

# **The Clinical Area of Focus**

(formerly the Clinical Concentration program)

## **WHAT IS IT?**

The Psychology Department offers a 1 ½ year program of courses and internship experiences designed to develop students' applied clinical skills. If you intend to pursue graduate studies in psychology or disciplines such as nursing, psychiatry, or similar fields after earning your bachelor's degree in psychology, this program may be of benefit to you. **We recruit an incoming class of juniors each Fall to begin classes the following Spring.**

## **WHAT ARE THE ADVANTAGES OF BEING IN THE CLINICAL AREA of FOCUS?**

- Attend small, specialized classes which can only be taken by students who have been accepted into the Clinical Concentration Program
- Gain valuable hands-on clinical experience and applied counseling skills
- Interact closely with other students and faculty
- Share your clinical experiences and insights with motivated students who share your interests
- Develop greater understanding of current mental health service delivery

## **WHAT SEQUENCE OF COURSES WOULD I TAKE?**

**Fall Semester of Student's Junior year:** apply for program by mid-October

### **Term One – Spring of the Student's Junior Year**

- PSYC 439 Initial Interview (3 units)
- PSYC 433 Group Dynamics Internship (3 units)

### **Term Two – Fall of the Student's Senior Year**

- PSYC 454 Internship in Psychotherapy (4 units)

### **Term Three– Spring of the Student's Senior Year at Towson**

- PSYC 454 Internship in Psychotherapy (4 units; continuation of the prior semester's internship placement)

## **HOW CAN I APPLY?**

There are two prerequisite courses. You must have already completed Introduction to the Helping Relationship (PSYC 205) and Abnormal Psychology (PSYC 361). It is also very helpful to take Systems and Techniques of Psychotherapy (PSYC

430), although it is not required. You should be a junior in the Fall that you apply with a GPA of 3.6 in the psychology major and a 3.4 overall. Strong applicants who are currently enrolled in either prerequisite course can still be admitted into the program as long as they will have completed the prerequisite courses with a B or better by the beginning of the Spring of their junior year.

If you meet these requirements, stop by the Psychology Department Office (LA2210) to pick up an application or please to download an application (they can be found on the Psychology Major Webpage: <http://www.towson.edu/cla/departments/psychology/undergrad/psychology.html>).

Return your application to the Psychology Department by **October 17<sup>th</sup>**. Late applications cannot be accepted nor can applications be taken in the Spring.

### **WHAT IF I HAVE MORE QUESTIONS?**

To have your questions answered, email Dr. Bethany Brand, Program Director, at [bbrand@towson.edu](mailto:bbrand@towson.edu)