PROGRAM TRANSFER GUIDE

CCBC TOWSON UNIVERSITY

This transfer guide is intended for students pursuing an Associate Degree in Kinesiology at Community College of Baltimore County (CCBC) who are interested in pursuing a Bachelor's Degree in Exercise Science at Towson University. This transfer guide outlines the courses and program requirements a student should follow to satisfy degree requirements at CCBC in order to complete both the CCBC and TU degrees within a total of 4 years and 120 credits.

Associate Degree in Kinesiology

Bachelor's Degree in Exercise Science

Effective Term: Spring 2027

Community College — Course	Credits	TU Equivalent	Notes
ACDV 101 - Academic Development 101	1	USEL TLL	
KNLS 120 - Introduction to Kinesiology*	3	KNES 297	
BIOL 110 - Biology I: Molecules and Cells	4	BIOL 200/200L (Core 7)	
ENGL 101 - College Composition I*	3	ENGL 102 (Core 2)	
HLTH 101 - Health and Wellness*	3	HLTH 101 (Core 11)	
MATH 163 - Pre-Calculus I	3	MATH 115 (Core 3)	
KNLS 140 - Principles of Cardiores Training and Weight Mgm	3	KNES 265	
CMNS 101 - Fundamentals of Communication*	3	COMM 131 (Core 5)	
KNLS 231 - Prevention, Evaluation, and Care of Athletic Inj*	3	KNES T15 (315)	
PSYC 101 - Introduction to Psychology*	3	PSYC 101 (Core 6)	
SOCL 141 - The Sociology of Race, Ethnicity, and Culture	3	SOCI T43 (343) (Core 13)	Meets CCBC Diversity Requirement
HLTH 134 - Nutrition for Sports and Exercise*	3	KNES T63 (363)	Alternate option: KNLS 134
KNLS 240 - Principles of Muscular Conditioning and Flexibilit	3	KNES TLL	
BIOL 220 - Human Anatomy and Physiology I*	4	BIOL 221/221L (Core 8)	
KNLS 222 - Stress Management for Human Performance	3	KNES TLL	Alternate option: HLTH 212
CHEM 131 General Chemistry I*	4	CHEM 131/CHEM 131L	
KNLS 182 - Cooperative Education I: Kinesiology	2	KNES TLL	Alternate option: KNLS 183 (3 credits)
KNLS 220 - Methods and Materials of Fitness Instruction	3	KNES TLL	
KNLS 251 - Kinesiology Seminar	1	KNES TLL	KNLS 220 corequisite
KNLS 250 - Management of Fitness and Sports Facilities	3	KNES TLL	
BIOL 221 - Human Anatomy and Physiology II*	4	BIOL 222/222L	
TOTAL COMMUNITY COLLEGE CREDITS:	62		

Towson University — Course	Credits	Notes
Core 1 Towson Seminar		Waived for Transfer Students
Core 4 Creativity and Creative Development	3	
KNES 469 Advanced Writing for Research in Exerc Science (Core 9)*	3	
Core 10 Metropolitan Perspectives	3	
Core 12 Global Perspectives	3	
Core 14 Ethical Issues and Perspectives	3	
KNES 313 Physiology of Exercise*	3	
KNES 361 Exercise Psychology *	3	Alternate: KNES 355 Psychology of Sport
KNES 364 Clinical Exercise Assessment and Prescription*	3	
KNES 367 Quantitative Research Methods*	3	
KNES 217 Functional Anatomy*	3	Alternate: KNES 311 Biomechanics or KNES 341 Concepts of Motor Learning
Major Electives*	9	Electives cannot be satisfied by courses counted elsewhere in the curriculum
BIOL 191/191L Introductory Biology for Hlth Professions Lecture/Lab*	4	9 units total of KNES 371, KNES 396, and KNES 398 can be taken as electives
PHYS 202 General Physics for the Health Sciences*	5	Alternate: PHYS 211 General Physics I: Non-Calculus Based (4 credits)
General Electives	10	
TOTAL TU CREDITS:	58	

** Denotes course that must be completed with a grade of C or better* *** Must consult with a TU Academic Advisor*

Notes & Recommendations from Towson University:

*Course equivalents ending in TLL are general lower-level elective coursework at TU.

*A course number beginning with T or F indicates that it is a lower-level equivalent of an upper-level TU course. These courses will not count toward the TU degree requirement for 32 upper-level units.

*Students must follow the course selections outlined in this agreement. Failing to complete the specified courses will require them to fulfill remaining requirements at TU and could jeopardize their ability to earn a bachelor's degree within two years.