

**\*Sample Resume: Student with Experience**

# Sophia Athlete

555-555-5555 | sophiaathlete@gmail.com | Baltimore, MD

## EDUCATION

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### Towson University, Towson, MD

May 20xx

Bachelor of Science | Psychology

- Major GPA: 3.0
- Dean's List: 20xx-20xx
- NCAA Division I Student Athlete

## RELATED EXPERIENCE

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Recreational Assistant

May 20xx – August 20xx

**Towson Autism Society**, Towson, MD

- Facilitated group activities for children on the autism spectrum
- Created schedules for over 20 game nights and field trips

**Teaching Assistant**, Infant and Child Development Course

August 20xx – December 20xx

Towson University, Psychology Department, Towson, MD

- Provided over 60 students with additional resources and study guidance for the course
- Led study sessions with groups of up to 20 students
- Reviewed and graded assignments, papers and tests

## LEADERSHIP & PROFESSIONAL DEVELOPMENT

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**Towson University Soccer Team**, Towson, MD

August 20xx – May 20xx

- Committed an average of 25 hours a week to training and competitive play while maintaining course load
- Developed communication plan regarding team nutrition and hydration goals
- Participated in team building exercises to enhance communication and problem-solving skills

**L.E.a.D. Tiger Program**, Towson, MD

August 20xx – May 20xx

- Participated in the Leadership Enhancement and Development (L.E.a.D.) program for student-athletes to build leadership capacity
- Engaged in academic and career development workshops and panels
- Learned and incorporated networking skills through the Towson Hall of Fame Dinner

**MVP To CEO Program**, Towson, MD

January 20xx – May 20xx

- Attended five workshops tailored toward preparing female student-athletes with professional development
- Gained skills on how to transfer student-athlete competencies into professional settings
- Navigated networking skills and participated in networking event

**Soccer Instructor**, Baltimore, MD

May – August, 20xx – 20xx

- Developed and implemented tactical and training sessions
- Organized and directed individual and small group practices
- Provided mentorship for young athletes both academically and personally

## COMMUNITY SERVICE & VOLUNTEER WORK

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American Red Cross Blood Drive Assistant, Towson, MD, September 20xx – 20xx

Habitat for Humanity, Baltimore, MD, March 20xx – 20xx

Walk for the Cure, Breast Cancer Awareness Day, Timonium, MD, September 20xx – 20xx

Towson Autism Run, Towson, MD, October 20xx – 20xx

Tunbridge Charter School, Baltimore, MD, November 20xx – 20xx