

OSHER

FALL 2019

AT TOWSON UNIVERSITY

FALL PREVIEW

JULY 18 | 10 A.M.

Central Presbyterian Church

(next door to 7400 York Road)

SESSION I

SEPTEMBER 9 - OCTOBER 3

SESSION II

OCTOBER 14 - NOVEMBER 7



FALL 2019 SCHEDULE OF CLASSES

*Please note course description for course start dates

SESSION I (September 9 – October 3)

	Monday	Tuesday	Wednesday	Thursday
9:30 a.m.	American Education	George Gershwin	If Your Garden Could Talk	Art in Spain
	Olympics	But is it Art? New Media	Cartoons	Fantastic Interim
11 a.m.	Broadway Jazz in 1920s	Art in Spain (11:15)	Ageism	Native American Art & Culture
	Ethnomathematics			
	Maryland in the Civil War	Masculinity in 21st Century	Mysteries of the Baroque	Roots of the Blues
1 p.m.	Greatest Year in Film	Ancient Egypt	Story, History, Geography of Bible	Philosophy in History
		Strength After Sixty (1:15)	Labor History	

SESSION II (October 14 – November 7)

	Monday	Tuesday	Wednesday	Thursday
9:30 a.m.	Cuban Missile Crisis	Gershwin	Forensic Science	Art in Spain
	Olympics			
	Lifestyle and Fitness	#MeToo Movement	African-American Art	Fantastic Interim
11 a.m.	Broadway Jazz in 1920s	Art in Spain (11:15)	Origins of Existentialism	Native American Art & Culture
	History of Geometry	Climate Change	Andrés Segovia	Roots of the Blues
1 p.m.	Greatest Year in Film	Ancient Egypt	Story, History, Geography of Bible	Earth, Air, Fire, Water
		History of Advertising	Labor History	Spirituality 101



PLEASE REGISTER ONLY FOR COURSES THAT YOU ARE COMMITTED TO TAKING.

Mystery Book Club meetings:

Sept. 12, Sept. 26, Oct. 17, and Oct. 31

(For a complete list of book clubs and interest groups, visit www.towson.edu/OsherExtras).

PLAN AHEAD FOR SPRING 2020!

SESSION I: March 2–26

SESSION II: April 6–30

OSHER LIFELONG LEARNING INSTITUTE AT TOWSON UNIVERSITY

Location of Classes

7400 York Road
Rooms 113A, 113B and 101
Free, Accessible Parking

Location of Offices

7400 York Road
Rooms 234, 235, 236

Office Hours

9 a.m. – 4 p.m. | Monday – Friday

Mailing Address

Osher Lifelong Learning Institute
Towson University
8000 York Road | Towson, MD 21252-0001

Contact

osher@towson.edu
www.towson.edu/osher

410-704-3688

Staff

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Osher Advisory Board

Pam Windsor, *council chair*

Ann Weller Dahl, *secretary*

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Mike Chovonec, *outreach/membership*

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Ruth Spivak, *philanthropy*

At-Large Members

Charlene Couch
James Fish
Anne Jamison
Eugene Lipman

Towson University's policies, programs and activities comply with federal and state laws and University System of Maryland regulations prohibiting discrimination on the basis of race, color, religion, age, national origin, sex, disability and sexual orientation.

Towson University is a smoke-free campus.

Your participation in Osher Lifelong Learning Institute at Towson University constitutes implied consent to be photographed, video recorded, and to have those images published in any manner, including use on web pages and social media outlets. Should you have questions, please contact the director.

ENDOWED BY THE BERNARD OSHER FOUNDATION

HISTORY AND MISSION

Founded in 1999 with its first home in the historic Auburn House on the Towson University campus, the Auburn Society became the Osher Lifelong Learning Institute at Towson University in the summer of 2006 when it was awarded its first grant from the Bernard Osher Foundation. Osher is a part of the university's Division of Strategic Partnerships and Applied Research (SPAR).

The mission of Osher is to offer adults, age 50 and better, opportunities for continued learning along with programs and activities for social and cultural enrichment. The basic concept of the organization is that learning is a lifelong process and is enhanced in a congenial atmosphere with others who share a love of learning. There are no educational prerequisites for membership and no grades or credits are given.

Osher is a self-funded, membership organization, endowed by the Bernard Osher Foundation since 2009. Its programs and activities are planned and carried out by staff and member volunteers through committees. These committees include: curriculum, outreach/membership, social/hospitality, art exhibit, philanthropy, and classroom facilitation.

MEMBERSHIP IN OSHER

Membership in Osher is required to take classes. Membership is geared to individuals age 50 and better and their partners. Annual dues, effective July 1 – June 30, are \$50 per person. Membership fees support operating costs of the organization and provide the following Towson University benefits: use of the university's Cook Library, the University Store and campus dining facilities. A membership application is in the back of this catalog.

THE ACADEMIC PROGRAM

Osher has fall and spring semesters each year. Each semester is divided into two four-week sessions separated by a week with no classes. Some classes are only four weeks in length while others are eight weeks. This catalog describes the academic program for the **Fall 2019 Semester**:

SESSION I: September 9 – October 3 and **SESSION II:** October 14 – November 7

Classes are held on Mondays, Tuesdays, Wednesdays, and Thursdays at 9:30 a.m., 11 a.m. and 1 p.m. Each class meets once a week for one hour and 15 minutes unless stated otherwise in this catalog. Classes are held at 7400 York Road.

Because of space restrictions, class sizes may be limited. For some classes, a minimum enrollment may be required. If a class must be canceled for any reason, participants will be informed and a credit or refund arranged if necessary.

TUITION

The fee for one four-week course is \$65. The fee for two four-week courses or one eight-week course is \$130. For \$180 an unlimited number of courses may be taken. A registration form is in the back of this catalog.

REGISTRATION

NEW: Online registration will become available after the Fall Preview, which is scheduled for Thursday, July 18 at 10 a.m. Online registration will open the following morning of Friday, July 19 starting at 12:01 a.m. We will accept paper registrations at the Preview and by mail. However, these registrations will not be entered by staff until Monday, July 22. Please register as soon as possible after online registration opens so that you have the best opportunity to get into your desired courses.

OTHER PROGRAMS OF THE INSTITUTE

In addition to its academic program, the Institute offers special lectures, book clubs, interest groups, occasional day trips, and a variety of social and cultural activities. For more information, contact membership coordinator Shelby Jones at sjones@towson.edu.

INCLEMENT WEATHER POLICY

In order to best ensure our members' safety, Osher will follow the guidelines below for delays and closures during inclement weather. Regardless of Osher's status, please use your best judgment regarding your safety in traveling during inclement weather.

TOWSON UNIVERSITY DELAYS/CANCELLATIONS*

Towson University CLOSED	=	Osher classes CANCELLED
Towson University OPEN at 10 a.m.	=	Osher's 9:30 a.m. CLASS CANCELLED; First Osher CLASS BEGINS at 11:00 a.m.
Towson University OPEN at 11 a.m.	=	First Osher CLASS BEGINS at 1 p.m.
Towson University OPEN at Noon	=	First Osher CLASS BEGINS at 1 p.m.

BALTIMORE COUNTY PUBLIC SCHOOL DELAYS/CANCELLATIONS

Baltimore County Schools CLOSED	=	Osher classes CANCELLED
Baltimore County Schools OPEN LATE	=	NO CHANGES to Osher Class Schedule unless Towson University is closed or opening late (refer to schedule above)

**NOTE: 7400 Building follows Towson University schedule as building closures may be in effect.*

OSHER'S POLICY ON JEWISH HOLIDAYS

The Osher Institute follows Towson University's general policy as related to Jewish holidays, which is to hold classes as scheduled. However, an individual teacher may reschedule his/her class if desired. If a class has been rescheduled, it will be stated in the catalog after the description of the particular course affected.

CALL FOR MORE INFORMATION **410-704-3688** | MONDAY – FRIDAY | 9 a.m. – 4 p.m.

ARTS & CULTURE



GEORGE GERSHWIN: The Man We Love

Jonathan Palevsky

Sessions I and II

Tuesday, 9:30 a.m. (begins Sept. 10. Class will not meet on Oct. 1, but will meet on Oct. 8)

Fee: \$130 (\$65 for each session)

Is it not amazing that a Brooklyn born American child of European immigrants created American classical/concert music? Before George Gershwin American concert music was largely derivative of European models and had no innate sound or identity. With the premiere of Gershwin's "Rhapsody in Blue" and "An American in Paris" in the 1920s the United States became a musical presence equal to their European counterparts. But there is so much more to Gershwin than just Americana. Gershwin wrote spectacular shows, songs, film scores and perhaps the great American Opera. All of this in a creative career that lasted a mere 17 years. Spending eight weeks on George Gershwin's extremely interesting life and works will be a luxurious delight.

Jonathan Palevsky, B.M., M.M., is program director for WBJC. His undergraduate studies focused on musicology and his graduate work at Baltimore's Peabody Institute on instrumental training in classical guitar performance. Jonathan can be heard as host of Face the Music, Past Masters, WBJC Opera Fest and regular afternoon classical programming on WBJC. He also hosts Cinema Sundays at the Charles Theater. Jonathan has been a regular of the Osher faculty since the former Auburn Society's first semester in spring 1999.



