

Mystery of the Crooked Cell

An Investigation into the Molecular Basis of Sickle Cell Anemia

Structured Inquiry Version

Maryland Loaner Lab Teacher Packet



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Mystery of the Crooked Cell

Maryland Loaner Lab Overview

The *Mystery of the Crooked Cell* has two parts:

1. Pre-laboratory classroom activities that explore the connection of hemoglobin to symptoms exhibited in sickle cell anemia
2. A laboratory activity that simulates a clinical test for sickle cell anemia using protein gel electrophoresis

Teachers and students who will be performing the *Mystery of the Crooked Cell* laboratory activity using the Maryland Loaner Lab must first complete the pre-laboratory classroom activities. The conceptual aspects of the curriculum will be reinforced with the laboratory activity.

Supplied by Maryland Loaner Lab Program (quantities listed are for 1 class set):

Description	Quantity	Comments	Must Be Returned
Teacher packet (binder)	1	Contains all information necessary for the lab	Return
Volumetric flasks	6 50ml	For Pre-Lab Activity B	Return(For pre-lab activity B)
Doughnut-shaped clay pieces	2 bags	For Pre-Lab Activity B	Return(For pre-lab activity B)
Sickle-shaped clay pieces	2 bags	For Pre-Lab Activity B	Return(For pre-lab activity B)
Carrier clay pieces	2 bags	For Pre-Lab Activity B	Return(For pre-lab activity B)
Extra clay pieces	1 bag	For Pre-Lab Activity B	Return(For pre-lab activity B)
Practice gels	10 Petri dishes	1 per group	Empty, clean, dry and return
Practice loading dye	10 tubes	1 per group	Return (with unused dye)
Gel electrophoresis box	1	With lid	Rinse and dry; Return
Gel trays	6	5 trays + 1 extra	Rinse and dry; Return
Gel combs	6	Makes 8 wells each	Rinse and dry; Return
Gel tray dams/ends	12	2 dams per tray	Return
Power supply with cord	1	For use with gel electrophoresis box	Return
Graduated cylinder (100 ml)	1	Used for pouring gels	Return
Agarose powder bag (0.84g)	1 bag with tube	Enough powder to make 6 gels	Return labeled bag
Orange-capped bottle	1	To make up agarose gels	Rinse and dry; Return
Micropipettes	10	1 per group, 50 µl	Return
Spatula	1	Used for moving gels	Return
Micropipette Tips	5 boxes	1 box per two groups	Return unused tips ONLY
10X TAE Buffer	1 150ml bottle	Follow Teacher Prep for dilution	Rinse and dry; return
2-liter container	1	Used for mixing TAE buffer	Rinse and Return
Normal control samples	10 tubes ("A")	1 per group	Return UNUSED samples
Sickle control samples	10 tubes ("S")	1 per group	Return UNUSED samples
Patient (Unknown) samples	10 tubes ("P")	1 per group	Return UNUSED samples
Foam microtube racks	10	1 per group	Return
Microcentrifuge	1	Used to spin down sample tubes	Return
Disinfectant Wipes	1	Used to disinfect returned equipment	Return
Insulated thermo-bag	1	Contains practice gels and practice dye	Return

Supplied by the Teacher:

Description	Quantity	Comments
Distilled water	1350ml	For making gels and running buffer
Disposable Cups	10	1 per group—to be a waste container at each workstation
*Goggles	varies	1 per student
*Gloves	varies	1 pair per student

***SAFETY: The classroom teacher must instruct students in basic laboratory safety rules and provide gloves and goggles for student use with the laboratory activity.**

Mystery of the Crooked Cell

Next Generation Science Standards

Middle School

Performance Expectations: Students' ability to complete the following performance expectation(s) will be supported by participation in this activity.

MS-LS1-2: Develop and use a model to describe the function of a cell as a whole and ways parts of the cells contribute to the function.

MS-LS3-1: Develop and use a model to describe why structural changes to genes (mutations) located on chromosomes may affect proteins and may result in harmful, beneficial, or neutral effects to the structure and function of the organism.

MS-LS3-2: Develop and use a model to describe why asexual reproduction results in offspring with identical genetic information and sexual reproduction results in offspring with genetic variation.

