Here you will find various events going on around campus. Check out events.towson.edu to learn more. There’s something going on everyday!

If you have any questions don’t hesitate to contact us. gsa@towson.edu | Twitter: @TowsonGSA | FB: Towson University GSA

Here is a list of upcoming multicultural events and celebrations:

- **Mawlid Al- Nabi**: December 1
- **Winter Solstice Yule**: December 2
- **Hanukkah**: December 2 - December 10
- **Bodhi Day**: December 8
- **Las Posadas**: December 16
- **Christmas**: December 25
- **Kwanzaa**: December 26 - Jan. 1, 2019

**Winter Commencement Schedule @ SECU**

**Congratulations**, to all the December graduates!

- **College of Business & Economics and College of Health Professions**: Wed. December 19 @ 10a.m.
- **Fisher College of Science & Mathematics and College of Liberal Arts**: Wed. December 19 @ 3:00p.m.
- **College of Education & College of Fine Arts and Communication**: Thurs. December 20 @10a.m.

**ATTENTION GRADUATE STUDENTS**

Are you feeling the stress of juggling multiple priorities?

**Managing Stress For College Success**

**When**: December 4, 2018 5-6PM  
**Location**: Psychology Building, Room 206

Can't make it to campus? Attend virtually through WebEx!

For more information follow the GSA

@TowsonGSA  
@TowsonGSA

or email the GSA at gsa@towson.edu

**This workshop will include**

- What makes people vulnerable to stress?  
- Signs of stress?  
- General coping strategies  
- Overall wellness  
- University resources
**STUDENT LIFE**

**Free Guided Meditation Session**
Want to learn how you can book your own free meditation sessions? Contact the Counseling Center (410-704-2512) to learn how you can book your spot!

- December 10 & 14
- 4:00p.m. to 5:00p.m.
- Health & Counseling Center

**TU Holiday**
Come join this year’s Holiday party filled with FREE food, mechanical snowboard, mug decorating and more!

- Friday, December 7
- 8:00p.m. to 11:00p.m.
- West Village Commons, Ballroom

**Learn and Lift Clinic**
Join this clinic to learn the basics of Olympic lifting. Sign up for one-on-one instruction from a certified personal trainer.

- Friday, December 7
- 3:00p.m. to 4:00p.m.
- Campus Recreation at Burdick Hall

**LEADERSHIP AND SERVICE**

**LinkedIn Photo Booth**
Stop by the Career Center and get a FREE professional headshot taken!

- Tuesday, December 4th
- 4:00p.m. to 7:00p.m.
- Career Center, Suite 206

**Toys for Tots Benefit Concert**
Join this annual concert to hear the holiday tunes and make an impact for community children.

- Sunday, December 9th
- 7:00p.m.
- Harold J. Kaplan Concert Hall, CA 3042

**FoodShare**
The pantry is open for students, faculty, and staff in need.

- Monday from 11a.m. to 1p.m.
- Thursdays from 3p.m.-5p.m.
- Health & Counseling Center

**ART AND CULTURE**

**What was the Christmas Star? Planetarium Show**
Join and explore the mysteries of the winter sky. A telescope viewing will occur after the second show.

- Friday, December 21
- 7:00p.m. to 8:00p.m.
- Smith Hall, Room 521

**Jazz/Commercial Music Showcase**
Attend this evening of music filled with students semester work, featuring compositions and jazz classics.

- Monday, December 3
- 8:00p.m.
- Recital Hall, CA 3066

- Tuesday, December 4 at 8:00p.m.
- Monday, December 10 at 8:00p.m.

**Exhibition | Asia in Maryland: Expressing Cross-Cultural Experience**
Attend this exhibition to witness the works of Asian, those inspired by Asia and Asian American artists in Maryland. The artists will be leading workshops throughout the season.

- On view now through December 8th
- Asian Arts Gallery, CA 2037

**Therapy Dogs**
Want to take a break from the stress of finals? Stop by to visit therapy dogs from Pets on Wheels!

- Thursday, December 13
- 12:00p.m. to 2:00p.m.
- Cook Library, Room 507
**Cornhole Tournament Team Registration**

Join in this backyard game fun! The Intramural Sports Cornhole Tournament is December 6th.

Registration will be:
Monday, December 3 8:00 a.m. to 11:59 p.m.
Campus Recreation at Burdick Hall

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**Top Rope Belay Clinic**

Join this event and learn the basics of indoor climbing. Come learn about the different techniques, rope system functions, and more.

December 4 & 5
6:00 p.m. to 8:00 p.m.
Outdoor Adventure Center

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**Kayaking Clinic**

Join this clinic to practice your skills in a controlled environment. All skill levels are welcomed to join.

Wednesday, December 5
8:30 p.m. to 10:30 p.m.
Burdick Pool, Burdick Hall

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**Lead Climbing Clinic**

Advance your knowledge on climbing by attending this clinic. Learn about risk management, clipping in, and more.

Monday, December 10
4:30 p.m. to 7:30 p.m.
Outdoor Adventure Center

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**Cook Library Hours for Finals Exams**

Cook Library will be open 24 hours December 9 - 17th, after opening at noon on December 9. Access the 24/7 lab at any time using your OneCard ID

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**Career Center Express Hours**

The Career Center conducts a first come first serve for the Fall and Spring semesters.

Monday - Friday
11:00 a.m. to 5:00 p.m.
Career Center

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**Service-Learning Faculty Fellows 2.0 Meeting**

Attend this monthly meeting and work together with previous and current Service-Learning Faculty of service-learning scholarship

Wednesday, December 12
12:30 p.m. to 2:30 p.m.
Cook Library, Room 507

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**TU Serves: Volunteer at Moveable Feast**

Join TU Serves to volunteer at various organizations. Transportation is provided and TU serves runs from September through May.

Saturday, December 8
11:15 a.m. to 3:00 p.m.
Administration Building, 224
Andrew says what attracted him to the TU Communication Management program was, “Towson's program was a great fit for me as a mid-career professional in Baltimore. I wanted the experience of an "on-campus" graduate education where I could join a community of scholars going through the same experiences as me. That environment is useful -- and more fun -- than an online program. This program works well with busy schedules and the faculty are truly engaged with their students.”

Andrew goals for the program is to take the theoretical background and research skills he is learning at TU and use them to build communications plans based on empirical evidence that can be measured and evaluated for their success (or failure). Andrew says, “My professional experience thus far has been ‘on the job training,’ developing a deeper knowledge base will be invaluable to my future work.”

Elizabeth (Lizzie) Apala is studying in Applied Physics and is currently in her second year in the Masters Program. She plans on graduating in August of 2019 and currently holds an Research Assistant position with Dr. Jennifer Scott, studying the Circumgalactic Medium (CGM) of Galaxies near very low redshift quasars.

Lizzie is a proud Native American. She is enrolled in the Chickasaw Nation but is also Choctaw and Cherokee. Lizzie says, “I grew up in Choctaw Nation in Oklahoma so I most identify with them. There are over 500 tribes in the US (you can find the specific number online pretty easily) and each one have there own tribal practices and language. The differences also include clothing styles, dances, and traditional food.”

Lizzie is currently learning Choctaw traditional dances and language. “The Choctaw and Chickasaw languages are both a Muskogean language so while not the same, they are similar so I have been picking up some of the Chickasaw language along the way. They are also sister tribes.” In addition, she says she also loves tribal foods.

“I want to try to connect the few Native American students so we can support each other and practice our culture with fellow Natives. I want to say that If someone is reading this and is Native or knows someone that would be interested in joining this cause please email me at eapala1@students.towson.edu.”