ROOTS OF THE BLUES

Seth Kibel

Sessions I and II

Thursday, 11 a.m. (begins Sept. 12)

Fee: \$130 (\$65 for each session)

Explore the origins of the blues in post-Reconstruction times and discuss such seminal musicians and songwriters as W.C. Handy, Mamie Smith, Bessie Smith, "Ma" Rainey, Alberta Hunter, Ethel Waters, Robert Johnson, Sonny Boy Williamson, T-Bone Walker, and others. Trace the history of this music from its origins in the antebellum south, the brief blues "craze" of the 1920s, and the northward migration of African-Americans to Chicago, culminating in the electrified blues of McKinley Morganfield, a.k.a. Muddy Waters (1950s). Audio recordings, video excerpts, and live performances from the instructor will keep these lectures as lively and interesting as the music itself.

Seth Kibel is one of the mid-Atlantic's premier woodwind specialists, working with some of the best bands in klezmer, jazz, swing, and more. Wowing audiences on saxophone, clarinet, and flute, Seth has made a name for himself in the Washington/Baltimore region, and beyond. He is the featured performer with The Alexandria Klezmet, Bay Jazz Project, Music PilgrimTrio, The Natty Beaux, and more. Winner of 28 Washington Area Music Awards (Wammies), including "Best World Music Instrumentalist" (2003-11) and "Best Jazz Instrumentalist" (2005, 2007-8, 2011-14). His most recent recording, No Words — Instrumental Jazz & Klezmer by Seth Kibel, was released in 2015 on the Azalea City Recordings record label. One song from that album, "New Waltz," was the Grand Prize winner of 2016 Mid-Atlantic Song Contest (MASC), sponsored by the Songwriters' Association of Washington (SAW). www.sethkibel.com



ANDRÉS SEGOVIA: The Apostle of the Guitar

J. Scott Matejicka

Session II

Wednesday, 11 a.m. (begins Oct. 16)

Fee: \$65

Andrés Segovia was arguably the most influential figure in the rise of popularity and respect of the classical guitar. He was introduced to the guitar at the age of four which launched him into a 90 year love of the instrument. At sixteen years of age, he gave his first public performance to critical acclaim. It was at that moment he decided to become “The Apostle of the Guitar”. The maestro worked closely with prominent composers, brought ancient works back to life, and nurtured an impassioned relationship between the guitar and the world. We will explore Segovia’s rich and fruitful life through studio recordings and interviews

J. Scott Matejicka is a guitarist who has performed as a concerto and recital soloist throughout the East Coast of the United States. He has performed extensively with the 1 East Guitar Quartet and has played countless shows on the Baltimore rockabilly/punk scene. In addition to providing many lectures and master classes, Scott served on the faculty at the Peabody Preparatory of Johns Hopkins University for 14 years. In 2005, he was appointed as chair of the Guitar Department. Scott has been teaching for 30 years. He holds a Master of Music degree in guitar performance from Yale University and currently teaches, electric, acoustic, bass, and classical guitar in the Baltimore-Washington area.



BROADWAY JAZZ: The Roaring Twenties

Ellen Katz

Sessions I and II

Monday, 11 a.m. (begins on Sept. 9.

Class will not meet on Sept. 16 or 30, but will meet on Oct. 7 and Nov. 11)

Fee: \$130 (\$65 for each session)

In the 1920s, the age of Prohibition and prosperity, Broadway exploded with an exciting energy. There were more stars, more producers, more songwriters, and backers with ready money than American had ever seen or would ever see again. New theaters starring the greats sprang up. In this course, we will revel in the performances of Al Jolson, Marilyn Miller, Fred and Adele Astaire, and Ed Wynn. We’ll listen to the fascinating rhythms of George and Ira Gershwin, Eubie Blake, and the trio of DeSylva, Brown and Henderson. Walter Winchell, Broadway’s notorious gossip reported it all.

Ellen Katz graduated magna cum laude from the University of Maryland with a degree in music education and a major in voice. She completed graduate studies at Towson University. She taught music for Baltimore County Public Schools, private schools in the area, Catonsville Community College, and for the Peabody Conservatory of Music Elderhostel. Professionally, Ellen has entertained for many community organizations with a wide array of musical selections from popular, Broadway, and the American songbook. She is a former member of the prestigious Baltimore Symphony Chorus and Handel Choir.



CARTOONS AND WHY WE LOVE THEM

Mike Ricigliano

Session I

Wednesday, 9:30 a.m. (begins on Sept. 11)

Fee: \$65

Cartoons, caricatures, and comic strips take a visual approach to politics and popular culture. With a fun-filled look into magazines, newspapers, greeting cards, and “the funnies” learn what went into the creation of cartoons and caricatures that we grew up loving. This course will include drawing demonstrations and a little class participation as well. Students will gain a new appreciation of the “drawn out” humor that has helped us get through difficult days. Together, we will analyze cartoons to discover why they are funny or have made an impact. Please bring paper and pen/pencil (a small sketchbook, perhaps) so that you can try your hand at sketching out some cartoons. Who knows, you may have a New Yorker cartoon or two in you! If you don’t wish to draw, it is not required. Come prepared to hear stories, to learn, and to laugh.

Mike Ricigliano, “Ricig”, is a freelance cartoonist who lives in Baltimore. He is best known for his sports cartoons that ran in the Baltimore Sun, LA Times, USA Today, and other newspapers. Ricig is the artist behind the famous “Bird” cartoons that ran on The Sun’s front page for three years. In addition, Mike also wrote and drew for Cracked magazine and designed high-brow greeting cards for American Greetings. He currently does editorial cartoons for the Howard County Times and sports cartoons for Press Box.



BUT IS IT ART? Understanding New Media

Liz Donadio

Session I

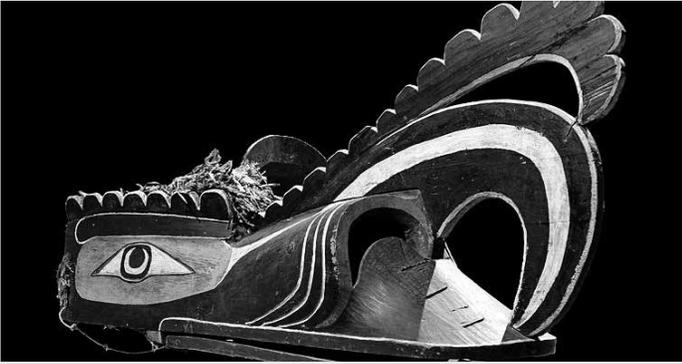
Tuesday, 9:30 a.m. (begins on Sept. 10)

Fee: \$65

The term “new media” emerged at the end of the twentieth century. It became the accepted designation for artworks that make use of new technologies as a medium such as computers, electronics, and digital graphics, just to name a few. This course will highlight innovative artists who utilize new media in their practice and along the way discuss the important cultural objects and events that have helped create and influence this modern-day movement. From the invention of photography to avant-garde cinema, to video synthesizers and the Internet, explore experimental artworks and become familiar with its creative pioneers.

Liz Donadio is a Baltimore-based artist and educator. She received her MFA in 2012 and her work has been exhibited and screened nationally. Over the past year, Donadio has participated in festivals, conferences, and group exhibitions. Most recently, she was the Bresler Artist in Residence at VisArts in Rockville, MD. Donadio is a lecturer of photography and art history at Towson University and runs Color Wheel Digital, a fine-art print studio in Baltimore.

Classes held at 7400 York Road | Free, accessible parking



NATIVE AMERICAN ARTS AND CULTURES

Katharine Fernstrom



MODERN AND CONTEMPORARY AFRICAN-AMERICAN ART

Michael Salcman

Sessions I and II

Thursday, 11 a.m. (begins on Sept. 12)

Fee: \$130 (\$65 for each session)

This course focuses on Native American visual arts but includes examples of music and dance performance to provide a context for specific objects. Presentations will give an overview of the arts of Tribal communities, by geographic region, across North America: Eastern Woodlands, Great Plains, Southwest, West Coast, Northwest Coast, and Arctic. We will examine ancient pre-European art, historic art, and contemporary art. We will investigate the way art is used to communicate within and across cultural boundaries and in social, political, and religious contexts, including European colonization and conquest. We will also consider how those communications relate to stylistic and aesthetic similarities and differences. The instructor will also share her ongoing research on mid-late 20th century Arctic works on paper and pre-European human figures. Get insights and understanding of the richness and diversity of American Indian art through time and space and learn the role of art in framing relationships between American Indians and dominant American society. The book, "Native North American Art" by Janet C. Berlo and Ruth B. Phillips, 2014, Oxford University Press, Second Edition, is recommended but not required.

Katharine Fernstrom is an anthropologist and archaeologist who teaches part-time at Towson University in the areas of anthropology and art history. She was a member of the curatorial staff at the Baltimore Museum of Art, and is also an appraiser specializing in Native American art made for the market (no antiquities). In her research, Fernstrom observes the way visual art is used to communicate within the context of economic transitions in Native American and Papua New Guinean cultures.

Session II

Wednesday, 9:30 a.m. (begins on Oct. 16)

Fee: \$65

After a long period of significant neglect, African-American art has become one of the most exciting curatorial areas in contemporary art, a vital source of historical revisionism and an important sector of the art market. In this course, participants will learn about the important contributions of African-American artists to Modernism and Contemporary art from the 20th century to present by looking at variety of formats and media. The historical context will begin with a discussion of the earliest African-American artists such as Joshua Johnson, a Marylander; Henry Ossawa Tanner, and the influence of the Harlem Renaissance on famous modernists: Horace Pippin, Jacob Lawrence, Romare Bearden, Charles Wilbert White, and Norman Lewis. We will talk about the historic insertion of black faces, symbols, and themes in Conceptual Art including installation (Adrian Piper, Fred Wilson, Kara Walker), photography (Carrie Mae Weems, Lorna Simpson), and the art of David Hammons and Glenn Ligon. From there, the course will cover the recuperation of black presence in Figurative Painting by Jean Michel Basquiat, Kerry James Marshall, Kehinde Wiley, Mickalene Thomas, Barkley Hendricks, and Amy Sherald. Following our discussion of figurative artists, we will discuss the black pioneers of Abstract Painting: Alma Thomas, Sam Gilliam, Jack Whitten, Mark Bradford, and abstract object-makers like Mel Edwards, Martin Puryear, and Theaster Gates.