MS-LS4-4: Construct an explanation based on evidence that describes how genetic variations of traits in a population increase some individuals' probability of surviving and reproducing in a specific environment.

MS-LS4-6: Use mathematical representations to support explanations of how natural selection may lead to increases and decreases of specific traits in populations over time.

Dimension	NGSS Code or citation	Corresponding student task in activity
Disciplinary Core Idea	LS1.A Structure and Function <ul style="list-style-type: none">Organisms reproduce, either sexually or asexually, and transfer their genetic information to their offspring.	Students explore genes code for proteins, and that different proteins in red blood cells can affect how those cells function.
	LS3.A Inheritance of Traits <ul style="list-style-type: none">Genes are located in the chromosomes of cells, with each chromosome pair containing two variants of each of many distinct genes. Each distinct gene chiefly controls the production of specific proteins, which in turn affects the traits of the individual. Changes (mutations) to genes can result in changes to proteins, which can affect the structures and functions of the organism and thereby change traits.<u>Variations of inherited traits between parent and offspring arise from genetic differences that result from the subset of chromosomes (and therefore genes) inherited.</u>	<p>Students explore how a single mutation in the gene that codes for the protein hemoglobin can lead to changes in the structure and function of red blood cells.</p> <p>Students explore the probability of specific genes being passed from parent to offspring</p>

	<p>LS3.B: Variation of Traits</p> <ul style="list-style-type: none"> • In sexually reproducing organisms, each parent contributes half of the genes acquired (at random) by the offspring. Individuals have two of each chromosome and hence two alleles of each gene, one acquired from each parent. These versions may be identical or may differ from each other. • In addition to variations that arise from sexual reproduction, genetic information can be altered because of mutations. Though rare, mutations may result in changes to the structure and function of proteins. Some changes are beneficial, others harmful, and some neutral to the organism. 	<p>Students explore how offspring inherit a single allele from each parent, and the combination of the two alleles determines how genes at a particular locus function.</p> <p>Students explore how a random mutation in the gene that codes for hemoglobin can affect the structure and function of red blood cells.</p>
	<p>LS4.B: Natural Selection</p> <ul style="list-style-type: none"> • Natural selection leads to the predominance of certain traits in a population, and the suppression of others. 	<p>A suggested extension activity has students exploring the connection between sickle cell anemia and malaria due to natural selection.</p>
	<p>LS4.C: Adaptation</p> <ul style="list-style-type: none"> • Adaptation by natural selection acting over generations is one important process by which species change over time in response to changes in environmental conditions. Traits that support successful survival and reproduction in the new environment become more common; those that do not become less common. Thus, the distribution of traits in a population changes. 	<p>Students explore how having a mutated allele that codes for hemoglobin might convey a genetic advantage and therefore be selected for in specific environments (such as where the parasite that causes malaria is present).</p>
Practice	<p>Developing and Using Models</p> <ul style="list-style-type: none"> • Develop and/or revise a model to show the relationships among variables, including those that are not observable but predict observable phenomena. • Develop and/or use a model to predict and/or describe phenomena. • Develop a model to describe unobservable mechanisms. 	<p>Students will use Punnett Squares to model the predict offspring ratios.</p> <p>Students will use a physical model to predict how changes in red blood cell shape (due to genetic differences in the genes that code for the hemoglobin protein) will affect blood flow in the body.</p>
	<p>Planning and Carrying out Investigations</p> <ul style="list-style-type: none"> • Conduct an investigation and/or evaluate and/or revise the experimental design to produce data to serve as the basis for evidence that meet the goals of the investigation. 	<p>Students will use protein gel electrophoresis to generate data to determine genotypes (at the genetic locus that codes for hemoglobin protein) of patients suspected of having sickle cell anemia.</p>

