

Writing Our Lives

Writing Our Lives meets at **1:00 every Thursday afternoon** year-round on Zoom.

We all have stories to tell about our lives. Come join this supportive, open group as we set aside time to write those stories. Group leader, Linda Silvern offers a new prompt each week. You may choose to write on it or to write about anything else that you want to tell. We create a safe space for those who wish to share their story and receive a constructive critique (if desired) about how it was written, not about what was written. You are welcome to come occasionally or on a regular basis.

“Your life and mine is a once-told story, a blending of cherished memories of happy days, special moments, regrets, and losses. But it remains bits and pieces, fragments along the road, unless, as a result of being in touch with our story, the pattern emerges.” Richard L. Morgan, *Saving Our Stories: A Legacy We Leave*, Geneva Press, Louisville, KY, 1999.

Please email Linda at lsilvern@gmail.com or call her at 443-835-1991 (landline) for more information and the Zoom link.

