

FirstName LastName

Towson, MD • tstudent@gmail.com • 333-222-4444

EDUCATION

Bachelor of Science, Exercise Science

May 20XX

Towson University, Towson, MD

- GPA: 3.5

Associate of Science, Biology

August 20XX- May 20XX

Harford Community College, Bel Air, MD

- Completed 35 credits of coursework
- GPA: 3.9

OBSERVATION EXPERIENCE

Observer

May 20XX-August 20XX

ATI Physical Therapy, Timonium, MD

- Completed 50 observation hours, observing evaluations and treatment of patients with post-surgical conditions, sports injuries, chronic pain, and musculoskeletal disorders
- Observed physical therapists perform movement assessments, range of motion testing, strength testing, gait analysis, and development of individualized plans of care

RELATED EXPERIENCE

Physical Therapist Aide

October 20XX-present

Baltimore Orthopedic Clinic, Baltimore, MD

- Monitor patient exercise routines using weights, ultrasound, electrical stimulation, and whirlpool
- Prepare, organize, and clean patient treatment areas daily
- Facilitate patient transport between treatment areas via wheelchair or personal assistance
- Order supplies, support front desk and prepare/file insurance forms for over 60 patients

RELATED COURSEWORK

Exercise Prescription and Programming for Special Populations

Fall 20XX

Towson University

- Designed and presented multi-faceted strength training programs for adults with autism
- Formatted periodization training plans with beginner to college-level athletes
- Collaborated with Accessibility & Disability Services to implement three cardiovascular training programs for students with physical limitations

Research Methods

Spring 20XX

Towson University

- Collected heart-health data at Baltimore elementary schools for the Towson University Cardiovascular Studies Lab
- Entered data into SPSS and analyzed entries to determine trends
- Summarized results in a research paper and an oral presentation

LEADERSHIP AND AFFILIATIONS

Volunteer Coordinator

Spring 20XX-present

ABC Sorority, Towson University

- Organized over 10 volunteer events with local nonprofit organizations, tracked member service hours, and helped achieve chapter community service goals

Member

Fall 20XX-present

Towson University Exercise Science Club

- Attended weekly meetings and additional professional development events