	Analyzing and Interpreting Data <ul style="list-style-type: none"> Analyze and interpret data to provide evidence for a phenomena. 	Students will analyze the results of their protein gel electrophoresis test to determine of patients carry the mutated gene that causes sickle cell anemia.
	Using Mathematics and Computational Thinking <ul style="list-style-type: none"> Use mathematical representations to describe and/or support scientific conclusions. Apply mathematical concepts and/or processes (e.g. ratio) to scientific questions. 	Students will use Punnett Squares to model the predict offspring ratios.
Crosscutting Concept	Patterns <ul style="list-style-type: none"> Patterns can be used to identify cause and effect relationships. Graphs, charts, and images can be used to identify patterns in data. 	Students will look for patterns in family pedigrees related to the occurrence of sickle cell anemia, a disease that in inherited by offspring from their parents.
	Cause and Effect <ul style="list-style-type: none"> Phenomena may have more than one cause, and some cause and effect relationships in systems can only be described using probability. 	Students will explore the probability of offspring developing sickle cell anemia based on the genotypes of parents.
	Structure and Function <ul style="list-style-type: none"> Complex and microscopic structures and systems can be visualized, modeled, and used to describe how their function depends on the shapes, composition, and relationships among tis parts; therefore, complex natural systems can be analyzed to determine how they function. 	Students will explore how the structure of red blood cells can affect their function.
<u>Nature of Science</u> Scientific Knowledge Assumes an Order and Consistency in Natural Systems <ul style="list-style-type: none"> Science assumes that objects and events in natural systems occur in consistent patterns that are understandable through measurement and observation. Science Addresses Questions About the Natural and Material World <ul style="list-style-type: none"> Scientific knowledge can describe the consequences of actions but does not necessarily prescribe the decisions that society takes. 		
Connections to <u>Common Core State Standards</u>		
<u>English Language Arts/Literacy</u> RST.6-8.3 RST.6-8.4 RST.6-8.7 RST.6-8.9		<u>Mathematics</u> PRACTICE.MP1 PRACTICE.MP2 PRACTICE.MP4 CONTENT.6.RPA.1

High School

Performance Expectations: Students' ability to complete the following performance expectation(s) will be supported by participation in this activity.

HS-LS1-1: Construct an explanation based on evidence for how the structure of DNA determines that structure of proteins, which carry out the essential functions of life through systems of specialized cells.

HS-LS3-1: Ask questions to clarify relationships about the role of DNA and chromosomes in coding the instructions for characteristic traits passed from parents to offspring.

HS-LS3-2: Make and defend a claim based on evidence that inheritable genetic variations may results from (1) new genetic combinations through meiosis, (2) viable errors occurring during replication, and/or (3) mutations caused by environmental factors.

HS-LS3-3: Apply concepts of statistics and probability to explain the variation and distribution of expressed traits in a population.

HS-LS4-2: Construct an explanation based on evidence that the process of evolution primarily results from four factors: (1) the potential for a species to increase in number, (2) the heritable genetic variation of individuals in a species due to mutation and sexual reproduction, (3) competition for limited resources, and (4) the proliferation of those organism that are better able to survive and reproduce in an environment.

HS-LS4-4: Construct an explanation based on evidence for how natural selection leads to adaptation of populations.

Dimension	NGSS Code or citation	Corresponding student task in activity
Disciplinary Core Idea	LS1.A Structure and Function <ul style="list-style-type: none"> Systems of specialized cells within organisms help them perform the essential functions of life. All cells contain genetic information in the form of DNA molecules. Genes are regions in the DNA that contain the instructions that cod for the formation of proteins. 	Students explore genes code for proteins, and that different proteins in red blood cells can affect how those cells function.
	LS3.A Inheritance of Traits <ul style="list-style-type: none"> <u>Each</u> chromosome consists of a single very long DNA molecule, and each gene on a chromosome is particular segment of that DNA. The instructions for forming species' characteristic are carried in DNA. 	Students explore how a single mutation in the gene that codes for the protein hemoglobin can lead to changes in the structure and function of red blood cells.
	LS3.B: Variation of Traits <ul style="list-style-type: none"> Although DNA replication is tightly regulated and remarkably accurate, errors do occur and result in 	Students explore the probability of specific genes being passed from parent to offspring

