

Towson University
TU Research in Women's Health
Summer 2026
(subject to change)

Monday, June 15	Depart US in late evening
Tuesday, June 16	Arrive in London and transfer to accommodation On-site orientation Neighborhood walking tour TU class: Overview of Women's Health and Key Health Disparities Affecting Women; presentation of research proposals Group welcome dinner Overnight in London
Wednesday, June 17	Breakfast at accommodation Visit to the Florence Nightingale Museum Lunch at own expense Guided tour of the Florence Nightingale School of Nursing at King's College London Guest lecture: From Florence Nightingale to Modern Nursing Research Dinner at own expense Reflection/homework time Overnight in London
Thursday, June 18	Breakfast at accommodation Visit to the London School of Hygiene & Tropical Medicine Panel discussion: Global Comparisons in Women's Health Research Lunch at own expense TU class: Developing a Cross-Cultural Women's Health Study Dinner at own expense Reflection/homework time Overnight in London
Friday, June 19	Breakfast at accommodation Visit to the Mental Health Foundation Guest lecture: Addressing Mental Health Stigma Among Women of Diverse Backgrounds (Royal College of Psychiatrists?) Group discussion: Research Ethics in Women's Mental Health Lunch at own expense Free afternoon/evening Overnight in London
Saturday, June 20	Breakfast at accommodation Visit to John Snow's Cholera Pump Memorial Guest lecture: Epidemiology, Women's Health, and Research Lunch at own expense Plague Tour of London Group discussion: Who is Left Out of Research? Dinner at own expense Reflection/homework time Overnight in London

Sunday, June 21	<p>Breakfast at accommodation</p> <p>Free day</p> <p>Overnight in London</p>
Monday, June 22	<p>Breakfast at accommodation</p> <p>Visit to the University College London School of Population Health</p> <p>Guest Lecture: The Role of Data in Women's Health Research & Policy Development</p> <p>Lunch at own expense</p> <p>Afternoon workshop: Exploring the data & Statistical Analysis</p> <p>Dinner at own expense</p> <p>Overnight in London</p>
Tuesday, June 23	<p>Breakfast at accommodation</p> <p>Visit to the British Medical Association</p> <p>Guest Lecture: The Role of the BMA in Women's Health Policy & Advocacy</p> <p>Panel Discussion: Closing the Gender Health Gap</p> <p>Group lunch at/near BMA</p> <p>Afternoon workshop: Analyzing Policy & Advocacy Strategies in Women's Health; Crating a Women's Health Advocacy Statement</p> <p>Dinner at own expense</p> <p>Overnight in London</p>
Wednesday, June 24	<p>Breakfast at accommodation</p> <p>Visit to the UK Department of Health & Social Care</p> <p>Guest lecture: Menopause & Workplace Adaptations</p> <p>Lunch at own expense</p> <p>Afternoon workshop: Communicating & Disseminating Research Findings</p> <p>Jack the Ripper Walking Tour</p> <p>Dinner at own expense</p> <p>Overnight in London</p>
Thursday, June 25	<p>Breakfast at accommodation</p> <p>Visit to the Royal Marsden NHS Foundation Trust</p> <p>Guest lecture: Breast Cancer Risks & Prevention in Midlife Women</p> <p>Interactive Case Study Workshop</p> <p>Lunch at own expense</p> <p>Group Discussion: Solutions for Equitable Breast Cancer Care</p> <p>Free evening</p> <p>Dinner at own expense</p> <p>Overnight in London</p>
Friday, June 26	<p>Breakfast at accommodation</p> <p>Visit to a sexual health clinic</p> <p>Guest lecture: Sexual Well-Being & Relationships in Midlife Women</p> <p>Workshop: Addressing Myths & Barriers to Sexual Well-Being</p> <p>Lunch and dinner at own expense</p> <p>Free afternoon/evening</p> <p>Overnight in London</p>
Saturday, June 27	<p>Breakfast at accommodation</p> <p>Visit to the National Institute for Health and Care Research (NIHR)</p> <p>TU Lecture: Future Directions in Women's Health Research</p> <p>Workshop: Writing an Abstract and Poster Preparation for Conference Presentation</p> <p>Lunch and dinner at own expense</p> <p>Free afternoon/evening</p> <p>Overnight in London</p>

Sunday, June 28	Breakfast at accommodation Visit to the Wellcome Collection Group Discussion: How Research Shapes Women's Healthcare Policy Lunch at own expense Research presentations Group farewell dinner Overnight in London
Monday, June 29	Breakfast at accommodation Group transportation to airport Return to the U.S.