PRE-DRIVING READINESS
A Community Re-Integration Project Between the Occupational Therapy Center (OTC) & Mann Residential Treatment Center (MRTC), Part of the Sheppard Pratt Health System

A CLOSER LOOK
This recently formed collaboration provided community re-integration opportunities for students from the MRTC and fieldwork opportunities through the OTC for occupational therapy students. In an 8-week inclusive program, students from the MRTC engaged in experiential activities that promoted life skills, pre-driving skills, social participation skills and performance skills. The program was planned and implemented by occupational therapy students under the supervision of a licensed occupational therapy supervisor. As a result of their inclusion in the program, the staff from the MRTC reported that their participants demonstrated new behaviors, such as leadership roles, initiation/completion of tasks to meet unit expectations, engagement with others, confidence, and willingness to try new experiences. The Occupational Therapy students developed their professional skills and gained confidence in their ability to work with clients. The changes in all of the individuals involved in the program reflected the goal of the collaboration which is to provide opportunities that nurture independence and success. For the participants from the MRTC, the partnership ultimately promoted their successful return to their homes and communities. For the occupational therapy students, the partnership laid a foundation that successfully promoted professional skills and the integration of knowledge from their course work.

SERVICES/SOLUTIONS/OUTCOMES
• Successful performance of life skills
• Introduction to safe driving strategies
• Collaboration and social participation
• Development of leadership skills
• Building confidence in a unique and safe environment
• Barriers: Lack of funding for program fees

CONTACT
Jacqueline Wilson, MS, OTR/L
Director of the Occupational Therapy Center
Institute for Well-Being
Phone: 410-704-7311
Email: occupationaltherapycenter@towson.edu

PARTNER ORGANIZATION
Mann Residential Treatment Center (MRTC), part of the Sheppard Pratt Health System