Michael Salcman, M.D., was chair of neurosurgery at the University of Maryland and president of the Contemporary Museum. A widely published poet, he is well known for his lectures on the history of modern and contemporary art in the Osher program at Towson University. He has lectured on African-American art for the Art Seminars Group, published early articles on Jack Whitten and Theaster Gates, and has many examples of such art in his personal collection.



ART IN SPAIN

Joseph Paul Cassar

Sessions I and II

Tuesday, 11:15 a.m.–12:30 p.m. (begins Sept. 17. Class will meet on Oct. 8.)

Fee: \$130 (\$65 for each session)

OR

Sessions I and II

Thursday, 9:30 a.m. (begins Sept. 19. Class will meet on Oct. 10.)

Fee: \$130 (\$65 for each session)

This art history course addresses the most important artistic developments in Spain through drawing, painting, sculpture, and architecture. Spanish artists and their work will be discussed. Learn about Goya, Ribera, Murillo, Velazquez, Zurbaran, Dali, Miro, Picasso, Chillida, and Gonzalez. Antonio Gaudí will be explored at length with special reference to the Basilica i Temple Expiatori de la Sagrada Familia, Casa Batlló, and Casa Mila. The history of the Alhambra will also be explored. Get acquainted with Spanish art and architecture with this introduction to art in Spain.

This course will be offered both on Tuesday and Thursday mornings. Please choose one or the other.

Joseph Paul Cassar, Ph.D., is an artist, art historian, curator, and educator. He studied at the Accademia di Belle Arti, Pietro Vannucci, Perugia, Italy, School of Art in Malta (Europe), and at Charles Sturt University in NSW, Australia. He is the author of several books and monographs on the pioneers of modern art of the Mediterranean island of Malta, two of which were awarded best prize for research in the Book Festival, Europe. He served as a freelance art critic for *The Daily News* (1978–1981) and *The Times of Malta* (1997–2000). He has lectured at various educational institutions in Europe and the United States, including the Smithsonian Institute in Washington, DC, The Renaissance Institute in Baltimore, York College of Pennsylvania, the Johns Hopkins University, Carroll Community College, and the Community College of Baltimore County, among others. He is a visual arts examiner and moderator for the International Baccalaureate Organization in Cardiff, United Kingdom. He currently designs online art courses for the University of Maryland University College. Cassar exhibits his work regularly in the Baltimore-Washington area. His work is represented by Vee Gee Bee Galleries and Opus 64 Galerie in Europe.



THE GREATEST YEAR IN FILM HISTORY: 1939

Arnold Blumberg



MONUMENTS & MYSTERIES OF THE BAROQUE

Marc Bellassai

Sessions I and II

Monday, 1–4 p.m. (begins Sept. 9)

Fee: \$130 (\$65 for each session)

The year 1939 is universally regarded as the most memorable and significant single year in the history of silver screen storytelling. From big-budget full-color epics to B-movie character studies, and from romance and comedy to political drama and morality plays, the films of 1939 ran the range of genre and tone, captured definitive performances by some of the medium's greatest talents, and set the stage for decades of movie making. Our films are: "Goodbye, Mr. Chips", "Only Angels Have Wings", "Stagecoach", "Ninotchka", "Mr. Smith Goes to Washington", "The Wizard of Oz", and "Gone with the Wind".

Arnold T. Blumberg, D.C.D., is a cinema historian, publisher, author, and world-renowned pop culture scholar, having taught courses on the zombie genre, science fiction history, superhero media, comic book literature, and the Marvel Cinematic Universe. He spent fifteen years in the comics industry, curated a pop culture museum for five years, and lectures regularly at conventions and other events.

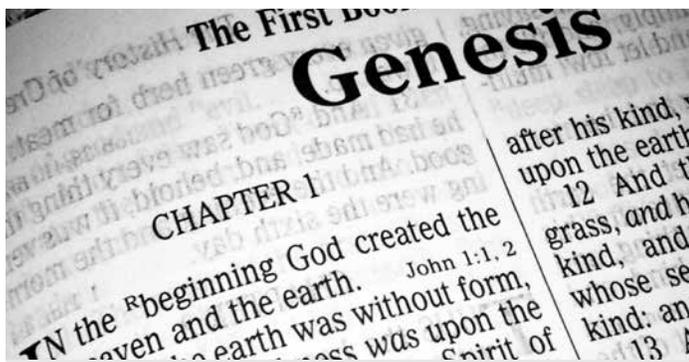
Session I

Wednesday, 11 a.m. (begins Sept. 11)

Fee: \$65

A fun way to explore art and architecture, theater and poetry, history, and music of the Baroque era will include a mystery to solve* in each class. Read through a scandalous scene from an 18th century English play, sample the musical theater that conquered Europe, examine some must-have high-budget bling and unravel some closely guarded secrets via original sources. Rituals of the French Court ("Le Coucher du Roi"), English drawing-room etiquette no-nos, how to order an 18th century Uber in Rome, a real Grand Tourist's miscellany! One class each focuses on England, France, Italy, and Germany, featuring music and culinary insights, optional participatory reading, views of palaces designed to transport—or intimidate—the visitor, and places of worship which stimulate the senses. These monumental appearances can be deceiving and the apparent "solution" isn't always the right one. This is your chance to look into the real dirt of the 17th and 18th centuries. (*Answers may vary.)

Marc Bellassai was a Fulbright IIE scholar from 1994-6, at the Civica Scuola di Musica and Castello Sforzesco in Milan, Italy. He currently teaches harpsichord, art history, and directs the Early Music Ensemble at Towson University. He currently performs with several Maryland early music groups including Vivicantando, Charm City Baroque, Tazzina Dramatica, Mountainside Baroque, and the Academy for Sacred Drama in New York City.



STORY, HISTORY, AND GEOGRAPHY OF THE BIBLE

Father Bob Albright

Sessions I and II

Wednesday, 1 p.m. (begins Sept. 11)

Fee: \$130 (\$65 for each session)

This course is not about the Bible, but what is in the Bible. It is not so much about how the Bible was formed or why there are different versions of the Bible, but more about the internal story of the Bible. This sequence of the Biblical history of Judaism with the Biblical history of Christianity reveals how these two branches of Israel are intertwined, interrelated, and at times, gnarled against one another. It is a telling story dotted with history, legend, and myth that will be enhanced by taking a look at a bit of the geography of the “land.” Classes will include: the formation of the Bible as one book; timelines of both the Old and New Testaments; geography and topography of Israel; and an analysis of what we mean when we say “Israel.” Please bring any version of the Bible to class with you. This is a repeat of the course offered in fall 2016.

Rev. Robert E. Albright is a retired Catholic priest of the Archdiocese of Baltimore. He served as the Catholic Campus Minister at Towson University for 26 years before his retirement in July 2006. Through teaching a scholarly approach to the Bible over the past 50 years, Father Bob has explored greater interfaith issues at the Institute for Islamic, Christian, and Jewish Studies of Baltimore. He has studied twice in Israel at the International Center for Holocaust Studies and has been to Israel over 18 times leading study tours and retreats and doing private research in Biblical sites and studying the Palestinian/Israeli situation. Father Bob is engaged in numerous Catholic/Jewish endeavors including a funded program to educate Jewish and Catholic high school students in each other’s tradition.



PHILOSOPHY IN HISTORY

Jo-Ann Pilardi

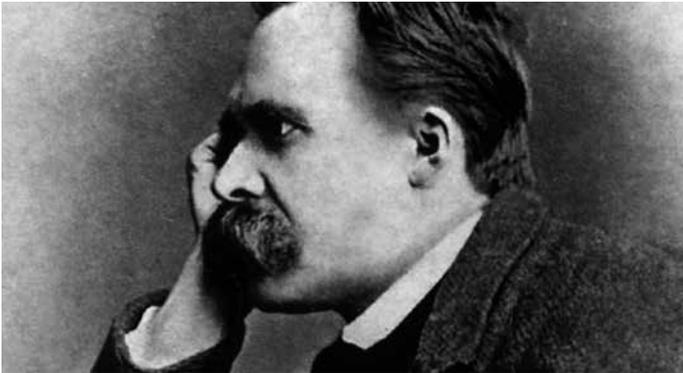
Session I

Thursday, 1 p.m. (begins Sept. 12)

Fee: \$65

If you think that all philosophers have their heads in the clouds, this course will surprise you. Western philosophy is full of interactions between philosophers and their worlds. This course will focus on the effects some philosophers have had on their times and societies. We’ll learn how these men—and a few women—shaped history—and how history shaped them, in events like the trial of Socrates in Athens and Plato’s failed political trip to Syracuse; the struggle between the Church and Rationalists like Descartes; the influence of Locke and Rousseau, Burke and Wollstonecraft on the 18th century revolutions (American and French); the 19th century British Utilitarians and Reform in England; Karl Marx and the Russian Revolution; John Dewey and education; and the critical theorists of the New Left of the 1960s. Join us to celebrate Philosophy in History!

