KNES 324 and KNES 325, the *Praxis I*® tests are required as part of the teacher certification process. Praxis I: Pre-Professional Skills Assessments (PPST®) is designed to measure basic skills in reading, writing, and mathematics. The passing scores for Praxis I are Reading 177, Writing 173 and Mathematics 177 or a composite score of 527. Information pertaining to Praxis I is available at [www.ets.org](http://www.ets.org). Students

are strongly encouraged to take PRAXIS I during their first or second year. The exception to passing the Praxis I tests is submitting official documentation of one of the following:

- SAT taken after 2005, math and critical reading composite score of 1100
- SAT taken between 4/95 and 2005, math and verbal composite score of 1100
- SAT taken prior to 4/95, math and verbal composite score of 1000
- ACT composite score of 24
- GRE math and verbal composite score of 1000

### **Health-Related Physical Fitness Assessment**

Effective Fall 2009, students in the Physical Education major or enrolled in the post-bac program in Physical Education must demonstrate achievement and maintenance of all five components of the Fitnessgram<sup>®</sup> health-related physical fitness test. Specific information pertaining to the actual fitness testing (e.g., date/ time; location) will be communicated to students through email and class announcements.

### **Speech and Hearing Test**

Students in the Physical Education major are required to take the Speech and Hearing tests that are conducted through the Department of Communication Sciences and Disorders. This screening is offered free of charge at the beginning of the semester. Satisfactory completion of this screening test is required for admission to student teaching. As such, the student is advised to complete this test early in their academic program in case remedial work is necessary.

### **Criminal Background Disclosure Form**

All students in Teacher Education programs at Towson University whose program of study requires an intensive and extensive internship or student teaching experience in a public or private school setting (pre-K through 12) are required to complete a Criminal Background Disclosure Form. Students enrolled in the Physical Education major must complete the criminal background check in conjunction with enrollment in any of the following courses: KNES 324, KNES 325, and KNES 423.

### **General Education (GenEd) Requirements**

The Physical Education program of study (i.e., academic major and GenEd courses) totals more than the 120 credits required for graduation. Because several required courses also fulfill GenEds, students are advised to be selective when taking GenEds. The following required courses satisfy GenEds:

IB	ISTC 201 or IDHP 110
ID	KNES 351 or 353
IIA1	BIOL 190; CHEM 105 or PHYS 202
IIA2	Waived because 2 lab courses are taken for IIA1
IIB3	COMM 131
IIC2	PSYC 101

### Course Meeting Times

The following courses exclusive to the Physical Education major are routinely offered during the Fall and Spring semesters at the times listed:

T/ TH	8:00 - 9:15	KNES 184; KNES 150
	9:30 -10:45	KNES 182; KNES 202
	11:00 -12:15	KNES 140; KNES 156
	12:30 -1:45	KNES 324; KNES 325
	2:00 -3:15	KNES 290
M/W/F	11:00 -11:50	KNES 239; KNES 327
M/W	2:00 -3:15	KNES 283
M	4:00 -6:40	KNES 426

This information is provided so that students can plan tentative schedules. However, students are cautioned that there could be unforeseen changes in the times of courses offerings.

### Grade Requirements for Courses in the Major

A grade of "C" or better must be earned in all courses required for the academic major. If the required grade is not achieved, the course may be repeated without permission a second time. Students may not make a third attempt of a course except with prior approval. Students must complete a *Petition for a Third Attempt Form* before registering for the course. Please note: If the required grade is not earned, there is no provision for guaranteeing student enrollment in the course the following semester.

### Course Substitutions

On a regular basis, the following substitutions will be permitted:

Core Course	Equivalent Substitute
• CHEM 105	CHEM 110 General Chemistry I
• PHYS 202	PHYS 211 General Physics Non-Majors I

The course PHYS 202 is offered only in the Fall semester.

## GENERAL INFORMATION

### Student Responsibility

Students are expected to familiarize themselves with the *Undergraduate Catalog* and the *Department of Kinesiology Physical Education Advising Manual*. It is the responsibility of the student to ensure the satisfactory completion of all published degree requirements. Students can access records and check the status of their degree requirements using TU's Online Services.

### Academic Advising

Freshman students participate in the First Year Experience (FYE) advising program. As such, freshman students are assigned an advisor for the year by the University's Academic Advising Center. Students, other than freshman, participate in the intentional advising program. Physical Education majors in the intentional advising program are assigned an advisor in the Department of Kinesiology. Faculty advisors are available to assist students with regard to their progress toward completion of their academic major in a timely manner.

Prior to the start of registration for the Fall and Spring semesters, the Registrar's Office places an intentional advising hold on student accounts. The advising hold flag can only be removed by an advisor.

### Degree Progress Report

The Degree Progress Report (DPR), which is accessed through the student's online services account, is a tool that should be used to assess progress toward meeting the requirements for graduation. Students should review their DPR every semester. The DPR includes the following information:

- Unofficial Transcript
- Upper-Level Units (i.e., 300-level or above)
- Progress on each GenEd category
- Overall credits or units towards graduation
- Overall QPA
- Major and Minor course evaluation

### Registration

Students can view their registration appointments by accessing their online services account. It is the student's responsibility to log into their account on a regular basis. Students should not expect to be notified of their registration date through any means other than their online services account (e.g., notification of registration appointments is not provided by email). In order to increase the chances of successful enrollment in courses, students should register as close to their assigned date/ time as possible.

Guidelines for the registration process are available on the Registration website (<http://www.towson.edu/registrar/Registration/>). The site also provides important information, pertaining to drop-add procedures, the academic calendar, and exam schedules.

### **Prerequisites**

As part of the actual registration process, when a student selects a class for enrollment, the system checks the student's academic record to ensure that the prerequisites for the course have been met. It will determine whether the student is currently enrolled in or has completed the prerequisite course(s) with a grade of "C" or higher. If a student is currently enrolled in a prerequisite, registration for a course is permitted on the condition that a grade of "C" or higher grade is earned in that course. If a grade of "C" or better is not earned in the prerequisite course, the class requiring this prerequisite must be dropped. If a student does not drop the class, steps will be taken to drop the student from the class.

### **Catalog Year**

All requirements for graduation (including requirements for the major) must be fulfilled according to the catalog year assigned. The catalog year a student is expected to follow is identified on their DPR. It is important to note that following the incorrect catalog could result in taking the wrong courses.

Transfer students have the option to use the catalog that was in effect at the time of their initial matriculation at the transfer institution provided the requirements for graduation will be completed within 10 years.

### **Graduation Requirements**

In addition to completing the requirements for the academic major, the requirements for the Bachelor of Science degree include:

- the GenEd requirements (GenEd I.A. and I.D. requires a QPA of 2.0 or higher),
- a minimum of 120 earned credit hours,
- a cumulative QPA of at least 2.0,
- a grade equivalent of 2.0 or higher in all courses required for the major.
- at least 32 upper-level (300-400) credits (includes transfer and TU credits),
- at least 30 credits completed at TU.

All students must apply to graduate. First-time applicants may apply online through Towson Online Services. All others must call the Undergraduate Graduation Office.

The deadlines to apply for graduation are as follows:

- Spring - January 20th (online application deadline)
- Summer - July 10th (online application deadline)
- Fall - August 21st (online application deadline)

All requirements must be satisfied at the end of the anticipated graduation term in order to participate in the Commencement ceremony. Additional information is available at <http://www.towson.edu/registrar/Graduation/undergrad/index.asp>.