COMMUNITY BASED PARTNERSHIP ON HEALTH PROMOTION FOR THE GOODNOW COMMUNITY CENTER
Service Learning through Community Outreach

A CLOSER LOOK
The Goodnow Community Center in Baltimore provides a variety of academic, recreational, and enrichment activities for local immigrant communities. A multipurpose approach is used to meet the needs of the target population through health education and health screening services that engage Towson University Service Learning students in the course titled, Cultural Diversity in Healthcare, to work with their peer graduate nursing students and health providers in the community. Annual health fairs and health education sessions are held for the community on improving knowledge related to the risk factors of cardiovascular disease, hypertension, and Type 2 Diabetes through culturally and linguistically appropriate health education and interventions. In fall 2016, over 155 people attended a health fair. Physicians checked 64 participants; nurse practitioners, nurses and case managers screened 120 participants, with 17 participants who required follow-up due to lack of access to health care services or insurance. Students assisted with the analysis of the efficacy of health education and services through participant surveys and focused group discussion with community members and leaders. Also, students developed resource booklets with helpful guidelines on low-cost health clinics for community members.

SERVICES/SOLUTIONS/OUTCOMES
Health Promotion through:
• Health Education
• Screenings of blood pressure, weight, blood glucose, vision and hearing
• Women’s health
• Nutrition and gardening
• Stress Reduction
• Suicide prevention
• Safety (personal and family)

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