Jo-Ann Pilardi, professor emerita, Towson University, taught philosophy and women’s studies at Towson University for 38 years and chaired Women’s Studies for nine years. An activist in Baltimore’s women’s liberation movement, she was also a “charter member” of TU’s Women’s Studies program. Her expertise is in continental and social-political philosophy and feminist theory; she has an M.A. in Philosophy (Penn State) and a Ph.D. in Humanities (Johns Hopkins University). Her publications include a book and articles on Simone de Beauvoir, and articles on feminist theory, immigration, and hospitality. She has taught several other courses for Osher at Towson University.



THE ORIGINS OF EXISTENTIALISM

Edward Fotheringill



IF YOUR GARDEN COULD TALK

Margaret Algren

Session II

Wednesday, 11 a.m. (begins Oct. 16)

Fee: \$65

The Dane Soren Kierkegaard (1813-1855) and the German Friedrich Nietzsche (1844-1900) are considered the co-fathers of the philosophical movement known as Existentialism. At its core, Existentialism is concerned with what it means to be a human being: What is the human condition? What is the landscape of the inner life of man? What is the essential purpose of life? These are the questions that Kierkegaard and Nietzsche pondered with utmost sincerity and personal commitment. Their responses and conclusions to these seminal questions are radically different: Kierkegaard sees the ultimate meaning of life to lie in a religious commitment to God, and the transcendent demands that entails; Nietzsche views the ultimate meaning of life to lie in an atheistic expression of authentic self-determination. In this course, we will consider the philosophical insights of Kierkegaard and Nietzsche and determine their value to our personal lives as well as our contemporary culture.

Edward Fotheringill is an adjunct professor of philosophy and intellectual history in the Department of Humanistic Studies at the Maryland Institute College of Art (MICA). He was a senior lecturer of philosophy at Towson State University and at Goucher College for many years. In the spring of 2019, he taught a course at Osher entitled "Hinduism: The Path to Final Truth".

Session I

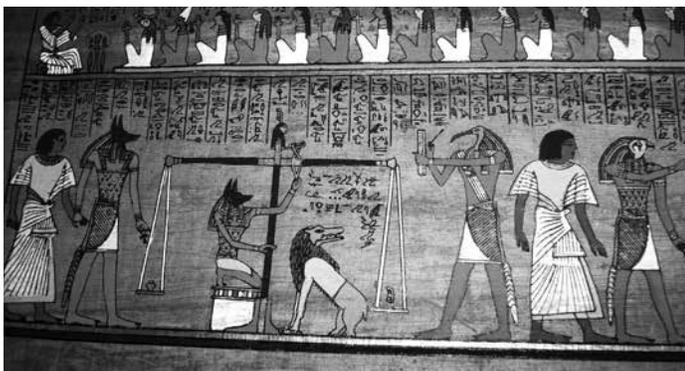
Wednesday, 9:30 a.m. (begins Sept. 18.

The final class meeting will be on Oct. 9.)

Fee: \$65

Explore the secrets, myths, folklore, historical importance, and purposes—both magical and mundane—of garden and Maryland native plants. What natural healers and killers are lurking unsuspected in your backyard? Learn what plants colonists used to cure bad breath or get rid of a hangover; what common plant tempted Italian Renaissance women to risk death and why. Discover the amazing green medicine cabinet that thrives among the weeds; what plants are dangerous for pets and children; why mistletoe is such a bad choice for a kissing plant; and what Socrates and Marylanders have in common. Learn what holiday favorite is nothing more than a marketing miracle and why purple aster and goldenrod frequently bloom beside each other in the wild. These and dozens of other stories plus practical tips and advice on making your garden a success will help turn you into a green thumb insider.

Margaret Algren holds a Ph.D. in communication. She is professor emerita at Towson University where she taught public relations and advertising for 15 years in the Mass Communications department. She served as director of the Communication graduate program for four years. Margaret is a Maryland master gardener and an avid native plant gardener.



THE ETERNAL CIVILIZATION OF ANCIENT EGYPT

Robert Baer



AN INSIDER'S VIEW OF THE OLYMPICS

Judith McGowan

Sessions I and II

Tuesday, 1 p.m. (begins Sept. 10)

Fee: \$130 (\$65 for each session)

Who were the ancient Egyptians? Their colossal pyramids, imposing temples, golden treasures, enigmatic hieroglyphs, powerful pharaohs, strange gods and mysterious mummies have captured the imagination of people for over five thousand years. This highly illustrated course will examine the culture, history, art, architecture and religion of ancient Egypt. It will explore the influence Egyptian civilization has had on numerous other cultures in the Mediterranean and Near East, including Biblical history. A major focus will be the New Kingdom period, when Egypt reached its greatest artistic, architectural and intellectual development. The story of the archaeological discovery of ancient Egypt will be presented, along with many of the latest revelations.

Robert Baer holds a B.A. in history from Towson University, an M.L.A. in the history of ideas from the Johns Hopkins University, and a D.Ed. in higher education from Morgan State University. He spent 30 years as a college administrator in Connecticut, New York, and Maryland. He has been an instructor in history at York College-CUNY, Norwalk Community College, Community College of Baltimore, and Howard Community College.

Sessions I and II

Monday, 9:30 a.m. (begins Sept. 9)

Fee: \$130 (\$65 for each session)

The Olympic Games is the largest single gathering of athletes from around the world. In this course, you will learn about the ancient games and the revival of the Olympics in 1896. Olympians have provided the world with some of the most memorable athletic triumphs in history. Outstanding performances will be highlighted. The Olympic Games have also had many political and ethical issues including corruption, performance enhancing drugs, boycotts, and the most tragic of all, the murders of the Israeli athletes in 1972. These scandals and their consequences will be discussed. Despite its problems, the Olympics continually evolve in a changing world. The purpose and value of the Olympic Games was best expressed by Pierre de Coubertain in 1896 when he said, "the important thing in life is not the triumph but the struggle, the essential thing is not to have conquered but to have fought well."

Judith McGowan, M.L.A. and M.Ed., taught both physical education and health in Baltimore City and was an adjunct lecturer at Towson University. For the past 55 years, she has been a volunteer leader in the Olympic sports movement both in the U.S. and at the international level. She has served on the United States Olympic Committee Executive Board and was the first woman appointed by the International Swimming Federation (FINA) to serve as chair of a technical committee. She has lectured and conducted clinics and courses in 30 countries. Judith has been involved in five Olympics. She has been honored with the FINA Gold Pin and was inducted into the International Swimming Hall of Fame as a contributor.

BIG THANKS

to all Osher Volunteers who help to make Osher a success.



FANTASTIC INTERIM: 1918–1939, Part One

Rex Rehfeld



THE HISTORY OF THE MODERN LABOR MOVEMENT

Bill Barry

Sessions I and II

Thursday, 9:30 a.m. (begins Sept. 12)

Fee: \$130 (\$65 for each session)

Shortly after the end of World War I the song, “How Ya Gonna Keep ‘Em Down on the Farm” hit the list of top songs. It was a forecast for the changes that were about to take place. Twenty-one years later, on August 25, 1939 Judy Garland sang “Somewhere over the Rainbow” in the movie, “The Wizard of Oz”, just in time for the beginning of World War II. The period between those two songs included a period of unrivaled prosperity followed by this country’s worst economic decline. The role of government changed from one of doing almost nothing to one trying to do and expected to do almost everything. It was one in which there were more changes in much of the way Americans worked, lived, loved, thought, talked, consumed, and were governed than in any other period of American history before, and to a great degree, since. It was a time of change in the rest of the world too. There were 17 new countries, and despite the efforts of the League of Nations, three wars. And Mussolini, Stalin, Hitler, and Hirohito came to power. We will explore these changes as we discuss the “Fantastic Interim”, 1918–1939.

Rex Rehfeld holds a B.S. from the University of California at Berkeley and a J.D. from the University of Maryland Law School. He retired from Morgan Stanley Smith Barney as an investment advisor. Throughout his adult life, his avocation has been the study of history. He has taught several courses at the Osher Lifelong Learning Institute at Towson University.

Sessions I and II

Wednesday, 1 – 3 p.m. (begins Oct. 2. The final class meeting will be on Nov. 6)

Fee: \$130 (\$65 for each session)

American workers have faced enormous changes and challenges in the 20th and 21st centuries and their unions have changed to try to keep the standard of living up for these workers. This course will cover the various types of unionism from the turn of the century craft unions to the demonstrations and dislocations of the post-industrial United States. This course will include the unions’ political and cultural movements as well.

Bill Barry is a specialist in labor history and is the retired Director of Labor Studies at the Community College of Baltimore County in Dundalk. He is the author of “The 1877 Railroad Strike and Baltimore” and “All We Do is Talk Steel: Oral Histories of Sparrows Point”. Bill has given lectures and taught courses at Osher on labor history, history and culture of the 1930s, and the history of slavery.

Visit our website
www.towson.edu/osher



ONE MINUTE TO MIDNIGHT: The Cuban Missile Crisis

Thomas Devaney



MARYLAND DURING THE CIVIL WAR

Timothy Tilghman

Session II

Monday, 9:30 a.m. (begins Oct. 14)

Fee: \$65

The “Doomsday Clock” was introduced in 1947 by The Bulletin of Atomic Scientists and ever since, has been a fixture highlighting how close mankind was to self-annihilation. In October 1962, at the height of the Cold War, the United States and the Soviet Union appeared to be sliding inexorably toward a nuclear conflict over the placement of missiles in Cuba. Despite their ardent desires and best efforts to end the crisis, both President Kennedy and Premier Krushchev struggled and nearly failed to maintain control of the situation. During the two week Cuban Missile Crisis that October, the world was nearly 60 seconds, or maybe less, from the outbreak of nuclear war. In this course, participants will learn how the Cuban Missile Crisis was ended peacefully. The consequences of the conflict remain relevant for Americans. The terrifying realization in 1962 that nuclear Armageddon was merely a stumble away profoundly influenced Cold War behavior until the fall of the Soviet Union ushered in a second nuclear age.