	<p>mutations. Environmental factors can also cause mutations in genes and viable mutations are inherited.</p> <ul style="list-style-type: none"> • Environmental factors also affect expression of traits and hence affect the probability of occurrence of traits in a population. Thus, the variation and distribution of traits observed depend on both genetic and environmental factors. 	<p>Students explore how offspring inherit a single allele from each parent, and the combination of the two alleles determines how genes at a particular locus function.</p> <p>Students explore how a random mutation in the gene that codes for hemoglobin can affect the structure and function of red blood cells.</p> <p>Students explore how specific environmental conditions can cause cells to sickle.</p>
	<p>LS4.B: Natural Selection</p> <ul style="list-style-type: none"> • Natural selection occurs only if there is both 91) variation in the genetic information between organism in a population and 92) variation in the expression of that genetic information that is, trait variation-that leads to differences in performance among individuals. • The traits that positively affect survival are more likely to be reproduced and thus are more common in the population. 	<p>A suggested extension activity has students exploring the connection between sickle cell anemia and malaria due to natural selection.</p>
	<p>LS4.C: Adaptation</p> <ul style="list-style-type: none"> • Natural selection leads to adaptation, that is, to a population dominated by organisms that are anatomically, behaviorally, and physiologically well suited to survive and reproduce in a specific environment. That is, the differential survival and reproduction of organisms in a population that have an advantageous heritable trait leads to an increase in the proportion of individuals in future generations that have the trait and to a decrease in the proportion of individuals that do not. 	<p>Students explore how having a mutated allele that codes for hemoglobin might convey a genetic advantage and therefore be selected for in specific environments (such as where the parasite that causes malaria is present).</p>
Practice	<p>Developing and Using Models</p> <ul style="list-style-type: none"> • Develop and/or use a model (including mathematical and computational) to generate data to support explanations, predict phenomena, analyze systems, and/or solve problems. 	<p>Students will use Punnett Squares to model the predict offspring ratios.</p>

	Planning and Carrying out Investigations <ul style="list-style-type: none"> Plan and conduct an investigation individually and collaboratively to produce data to serve as the basis for evidence, and in the design: decide on types, how much, and accuracy of data needed to produce reliable measurements and consider limitations on the precision of the data (e.g., number of trials, cost, risk, time), and refine the design accordingly. 	Students will use protein gel electrophoresis to generate data to determine genotypes (at the genetic locus that codes for hemoglobin protein) of patients suspected of having sickle cell anemia.
	Analyzing and Interpreting Data <ul style="list-style-type: none"> Analyze data using tools, technologies, and/or models (e.g., computational, mathematical) in order to make valid and reliable scientific claims or determine an optimal design solution. 	Students will analyze the results of their protein gel electrophoresis test to determine of patients carry the mutated gene that causes sickle cell anemia.
	Using Mathematics and Computational Thinking <ul style="list-style-type: none"> Use mathematical, computational, and/or other algorithmic representations of phenomena or design solutions to describe and/or support claims and/or explanations. 	Students will use Punnett Squares to model the predict offspring ratios.
Crosscutting Concept	Patterns <ul style="list-style-type: none"> Students observe patterns in systems at different scales and cite patterns as empirical evidence for causality in supporting their explanations of phenomena. 	Students will look for patterns in family pedigrees related to the occurrence of sickle cell anemia, a disease that is inherited by offspring from their parents.
	Cause and Effect <ul style="list-style-type: none"> Students understand that empirical evidence is required to differentiate between cause and correlation and to make claims about specific causes and effects. They also propose causal relationships by examining what is known about smaller-scale mechanisms with the system. 	<p>Students will explore the probability of offspring developing sickle cell anemia based on the genotypes of parents.</p> <p>Students will use evidence from gel electrophoresis to support their claims about if the patient has sickle cell anemia.</p>
	Structure and Function <ul style="list-style-type: none"> Students infer the functions and properties of natural and designed objects and system from their overall structure, the way their components are shaped and used, and the molecular substructures of their various materials. 	Students will explore how the structure of red blood cells can affect their function.
<u>Nature of Science</u>		

Scientific Knowledge Assumes an Order and Consistency in Natural Systems

- Scientific knowledge is based on the assumption that natural laws operate today as they did in the past and will continue to do so in the future.

Science Addresses Questions About the Natural and Material World

- Scientific knowledge indicates what can happen in natural systems-not what should happen. The latter involves ethics, values, and human decisions about the use of knowledge.

