# FirstName LastName

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#### **SUMMARY OF QUALIFICATIONS**

- Applied Suicide Intervention Skills Training (ASIST)
- Computer skills: PASW, SPSS, Adobe Reader, Microsoft Office
- Professional Skater's Association (PSA) Accredited Coach
- Conversational in Spanish
- Knowledge of youth, adult and multicultural populations through counseling, advising and coaching experience

May 20XX

Aug 20XX-Present

May-Aug 20XX

Feb-May 20XX

Sept-Dec 20XX

### **EDUCATION**

Bachelor of Science Psychology, Towson University, Towson, MD

- Double minor: Criminal Justice and Anthropology
- GPA: 3.67
- Honor Societies: Phi Kappa Phi Honor Society, Psi Chi National Honor Society in Psychology, National Society of Collegiate Scholars

## **COUNSELING AND ADVISING EXPERIENCE**

Career Peer Advisor, The Career Center at Towson University, Towson, MD

- Advise students regarding resumes and cover letters on a weekly basis
- Conduct "Overview of Services" workshops for classes and student groups
- Focus on active ways to engage multicultural student groups through event planning
- Extend vocational options for students by updating job and internship database

Recreational Assistant, Towson Autism Society, Towson, MD

- Facilitated group activities for children on the Autism spectrum
- Created schedules for over 20 game nights and field trips

Crisis Line Intern, Volunteer Counselor, Maryland Helpline Agency, Baltimore, MD May 20XX- Feb 20XX

- Counseled couples and individuals over the phone, including those dealing with familial problems, abuse, diagnosed mental disorders, suicidal ideation, interpersonal and financial issues, and sexual identity and societal concerns
- Provided referrals to over 50 agencies within the community and created library database
- Attended continuing education meetings and training sessions hosted by licensed therapists
- Participated in data collection for a study by Columbia University regarding the effectiveness of ASIST for suicidal callers

Volunteer, Psycho-Socialization Volunteer Group, Baltimore, MD

- Socialized with groups of 25 psychiatric in-patients
- Led creative activities such as drawing, coloring, and playing games

#### **RESEARCH EXPERIENCE**

Research Assistant, Towson University Eating Disorder Lab, Towson, MD

- Contacted participants to check on their progress for the Body Image Partners Study
- Conducted tests to determine whether cognitive abilities of partners are correlated with eating disorder symptoms
- Presented research participation orientations to undergraduate students and answered questions

<ul> <li>Research Assistant, Towson University Diagnostic Lab, Towson, MD</li> <li>Attended monthly data collection training sessions</li> <li>Commuted to local elementary schools to handout and collect survey packages</li> <li>Entered questionnaire data into SPSS for ongoing analysis</li> </ul>	Jan-May 20XX
LEADERSHIP AND COACHING EXPERIENCE	
Group Ice Skating Coach, Silver Star Ice Arena, Baltimore, MD	June 20XX-Present
• Lead basic skills classes for groups of 10 students aged three to 14	
• Design team games to enhance levels of skating skills	
Conduct Learn to Skate tests and provide off-ice training sessions	
<ul> <li>Member, Towson University Alpha Lambda Delta Co-ed Honors Fraternity, Towson, MD</li> <li>Engage in community services activities at Baltimore Children's Hospital</li> </ul>	Nov 20XX-Present
• Attend meetings for growth and promotion of the organization	
Organize annual "Skate for Awareness" event to raise money for Baltimore Children's	
Foundation and American Cancer Society	
• Generate ideas for charity events on Towson campus with other service organizations	
President, Towson University Figure Skating Team, Towson, MD	Sept 20XX-Mar 20XX
Coordinated recruitment activities for incoming freshmen	
• Worked with the Club Sports Office to make sure team was in good standing	
CUSTOMER SERVICE EXPERIENCE	
Hostess, Hot Cakes Restaurant, Riverside, MD	Apr -July 20XX
• Supported restaurant staff by increasing hostess customer service ratings by 25 percent	
<ul> <li>Resolved customer and server problems during waiting periods</li> </ul>	
<ul> <li>Served as a Spanish-English translator for staff members</li> </ul>	
<ul> <li>Received "Friendliest Friend Outstanding Customer Service Award" for 2009</li> </ul>	
Customer Service Representative, Children's Aid Foundation, Baltimore, MD	June-Aug 20XX
• Monitored phone lines and donation database while providing customers with event information	