Tom Devaney is a retired commercial real estate attorney, having practiced in New York City, Atlanta, and Washington, D.C. Passionate about history—especially military history—Tom has taught classes at the Osher Lifelong Learning Institute at the University of Delaware (Lewes). Over the years, he has been involved in various Civil War roundtables and well as the Military Classics Seminar in Washington, D.C.

Session I

Monday, 11 a.m. (begins Sept. 9)

Fee: \$65

This course will present an overview of Maryland’s engagement in battle during the Civil War, beginning with Lincoln’s election to the Presidency in 1860 and ending with his assassination in 1865. This four-week course will emphasize six battles including the Pratt Street Massacre of 1861 and the Battle of Fort Stevens, fought in the District of Columbia in 1864. The protagonists and antagonists from each battle will be discussed. Maryland harbored split allegiances during the Civil War: to secede or not to secede. Maryland was pegged in a peculiar position being immediately adjacent to the Union Capitol and weathered the Civil War with bloodshed. Maryland and the Union endured a difficult period in our nation’s history. This is an opportunity to explore the Civil War embattled on Maryland soil.

Timothy Lloyd Tilghman earned his Master of Arts degree from the University of Baltimore. He lectures at CCBC and has been a contributing writer to a weekly Carroll County newspaper since July 2013. He has lectured on a wide variety of topics including Maryland history, 1960s music, comic book superheroes, and members of his extended Tilghman family. Timothy grew up in the Roland Park neighborhood of Baltimore.



BEHIND THE CRIME SCENE TAPE: Secrets of the Forensic Sciences

Dana Kollmann



AGEISM IN AMERICA

Pat Alt

Session II

Wednesday, 9:30 a.m. (begins Oct. 16)

Fee: \$65

Have you ever wondered what really goes on behind the closed doors of a crime lab? Turn off your television sets and join Dr. Dana Kollmann as she reveals secrets of the forensic sciences. Through the presentation of cases, students will have the opportunity to use their investigative skills as they decipher clues at crime scenes. Lecture topics and activities will focus on the importance of thinking outside of the box, the admissibility of scientific evidence, and the future of the forensic sciences.

Dana Kollmann holds a B.S. in anthropology from Towson University, a M.F.S. from George Washington University, and a M.A. and a Ph.D. in anthropology from American University. Her field experience includes mass grave exhumation and victim identification in the former Yugoslavia, work on the human remains aboard the Hunley Civil War submarine, analysis of Roman plague victims in Croatia, examination of Mayan remains in Guatemala, identification of Americans killed in the 2010 Haiti earthquake, and exhumation and identification of WWII Marines killed in the Pacific battle of Tarawa. Dr. Kollmann also has had 11 years of crime lab experience, with 10 years of that working as a forensic services technician with the Baltimore County Police Department Crime Lab. Dr. Kollmann is an associate clinical professor in the Department of Sociology, Anthropology and Criminal Justice at Towson University where she trains students in the practical applications of the forensic sciences.

Session I

Wednesday, 11 a.m. (begins Sept. 11)

Fee: \$65

The term “ageism” was coined by psychiatrist Robert Butler in 1969. He predicted that age bigotry would continue to influence American life for the foreseeable future. Since that time, ageism has continued to evolve as the Baby Boomers (who once made fun of folks over 30) are now feared as possibly bankrupting Medicare and Social Security, stealing jobs from the younger generations, and unfairly benefiting from discounts and entitlements. In 2012, leaders of eight national aging organizations developed a report called “Gauging Aging: Mapping the Gaps between Expert and Public Understandings of Aging in America”. They identified three key misperceptions which we will explore. Does aging automatically equal a decline in capabilities? What is the role of older adults in society? How are older adults accountable for their own circumstances? We will explore the findings of the report as well as other narratives being used to discuss the role of older adults in America today. We will also explore possibilities for combatting ageism as the population is living longer and prejudices against older adults become more evident. As we review the history of ageism, we will also consider its role in our behavior toward each other and ourselves.

Patricia (Pat) Alt, Ph.D., taught about health policy, legal and ethical issues in health care, aging, and responsible research for thirty years at Towson University. She is an active member of the GBMC Ethics Committee and the Maryland Department of Health IRB (Human Subjects Research Review board). She is deeply involved in local, state, and national public health and aging organizations; currently chairs the Episcopal Diocese of Maryland’s Committee on Older Adult Ministries; taught a course for Osher last year; and has recently guest lectured at Charlestown Retirement Community.



FOUR QUESTIONS FACING AMERICAN EDUCATION TODAY

Ronald S. Thomas



BEYOND #METOO: Sexual Harassment in the United States

Kailah Carden

Session I

Monday, 9:30 a.m. (begins Sept. 9)

Fee: \$65

This course will explore four basic questions facing American public education. Each simple question has been the source of endless controversy to educators and the American public over the years: What is taught? Why is it taught? How is it taught? How is it assessed? Focus in this course will be on how answers to these questions have changed over the years and their impact on students and society in the past, present, and, perhaps, in the future. The instructional strategies used will model four approaches to answering these questions: preserving the best of the past through didactic teaching; improving students' basic skills through clear objectives and strict accountability; meeting students' present and future needs, through open-ended inquiry; and creating a more equitable society through advocacy and action. Participants will identify their preferred approach and compare it to prevalent practices currently seen in America's schools.

Ronald S. Thomas, Ph.D., has been a faculty member at Towson University for 19 years and is currently the interim chair of the educational leadership department. He earned his M.Ed. from Towson University and his Ph.D. from the University of Maryland. He was a teacher and top administrator in three Maryland school districts for 34 years.

Session II

Tuesday, 9:30 a.m. (begins Oct. 15)

Fee: \$65

From the silver screen to the computer screen, the boardroom to the Supreme Court, sexual harassment has dominated our collective consciousness for the past several years. But, sexual harassment and sexual harassment activism is nothing new. This class will contextualize the recent boom in awareness of sexual harassment by analyzing both the contemporary moment as well as its historical precedence. We will start with Tarana Burke, the founder of the #MeToo movement. Then we will analyze public narratives of sexual harassment from anger and outing perpetrators, to their apologies and consequences or lack thereof. We will then trace the legacy of Anita Hill, the testimony of Christine Blaise Ford, and the way in which law affects our understandings of sexual harassment, and how sexual harassment impacts our legislative process. Finally, we will conclude our class by looking back to the history of sexual harassment prevention, and looking forward to responses to the #MeToo movement, and upcoming legislation and policy attempting to prevent and respond to sexual harassment.

Kailah Carden is the assistant director of Health Education and Promotion at Towson University. She oversees health education initiatives and programming for the 22,000+ students at Towson University. She began her tenure at TU as the Sexual Violence Prevention Educator and continues to direct the Sexual Assault Peer Education program. She is a certified Sexual Assault Victim Advocate and Human Sexuality Educator. She has also taught in TU's Women's & Gender Studies Department.

TUITION FEES

\$65 for one course

**\$130 for two four-week courses
or one eight-week course**

\$180 for an unlimited number of courses



MASCULINITY IN 21ST CENTURY AMERICA

Fred Pincus



IVORY SOAP IT FLOATS

The detestable odors of many hotel and sleeping car soaps are intended to conceal the poor quality

A BRIEF HISTORY OF ADVERTISING: Fifteen Ads that Changed the World

Barbara Blumberg

Session I

Tuesday, 11 a.m. (begins Oct. 10)

Fee: \$65

Masculinity, the culturally approved images of what it means to be a man, is never monolithic and is always fluid. Images of masculinity promoted by education, religion, sports and the media are strongly influenced by class, race, sexual orientation and disability status. These different images play out in men's work and personal lives. The Feminist and #Me Too movements have challenged traditional masculine ways of thinking and acting. We will explore how this all plays out in the United States in 2019. Recommended reading: "Angry White Men" by Michael Kimmel.

Fred L. Pincus is emeritus professor of sociology at the University of Maryland Baltimore County where he taught for 43 years. He is the author of three books and dozens of articles about various aspects of diversity. He is on the boards of directors of the Research Associates Foundation and the Baltimore Jewish Cultural Chavurah. He has been both a student and teacher at Osher and is currently writing a memoir.

Session II

Tuesday, 1 p.m. (begins Oct. 15)

Fee: \$65

This course will explore the history of advertising beginning with P.T. Barnum, the first man to promote his business on a national and international level using unique selling strategies. We'll discuss products related to our body hygiene, hair color, and engagement rings, to what we eat and drink, and when we eat and drink it. In large part, these products are used thanks to the creative genius of ad men and women. We'll learn whether or not religion was really the first "product" to be "sold" and how that came full circle in the 20th century with the help of Madison Avenue. The class will view shocking racist and misogynistic ads that were prevalent in the early 20th century and even into the late 50s and 60s. Our discussion will include music, music jingles, well-known celebrities, athletes, and commercial models who became famous. We'll have a chance to look at influential vintage commercials from television. At the end of four weeks the class will view advertising and everyday products that are promoted from a new perspective. This is a repeat of the course offered in spring 2016.

Barbara Blumberg is a graduate of Towson University with a B.S. in education. She taught secular studies for 25 years in the lower and middle schools at the Beth Tfiloh Day School, as well as three years in the Baltimore City Public School System. She is an adjunct faculty member of The Community College of Baltimore County at both Owings Mills and Hunt Valley campuses, as well as a faculty member for the Renaissance Academy for the Florida Gulf State University. She teaches at Food For Thought Lectures, Kaleidoscope, and at The Edward A. Myerberg Center for Adult Studies. She has guest lectured for The Lecture Group, Friends of the Pikesville Library, North Oaks Retirement Community, and various religious and philanthropic groups.



