DEFINITIONS OF MENTOR ACTIVITIES

**Email networking:** contact between mentor and mentee is conducted primarily (if not solely) through email

**Information interviewing:** mentee prepares and asks specific questions about mentor’s career for the purpose of gaining information about their specific career/industry (please see Informational Interview handout on the Career Center’s website)

**Job shadowing:** mentee schedules a time with mentor to come to mentor’s place of employment and observe mentor in regular workday activities

**Mock interviewing:** mentor prepares sample interview questions to ask mentee; mentee responds as if it were a real interview; mentor provides mentee with constructive feedback on quality of answers and other interview-related information

**Speaker:** mentor is willing to speak at an event, hosted by a club or organization, about career-related topics