**How are you helping?**
Now I can only help with the relief effort, trying to publicize it and share resources with people, and spread word of drop off locations for donations. My parents told me not to try to send them anything directly. Food and supplies should go through the relief efforts where dedicated teams are offloading shipments.

**How can the Towson community help you and your family?**
I would appreciate if they spread the word, first of all. In terms of different ways to send donations, the links have instructions of how to help. There is also a drop off location in Baltimore for donations. It’s tough. A lot of people are hungry, losing their minds and losing hope. Make those donations and keep us in your minds.

**Dominica acted quickly to support its neighboring island suffering from Hurricane Irma by sending supplies.** When Hurricane Maria hit Dominica, there was already a shortage of relief supplies. To support the recovery efforts on Dominica, please consider donating to one of the vetted and confirmed funds below:

1. Dominica-American Relief and Development Association, Inc. (DARDA) Fund  
   [https://www.gofundme.com/dominica-hurricane-maria-relief](https://www.gofundme.com/dominica-hurricane-maria-relief)

2. Supply donations to the nearest drop off location at Island Quisine, 8128 Liberty Rd, Baltimore 21244, 410-922-9221. The Commonwealth of Dominica requests the following supplies.
   - Food and water
   - Roofing materials: lumber, plywood, windows, doors, nails, screws
   - Generators (5kVA to 10kVA), chainsaws, oil, fuel
   - Communications equipment, tarps/plastic sheeting
   - Hygiene kits/comfort kits, medical supplies
   - Baby supplies (formula/baby food), wipes, diapers, adult diapers
   - Water purification kits, energy biscuits, cots, mattresses
   - Portable stoves, flashlights/batteries, solar lanterns
   - Kitchen sets, collapsible water containers (gallon)