THE SHAPE OF OUR SPACE: The History of Geometry

Gregory Pevzner



ETHNOMATHEMATICS

Lawrence Shirley

Session II

Monday, 11 a.m. (begins Oct. 14)

Fee: \$65

In this course, we will explore the history of geometry. Only a basic understanding of math is needed to understand what this history is all about. We will concentrate on one topic in particular: the turbulent history of the foundation of geometry related to the fifth postulate of Euclid. The history is about people who influenced the creation of this mystery, those who failed and those who succeeded in resolving the mystery, and finally, those who created a new understanding of our world based on the solution of this mystery.

Greg Pevzner is a retired software engineer/manager. He was born and raised in St. Petersburg, Russia, where he received a graduate degree in physics from the Polytechnical University. After immigrating to the United States, he also received his M.S. in computer science from Brooklyn Polytechnic Institute (currently a part of New York University). Prior to his retirement he worked for over 30 years in AT&T Bell Laboratories in New Jersey, first as a software developer and later as a manager of an engineering team. Greg has always had a keen interest in mathematics and history. He is eager to share his knowledge and enthusiasm with Osher students.

Session I

Monday, 11 a.m. (begins Sept. 9)

Fee: \$65

Ethnomathematics is the human side of mathematics. It is briefly defined as “the mathematics of cultural groups”. It is something like any anthropology/sociology of mathematics, also bringing in history, philosophy, and even political science. We often think of mathematics as universal, but the mathematics we learned in school and most of research mathematics really developed from traditions in Europe and the Middle East. Actually, mathematical thinking is present in all societies, and mathematics interacts with culture in many ways. We will look at examples of mathematics in non-Western—numbers, geometry, patterns—and also some surprising examples of culture and applications mixed into Western, academic mathematics. This will include some activities, games, and nerdy jokes! As you come to this class, try to think about your own cultural heritage, your interests, your hobbies, and your family traditions. We can probably find mathematics in those activities—your own personal ethnomathematics. No advanced mathematics is required for this course. This is a repeat of the course offered in spring 2017.

Lawrence Shirley, Ph.D., is a mathematics educator with special interests in the history and culture of mathematics and ethnomathematics. He is originally from Arizona and has a B.S. in mathematics and history from Caltech, a M.Ed. in international education from Ahmadu Bello University (Nigeria). After Peace Corps service as a secondary mathematics teacher in Sierra Leone, he taught mathematics education at Ahmadu Bello University for fifteen years. He was a professor at Towson University from 1989 to 2015. He is a past-president of the North American Study Group on Ethnomathematics and organized the Fourth International Conference on Ethnomathematics in July 2010. He retired in 2016 as professor emeritus.



EARTH, AIR, FIRE, WATER

Josephine Johnson



CLIMATE CHANGE: Impact and Understanding

Jane Wolfson

Session II

Thursday, 1 p.m. (begins Oct. 17)

Fee: \$65

We live on a big, beautiful, complex, heated watery ball—a system that balances physical, chemical, and biological forces gently enough that life has been allowed to evolve and diversify. This course examines four of earth's spheres: lithosphere (land or earth), atmosphere (air), exosphere (sun and space), and hydrosphere (water). The interactions of these four spheres allowed for the possibility of the fifth and final sphere, the biosphere (life). Each lecture will focus on aspects of earth's characteristics and uniqueness as defined by the influence of the non-living spheres. Under "earth", plate tectonics, earthquakes, and mountain formation illustrate how land masses change. Under "air", the changing composition of gases in our atmosphere enhanced development of diverse life. Under "fire", the sun's life giving energy and the residual heat of the planet, geothermal energy, will be discussed. Under "water", the incredible qualities of water and water's role as the planet's core planetary substance will be explained. We participate, just by being alive, in a long history of extraordinary planetary developments.

Josephine (Jody) Johnson, Ph.D., is a pollinator scientist and an educator. She earned her Ph.D. in toxicology and an M.S. in chemistry from the University of Maryland. During the summers, she researches impacts of pesticides, nutrition, and parasites on honey bee health at the USDA and through her business. During the academic year, she teaches environmental science, science of sustainability, physical sciences, and pollinators to college level and older students.

Session II

Tuesday, 11 a.m. (begins Oct. 15)

Fee: \$65

Climate change is often in the news, but the news articles rarely explain what is happening, why it is happening and what it means for us. After a brief "what do we know and how do we know it?" we will discuss the impacts of climate change or as it is sometimes called 'global weirding.' The impacts of climate change on food production systems, human health, ocean acidification, sea level rise, global human migration patterns, will be explored. This course aims to provide a better understanding of the science of climate change and its broad impacts on various aspects of our daily lives. Suggested reading: *The Cartoon Introduction to Climate Change* by Grady Klein and Yoram Bauman, 2014 (Island Press). This is a repeat of the course offered in spring 2019.

Jane L. Wolfson received her Ph.D. in ecology and evolution in 1978. She joined Towson University in 1998 to create the Environmental Science and Studies Programs for which she served as director (1998–2016). Her most recent professional work involved developing and presenting climate change curriculum for secondary school educators. Her early research in the U.S. and Cameroon was on agricultural insect pests.



SPIRITUALITY 101: Everyday Spirituality

Debra Diamond

Session II

Thursday, 1 p.m. (begins Oct. 17)

Fee: \$65

At some point, most people experience a feeling that there is something greater than the concrete world we inhabit. In these feelings and moments, the foundation of our notion of spirituality may be formed. Whether you are someone who has devoted your life to furthering your spiritual development or you are just starting to discover your spirituality, this class will help you find a new understanding of what it means to be spiritual and to become more in tune with your spiritual side. There are any number of ways that people can describe as helping them feel more “spiritual.” If you are seeking out a more personal connection with your spiritual side this course can light a spark that ignites your own spiritual journey.

Debra Diamond, Ph.D, is a graduate of the Esoteric Theological Seminary, earned an M.B.A. from the George Washington University, graduated from the Jung Institute in Zurich, Switzerland, and earned a Masters Certificate from Christie’s Education. She is a former Wall Street money manager, regular CNBC commentator, and Johns Hopkins University professor who left a high profile career to pursue a life of purpose and spirituality. She is the author of “Life After Near Death: Miraculous Stories of Healing and Transformation” and “Diary of a Death Doula: 25 Lessons the Dying Teach Us About the Afterlife.”



STRENGTH AFTER SIXTY

Dan Cenidoza

Session I

Tuesday, 1:15 p.m. (begins Sept. 10)

Fee: \$65

This course is for those over 60 years old—and those who are planning to be. We will focus on lecture but some exercises that can be done within the classroom setting will be included. The importance of strength training and mobility will be stressed. We will discuss the theory of strength training for health and longevity as well as proper techniques for basic strength training exercises. Mobility exercises will also be incorporated. Students will learn how to construct a progressive exercise routine, develop habits to support their goals, and overcome individual limitations. Learn the benefits of strength training for older adults. No prior exercise experience is required. Enrollment is limited to 25 participants.

Dan Cenidoza, is a certified strength and conditioning specialist. He graduated from Towson University in 2005 with a degree in exercise science. He is a former Maryland Strongest Man (2007) and the owner of the Baltimore Kettlebell Club. Dan has experience working with all ages and fitness levels. He began his fitness career working as a senior fitness specialist at the Oak Crest Retirement Community and continues to train seniors in strength training.



FITNESS FOR SENIORS: Enhancing Your Lifestyle

Christine Woods

Session II

Monday, 9:30 a.m. (begins Oct. 14)

Fee: \$65

The ability to enjoy an active and independent lifestyle well into the later years depends to a large degree on how well we maintain our personal fitness levels. While youth physical education programs bring awareness to children's health and the prevention of lifestyle diseases such as heart disease, obesity, and diabetes, the focus of older adult exercise programming is different. For older adults, the focus tends to shift from disease prevention to maintaining functional mobility—to being able to continue doing the things one wants and needs to do to stay strong, active, and independent. Over the four weeks, we will cover key topics that will have you thinking and moving for better function and everyday performance. These areas include stretching and strength training. We will discuss how the former enables each person to have greater flexibility and joint movement while the latter helps to not just build physical fitness, but mental fitness as well. We will explore the forgotten fitness components of balance, speed, agility, and reaction time. Students will also learn how injuries can impact physical function and how commitment to an exercise protocol can increase the chance of a full recovery. There is more to fitness than cardio and strength training. Learn through lecture and light movement how to incorporate the components of fitness into your healthy lifestyle. No prior exercise experience is required. Enrollment is limited to 25 participants.

Christine V. Woods, M.S.Ed., ACSM-CCEP, CSCS, is a 25-year industry veteran, serving as a clinical exercise physiologist, lifestyle coach, university educator, and fitness educator for the Athletic and Fitness Association of America (AFAA). Christine works at Towson University's Wellness Center as an exercise physiologist.

OSHER LIFELONG LEARNING INSTITUTE

FREQUENTLY ASKED QUESTIONS

OSHER FAQS:

WHERE ARE OSHER OFFICES LOCATED?

Osher offices are located on the second floor of the 7400 York Road building. It's always a good idea to make an appointment to ensure one of our staff members is available to assist you.

HOW MUCH DOES IT COST TO BE AN OSHER MEMBER?

Membership runs from July 1 through June 30 and is \$50 per person.

WHAT ELSE DOES OSHER OFFER?

