The Myers-Briggs Type Indicator is a personality model which classifies people according to their learning styles preferences on scales derived from psychologist Carl Jung's theory of psychological types (1920s). It was developed by Katharine Cook Briggs and her daughter Isabel Briggs Myers during World War II.

Managers/Employees/Students/People may be:

- **FAVORITE WORLD / ATTITUDE:** Extraverts (try things out, focus on the outer world of people) or Introverts (think things through, focus on the inner world of ideas).

- **INFORMATION / PERCEIVING:** Sensors (practical, detail-oriented, focus on facts and procedures) or Intuitors (imaginative, concept-oriented, focus on meanings and possibilities).

- **DECISIONS:** Thinkers (skeptical, tend to make decisions based on logic and rules) or Feelers (appreciative, tend to make decisions based on personal and humanistic considerations).

- **STRUCTURE:** Judgers (set and follow agendas, seek closure even with incomplete data) or Perceivers (adapt to changing circumstances, resist closure to obtain more data).

The MBTI type preferences can be combined to form 16 different personalities/learning style types. Understanding your preferences can help you to decide what you want to do and how to improve your chances of getting what you want. The career report of the MBTI provides occupational lists showing the occupations most selected and least selected by your personality type. It usually takes 30-40 minutes to complete the inventory online.

**Schedule your appointment today!**

All assessment results will be interpreted by a career counselor/advisor depending on your unique situation, goals, and needs. If you are interested in a career assessment, please call Towson University's Career Center at 410-704-2233 to schedule an appointment.

You **MUST** make an appointment in order to complete the MBTI.