

Overview

This guide serves as an overview of support services for psychology majors at TUNE for the Spring 2026 semester.

Part 1: Key Academic Contacts

Chris Magalis, Program Coordinator for PSYC major at TUNE

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410-704-3196

Dr. Kerri Goodwin, Department Chair

kgoodwin@towson.edu

410-704-3202

Part 2: Psychology Major at TUNE

[PSYC Major Overview at TUNE](#)

[Academic Resources at TUNE](#)

Part 3: Tips for Success in This Major

- **Master research methods & statistics.** These are the backbone of psychology. Understand how to read and conduct studies, and get comfortable using tools like SPSS or R.
- **Stay organized and keep up with readings.** Psychology is reading-heavy. Use a planner, break down assignments, and review notes regularly to avoid falling behind.
- **Develop strong writing skills (and learn APA Style early).** You'll write a lot of essays and research papers. Clear writing and correct APA formatting are essential for good grades.
- **Get involved in research, internships, and/or clubs.** Join a lab, volunteer in the community, or find internships. Real-world experience makes coursework more meaningful and helps with career/grad school prep.
- **Connect with professors and peers.** Build relationships. Professors can offer mentorship and recommendation letters; peers can help with studying and project work.
- **Take care of your mental health.** The subject matter can be intense. Practice self-awareness, set boundaries, and use campus resources if needed. You can't pour from an empty cup.

Part 4: Academic Support Resources

Academic Support

[Academic support services](#) are offered at TUNE through Jaclyn Coates, the Assistant Director. Students are encouraged to make an appointment with Jaclyn for assistance with writing, research, course concepts, tutoring support, and academic success such as time management, goal setting, test taking

skills, etc. **All the services presented below can be facilitated through Jaclyn so TUNE students are directly connected to the proper resource based on their needs.** Students can reach out to Jaclyn by email at jrcoates@towson.edu or by visiting her in her office in the Library Suite behind the front desk.

Tutoring Services

The [Tutoring and Learning Center](#) on main campus offers *free, virtual* tutoring services. A common course for which students seek out tutoring is [PSYC212 Behavioral Statistics & PSYC314 Research Methods](#). The TLC offers both drop-in tutoring and appointment-based options for this course. All tutoring appointments can be made online at the above web links.

This semester, we are offering in-person tutoring at TUNE for PSYC314. Tutoring will be led by senior psychology major Lindsey Adey-Layton. Lindsey is offering weekly office hours on **Tuesdays & Thursdays from 3:45pm-5:45pm in Room 212**. Students can email Lindsey at ladeyla2@students.towson.edu with questions or to schedule a meeting outside of her office hours.

Workshops & Academic Coaching

[Academic coaching](#) is a one-on-one student interaction with either Jaclyn at TUNE or through a Tutoring & Learning Center coach. These sessions can be done *in-person* at TUNE or *virtually* through TLC. You can address a variety of topics including study tips & skills, organization, time management, and transfer student needs.

Prefer support in a group setting? Academic success workshops are offered throughout the academic year with the [Tutoring & Learning Center](#) and also at [TUNE](#). The schedule for workshops can be found on both websites.

Writing & Communication Support

The TUNE Peer Writing Tutor, Hope Goedeke, has weekly office hours for the spring semester on **Mondays & Tuesdays from 3:30pm-5:30pm in Room 340**. Hope can assist students at any stage of the writing process (brainstorming, writing introductions, grammar, APA format, organization, sentence structure, etc.). If you are unavailable to meet during her office hours, contact Hope at hgoedek2@students.towson.edu to schedule a meeting or to get support asynchronously via email.

The [Writing Center](#) on main campus is also an optional resource and they offer virtual meeting times.

The [Public Communication Center](#) (PCC) provides speech advice to improve public speaking skills to prepare for in-class presentations. Hope is also available to provide this service for TUNE students.

Tech & Tools

The [Client Services Computer Lab](#) at TUNE is available to students for walk-in computer access and on-site support to answer general technology questions and access to digital media software. [TechHelp](#) is a great resource for any tech-related questions, Blackboard concerns, etc.

Taking online classes? Check out these [student resources for remote learning](#).

Course Registration

Registering for TUNE courses is a unique process compared to registering for classes offered on the main campus. TUNE courses are added to a student's cart using a four-digit class code, rather than utilizing the class search function. The course schedules for each semester can be found on our [website](#).

Students can also utilize our [step-by-step guide](#) on how to register for classes located on the same webpage as above. This guide includes a [video](#) that shows the process visually.

Part 5: TU Department Resources & Information

[Library & Research](#)

Cook Library offers research & resource guides for each major. The [psychology major guide](#) offers access to articles, tests and measures, psychology research, APA style, and more. This guide has information on properly citing sources for an academic paper, specific psychology publications to pay attention to, and topic-specific guides.

Contact Information for Cook Library's Psychology Librarian:

Miranda Phair

mphair@towson.edu

410-704-3389

Students can also check out books at [Cook Library](#) and have them sent to TUNE for pickup. Simply change the *pickup location* to **TU Northeastern** during the checkout process. You will receive an email from Jaclyn Coates, TUNE's Assistant Director, to pick up your book from the front desk when it arrives.

Questions about checking out books? Contact **Jaclyn** at ircoutes@towson.edu.

[Career Resources](#)

TU's [Career Center](#) offers a variety of information to support students preparing for a career in the psychology field. The website has specific information about finding an internship, job, sample resumes, and/or preparing for interviews.

Contact information:

Kevin Lasko, Assistant Director, Liberal Arts Education

klasko@towson.edu

410-704-4069

TUNE students are also encouraged to meet with Jaclyn for resume reviews, internship and job search support, graduate school application guidance, and other career-related supports. Jaclyn is a great first-stop in your journey to planning post-graduate life so you can be directed to the most accurate resources for your needs.

Students should take the time to make an account on [Handshake](#) to search for internships, jobs, and connect with alumni online. Handshake also has information about upcoming career events such as the [Mega Job & Internship Fair](#) and program-specific hiring events.

[Harford County Public Library](#) offers lots of free career resources on their website including job search tools, local job openings and more. They also have a [school support resource hub](#) that offers access to resources on building new skills, learning a language, test prep resources, and more.

Mental Health Support

All TU students have access to free, virtual counseling services through the [Counseling Center](#). Appointments can be made online or over the phone and are made for the same day that the student is seeking support.

[Togetherall](#) is a free, 24/7 communication platform for students to have conversations with their peers anonymously about topics related to mental health. Togetherall offers tools and courses to help students find creative strategies for taking care of themselves.

[Welltrack Boost](#) is a mental health self-help app that helps students take inventory of their own wellbeing. The app is free and offers courses, trackers, schedulers, quizzes, and more.

Academic & Disability Support Services

[Accessibility and Disability Support Services](#) collaborates with students, faculty, and staff to ensure equal opportunities and accessibility for students in the classroom. For students interested in getting set up with accommodations, please review the [Getting Started](#) guide. For assistance with this process, contact Allison Frey, the Director of Student Services at TUNE, at afrey@towson.edu.

Emergency Resources

For students who need support navigating a significant life challenge, reach out to [Student Outreach and Support \(SOS\)](#). SOS helps with academic issues, financial concerns, emergency health issues, mental health crises, and more. You can submit a form to SOS for yourself or for a friend.