Osher offers a wide variety of book clubs, discussion groups, and periodic trips. Announcements for these happenings are sent via our Osher email list.

WHERE ARE OSHER CLASSES HELD?

Osher classes meet at 7400 York Road in classrooms located on the first floor: Rooms 101, 113A, and 113B. Occasionally, classes are held at the Central Presbyterian Church in the Worship Center directly adjacent to 7400 York Road.

HOW LONG ARE OSHER CLASSES?

Classes typically last for an hour and 15 minutes. Some classes are longer and these times are specified in the catalog.

WHERE CAN I PARK?

Parking is available in the lots directly behind 7400 York Road. Parking is free.

CAN I SIGN UP FOR JUST ONE SESSION OF AN 8-WEEK COURSE?

Yes—but keep in mind that if you are signing up for the second session of an 8-week course, you will be missing the material covered in the first four weeks.



STRENGTHEN THE FINANCIAL FOUNDATION OF OUR OSHER INSTITUTE AT TOWSON UNIVERSITY

GIVE A GIFT!

Tax-deductible contributions to Osher are greatly appreciated and are important to its current and future operations. There are six funds to which you may give:

Osher Excellence Fund, established in 2015, is used to support special program-related expenses and to insure the ongoing success of Osher for years to come.

Endowment for Learning in Retirement, established in 2004, provides a permanent and ongoing source of support to help maintain academic excellence in the lifelong learning program.

Patty Beere Ruby Memorial Fund, established in 2008 to honor the memory of Patty Beere Ruby, provides funding to celebrate and promote the Osher program.

Lou Cedrone Memorial Fund, established in 2015 to honor the memory of Lou Cedrone, Osher faculty member, 2000-2015, supports film courses at Osher.

Osher Lifelong Learning Endowment, awarded to the Osher Lifelong Learning Institute at Towson University in 2009 by the Bernard Osher Foundation, provides ongoing support for the Osher Institute.

R. Rex Rehfeld Endowment, established in 2016, sponsors Osher courses in honor of Osher faculty member, Rex Rehfeld.

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Please check the fund to which you prefer to give.
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THANK YOU!

We are deeply grateful to our donors for investing in our program. We recognize the following donors who supported Osher at Towson University through the Towson University Foundation with gifts from October 20, 2018 through April 18, 2019.

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Barbara R. Moloney

Nancy L. Moore & Robert Goren

Janet E. Moses

Patricia A. Nickerson

Fred L. Pincus

Anne C. Reid

Betty Ann Rigney '74

J. Edward Roberts

Paul M. Rosenberg

Joanne I. Schreiber '66/'69

Joan Schwartzman &

Kenneth Schwartzman

Frances B. Schweizer

Naomi S. Shapiro '67

Barbara Snead &

George W. Snead '13

Susan L. Steigner &

George M. Lipman

Jean M. Suda

Annette Sussman

Lorraine K. Tomsik

Robin S. Tucker

Sylvia G. Tulkoff '60

Audrey D. Vieser

Sherrye Walker

Salli J. Ward & William D. Ward

Joanne Rose Warren

John C. Weiss, Jr.

Cheryl H. Wenk & Robert E. Wenk

Horst Ronald Zielke

PATTY BEERE RUBY MEMORIAL ENDOWMENT

Anne D. Graham &

Matthew D. Graham '94

Thomas M. Ruby

R. REX REHFELD ENDOWMENT

William M. Barry

Debra Krome Furchgott '61 &

Maurice H. Furchgott

Great care was taken to ensure the accuracy of this listing, and we appreciate your sharing with us any errors or omissions.

*Please direct inquiries to Alison Armstrong, Manager of Donor Relations, at **1-866-301-3375** or aarmstrong@towson.edu. Thank you.*



SPECIAL THANKS TO THESE OSHER VOLUNTEERS!

Osher thrives with the help of our volunteers. Whether they participate on a committee, facilitate a book club or discussion group, or pitch in at a Preview, Osher volunteers are integral to the success of our program.

Zoe Aler
 John Alexander
 Joyce Baron
 Barbara Bessale
 Pat Blanchard
 Dave Britton
 Sharon Britton
 Don Brock
 Lyn Brock
 Mickey Butler
 Cathy Burke
 Arlene Caplan
 Lester Caplan
 Nancy Cedrone
 Mike Chovonec
 Howard Cohen

Mark Cotler
 Charlene Couch
 Norma Crawford
 Dan Cuddy
 Kathy Cuddy
 Ann Dahl
 John Dahne
 Tia Dicker
 Michael Flinton
 Sandy Goldberg
 Joel Goldwasser
 Anne Graham
 Eric Gratz
 Mark Greenberg
 Jacqui Hedberg
 Jim Hedberg

Ed Hirschmann
 Pauline Horn
 Anne Jamison
 Elaine Kasmer
 Mark Kim
 Don Kopp
 Betsy Lafferty
 Bonnie Laur
 Nancy Levin
 Ilene Lewandowski
 Gene Lipman
 Paul Mailhan
 Mara Marchand
 Dennis McGough
 Rae Ann McInnis
 Wayne McWilliams

Dianne Nagel
 Linda Napora
 Arlene Ogurick
 Carolyn O'Neill
 Jo-Ann Pilardi
 Julie Plutschak
 Jack Pumphrey
 Louise Reilly
 Nancy Rothman
 John Rusinko
 Linda Silvern
 Dora Simons
 Linda Speert
 Ruth Spivak
 Peggy Strahan
 Mary Sully

Linda Trope
 Deborah Turner
 Dianne Van Sciver
 Tony Verdecchia
 Audrey Wieser
 Sherrye Walker
 David Warshawsky
 Bob Weimer
 Dorrie Wilfong
 Pam Windsor
 Susan Woolhiser
 Eunice Young

We have tried to list all volunteers who assisted in Spring 2019. We apologize for any accidental omissions. Please direct any inquiries to Shelby Jones at sjones@towson.edu or 410-704-3688.

PLEASE CONTACT SHELBY JONES AT 410-704-3688 to learn more about volunteer opportunities at Osher.



OSHER BOOK CLUBS AND INTEREST GROUPS

MEETING AT 7400 YORK ROAD - FREE AND OPEN TO ALL MEMBERS

POPULAR FICTION BOOK CLUB

Meets 3rd Thursday of month, 10 a.m. (*when classes not in session*)

Contact facilitator **Ruth Spivak**: spivakcpa@verizon.net | 410-666-1891

LITERARY FICTION BOOK CLUB

Meets 4th Tuesday of month, 10:30 a.m. (*when classes not in session*) ■ Meets at 2:30 p.m. (*when classes are in session*)

Contact facilitators **Elaine Kasmer**: elainekasmer@gmail.com | 410-561-1175 | **Linda Napora**: snydernap1@gmail.com

NONFICTION BOOK CLUB

Meets 1st Wednesday of month, 10 – 11:30 a.m. (*when classes not in session*)

Contact facilitator **Joyce Baron**: joycebaron@comcast.net | 410-337-3706

MYSTERY BOOK CLUB

Meets Thursday, September 12, September 26, October 17, October 31, 1:00 p.m.

Facilitators: **Julie Plutschak, Joyce Baron** ■ Contact **Julie**: jmvr729@earthlink.net | 410-321-1890

DISCUSSION GROUP: “THE WORLD WE LIVE IN”

Meets weekly on Tuesdays, 1 - 3 p.m. ■ Contact facilitator **Nancy Cedrone**: 410-825-6331

WRITING GROUP: “WRITING OUR LIVES”

Meets weekly on Thursdays, 1 - 3 p.m. ■ Contact facilitator **Linda Silvern**: lrsilvern@gmail.com | 443-835-1991

CONTEMPORARY ART GLASS DISCUSSION GROUP

Contact facilitator **Howard Cohen**: glassguy529@aol.com

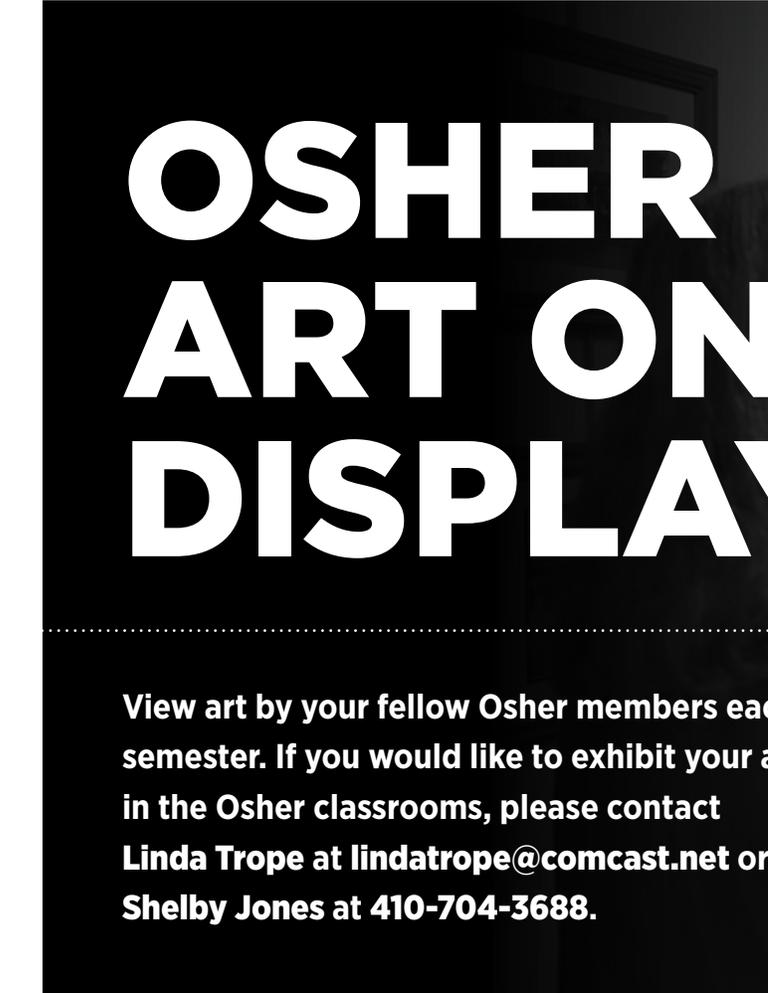
“THE GREEN TEAM” ENVIRONMENTAL INTEREST GROUP

Contact **Shelby Jones**: sjones@towson.edu | 410-704-3688

THANK YOU TO ALL FACILITATORS!

If you would like to initiate and facilitate an interest group, contact **Tracy Jacobs** at **410-704-3437**.

For updates on book clubs, interest groups, and volunteer opportunities visit
WWW.TOWSON.EDU/OSHEREXTRAS



OSHER ART ON DISPLAY

View art by your fellow Osher members each semester. If you would like to exhibit your artwork in the Osher classrooms, please contact **Linda Trope** at lindatrobe@comcast.net or **Shelby Jones** at 410-704-3688.



THANK YOU TO OUR VOLUNTEER FACULTY

We express our thanks to the following individuals for volunteering their time and expertise to teach a course for Osher's fall 2019 sessions:

Father Bob Albright
Margaret Algren
Thomas Devaney
Debra Diamond
Judith McGowan
Gregory Pevzner

Thank you to Cassidy Cregan, Arthur Smith, Mikey Mullen, and Kanji Takeno for the Osher photographs in this catalog.

OSHER LIFELONG LEARNING INSTITUTE FALL 2019 REGISTRATION FORM

New Member Renewing Member

Name: _____ Today's Date: _____

Phone: _____ Email: _____

To REGISTER ONLINE visit www.towson.edu/OsherRegistration

SESSION I (September 9 - October 3) • SESSION II (October 14 - November 7)

✓	TITLE	DAY	TIME	SESSION I	SESSION II	BOTH SESSIONS
ARTS & CULTURE						
	Gershwin	Tuesday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Roots of the Blues	Thursday	11 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Andrés Segovia	Wednesday	11 a.m.		<input type="checkbox"/> Session II (\$65)	
	Broadway in 1920s	Monday	11 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Cartoons	Wednesday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)		
	Art in Spain	Tuesday	11:15 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Art in Spain	Thursday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	But is it Art? New Media	Tuesday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)		
	Native American Arts/Culture	Thursday	11 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	African-American Art History	Wednesday	9:30 a.m.		<input type="checkbox"/> Session II (\$65)	
	Greatest Year in Film: 1939	Monday	1 p.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
HUMANITIES						
	Mysteries of the Baroque	Wednesday	11 a.m.		<input type="checkbox"/> Session II (\$65)	
	Story, History, Geog. Bible	Wednesday	1 p.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Philosophy in History	Thursday	1 p.m.	<input type="checkbox"/> Session I (\$65)		
	Origins of Existentialism	Wednesday	11 a.m.		<input type="checkbox"/> Session II (\$65)	
	If Your Garden Could Talk	Wednesday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)		
SOCIAL SCIENCES						
	Egyptian Civilization	Tuesday	1 p.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Olympics	Monday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Fantastic Interim	Thursday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Modern Labor Movement	Wednesday	1 p.m.	<input type="checkbox"/> Session I (\$65)	<input type="checkbox"/> Session II (\$65)	<input type="checkbox"/> Both Sessions (\$130)
	Cuban Missile Crisis	Monday	9:30 a.m.		<input type="checkbox"/> Session II (\$65)	
	Maryland During Civil War	Monday	11 a.m.	<input type="checkbox"/> Session I (\$65)		
	Forensic Sciences	Wednesday	9:30 a.m.		<input type="checkbox"/> Session II (\$65)	
	Ageism in America	Wednesday	11 a.m.	<input type="checkbox"/> Session I (\$65)		
	American Education Today	Monday	9:30 a.m.	<input type="checkbox"/> Session I (\$65)		
	Beyond #MeToo	Tuesday	9:30 a.m.		<input type="checkbox"/> Session II (\$65)	
	Masculinity in 21st Century	Tuesday	11 a.m.	<input type="checkbox"/> Session I (\$65)		
	Brief History of Advertising	Tuesday	1 p.m.		<input type="checkbox"/> Session II (\$65)	
SCIENCE AND MATHEMATICS						
	Ethnomathematics	Monday	11 a.m.	<input type="checkbox"/> Session I (\$65)		
	History of Geometry	Monday	11 a.m.		<input type="checkbox"/> Session II (\$65)	
	Earth, Air, Fire, Water	Thursday	1 p.m.		<input type="checkbox"/> Session II (\$65)	
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HEALTH AND WELL-BEING						
	Spirituality 101	Thursday	1 p.m.		<input type="checkbox"/> Session II (\$65)	
	Strength after Sixty	Tuesday	11:15 a.m.	<input type="checkbox"/> Session I (\$65)		
	Fitness for Seniors	Monday	9:30 a.m.		<input type="checkbox"/> Session II (\$65)	

OSHER LIFELONG LEARNING INSTITUTE
AT TOWSON UNIVERSITY

FALL 2019 MEMBERSHIP FORM

The Osher Membership cycle runs July 1, 2019 – June 30, 2020

Osher Membership Fee: \$50 per person

Please complete the form below (one form for **EACH** person) and **send to:**

Osher Lifelong Learning Institute, Towson University, 8000 York Road, Towson, MD 21252-0001

Mr. Mrs. Miss Ms. Dr. Sex: M F Today's date _____

New Member Renewing Member

Last Name _____ First Name _____

Name you prefer on nametag _____

TU alum? Yes No Date of Birth _____

Street Address _____

City _____ State _____ Zip _____

Home Phone # _____ Cell Phone # _____

Email (please print) _____

Please check box if you **DO NOT** wish to receive email messages from Osher.

Emergency Contact Name _____ Emergency Contact Phone # _____

Are you retired? Yes No Former (present) occupation _____

Would you consider teaching? Yes No What subjects? _____

How did you learn about Osher?

Friend Flyer Website Baltimore Magazine

BSO Overture Towson Times Other _____

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**OSHER LIFELONG LEARNING INSTITUTE
AT TOWSON UNIVERSITY**

FALL 2019 PAYMENT FORM

Name(s): _____

Phone Number: _____

**Please include this form along with your
REGISTRATION FORM AND/OR MEMBERSHIP FORM.**

One four-week course: \$65 | Two four-week courses or one eight-week course: \$130

Unlimited number of courses: \$180

TUITION FOR CLASSES (**\$65, \$130** or **\$180**) \$ _____

MATERIALS FEE (if applicable) \$ _____

MEMBERSHIP FEE (if owed): \$50 per person \$ _____

TOTAL TUITION AND FEES \$ _____

Your payment is being processed by the state of Maryland. If necessary, we prefer to issue credit. If you must have a refund for any reason, we are required to submit your social security number and address. The state of Maryland will not issue a check without this information. An Osher credit can be issued instead of a refund without a social security number.

MAKE CHECKS PAYABLE TO TOWSON UNIVERSITY.

Please enclose completed Membership Form.

Mail to: Osher Lifelong Learning Institute
Towson University
8000 York Road
Towson, MD 21252-0001

Check enclosed Visa Mastercard

Credit Card Number _____ Expiration Date _____

Name on Card _____

Signature _____ Date _____

FOR OFFICE USE:

Date received: _____ Check# _____ Total Amount _____ Date Deposited _____ Batch # _____

Academic and Administrative Buildings

University Admissions is located in 7800 York Road (YR), suite 216.

- AD Administration - G6
- AH Auburn House - G2
- BU Burdick - C6
- CA Center for the Arts - D4
- CC Child Care Center - G1
- CK Cook Library - E8
- ES Enrollment Services - B4
- FF Field Hockey Field - F0
- FH Field House - E1
- GS General Services - B6
- HH Hawkins - D7
- LH Lecture Hall - D7
- LA College of Liberal Arts - D7
- LI Linthicum - D7
- LS Landscape Services - E0
- MC Media Center - E7
- OP Towson City Center - G9
- PA Pavilion - G2

Residence Buildings

- AT Glen A - D5
- BA Barton - B4
- BT Glen B - D6
- CH Carroll - A3
- CI Glen C - E6
- DO Douglas - B3
- DT Glen D - E6
- GD Glen Dining - D6
- MA Marshall - A3
- MH Millennium - C4
- NE Newell - E6
- ND Newell Dining - E8
- PH Paca - B3
- PR Prettyman - E9
- RT Residence Tower - D8
- RI Richmond - F8
- SC Scarborough - E9
- TH Tubman - B3
- TM The Residences at 10 West Burke Avenue - E9
- TR Towson Run - B3

-  Pay & Display Visitor Parking
-  Loading/Unloading (Free Meter)
-  Restricted Parking
-  Tiger Statues - F1, D6, E7, F8

-  Construction areas
-  Electric Vehicle Charging
-  Bike Share Locations

Where should I park?
 Don't waste time searching for parking. Depending on when you arrive on campus, parking can generally be found in the lots in one of three zones.





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Towson University

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at Towson University**
8000 York Road
Towson, MD 21252-0001
P 410-704-3688

**REGISTER ONLINE
FOR FALL 2019!
SEE INSIDE FOR DETAILS**

TOWSON.EDU/OSHER