Connections to [Common Core State Standards](#)

English Language Arts/Literacy

RST.9-10.4

RST.9-10.7

RST.11-12.4

RST.11-12.9

Mathematics

PRACTICE.MP1

PRACTICE.MP2

PRACTICE.MP4

Mystery of the Crooked Cell

Introduction

Sickle cell anemia (or sickle cell disease) is a genetic disease that affects the hemoglobin molecule in red blood cells. Hemoglobin carries the oxygen that the red blood cells deliver to all the tissues and organs of the body. Normal red blood cells (having normal hemoglobin) are round like doughnuts; they are very flexible and able to move through small blood vessels in the body to deliver oxygen. Diseased red blood cells with sickle hemoglobin become hard and are shaped like sickles used to cut wheat; they carry less oxygen to the body's tissues. When these hard and pointed cells go through small blood vessels, they can cause clots and clog blood flow. This can cause pain and tissue damage. Sickled red blood cells also do not live as long as healthy red blood cells and cause a low red blood cell count or anemia.

Each person has two copies of the gene for hemoglobin. Normal hemoglobin is referred to as hemoglobin A. The letters AA are used to indicate that both hemoglobin genes are normal. The gene that causes sickle cell anemia is referred to as hemoglobin S. There are three possible combinations of the hemoglobin A and S genes:

- AA** Individual is homozygous for the hemoglobin A gene. Both copies of the gene code for normal hemoglobin, and the person does not have the disease.
- AS** Individual is heterozygous. One copy of the gene codes for normal hemoglobin and the other copy of the gene codes for sickle cell hemoglobin. This person does not have the disease and will not develop it later in life. However, this person is considered a **carrier** of the sickle cell hemoglobin gene. Carriers are often referred to as having **sickle cell trait** because they may exhibit a few symptoms of sickle cell anemia (especially in low-oxygen environments).
- SS** Individual is homozygous for the sickle cell hemoglobin S gene. Having both copies of the gene codes for diseased hemoglobin, and this individual will suffer from sickle cell anemia.

The irregularly-shaped blood cells lead to a cascade of symptoms. The sickle-shaped red blood cells die prematurely, resulting in anemia and the production of excess bilirubin (a yellow pigment resulting from the breakdown of hemoglobin protein). Jaundice, which is the yellowing of the skin and the whites of an individual's eyes, often results when the liver cannot metabolize bilirubin fast enough.

Infection, dehydration, overexertion, high altitude, or cold weather can bring on a sickling episode or crisis. Sometimes there is no apparent precipitating factor. People with sickle cell anemia are susceptible to fevers and infection. Patients with sickle cell anemia will often have abdominal pain (due to the spleen trying to process all the destroyed red blood cells) and joint and muscular pain (due to blood clots).

Currently, there is no cure for sickle cell anemia. A bone marrow transplant offers a potential cure, but the procedure is risky and not always successful. There are treatments such as hydration, bed rest, painkillers, avoiding extreme temperatures, avoiding overexertion, and the use of antibiotics. Sometimes blood transfusions or even supplemental oxygen treatments are required. Recent research has focused on re-expressing the fetal hemoglobin gene as a treatment for sickle cell anemia. After birth, the gene for fetal hemoglobin turns off while the gene for adult hemoglobin becomes activated. If the gene for fetal

hemoglobin could be turned on again, it may compensate for the diseased adult hemoglobin and provide relief for people with sickle cell anemia.

To understand the origin of sickle cell anemia, one must understand that sickled cells serve as a protective mechanism against malaria. Malaria is a deadly disease caused by a parasite transmitted by mosquitoes and found in countries along the equator. People who are carriers for sickle cell anemia (heterozygous) are protected against malaria while those with normal hemoglobin are susceptible to it. Over the years, people with the sickle cell trait (those who are carriers of sickle cell hemoglobin) migrated to other continents, which is why sickle cell anemia is seen now in areas beyond the equator. Sickle cell disease is seen often in African descendant populations but is also seen in people of other ethnic groups, including individuals from parts of the Middle East, Central India, and countries bordering the Mediterranean Sea, especially Italy and Greece.

This lesson is organized into two parts: a set of pre-laboratory classroom activities and a laboratory activity. During the pre-lab, students conduct learning activities and acquire clues about a mystery disease (sickle cell anemia). Each activity challenges students to explore different aspects of sickle cell anemia. Working in groups, students manipulate models and gather data to construct an explanation about how sickle cell anemia affects a patient at the molecular level. Another pre-laboratory activity allows students to practice using micropipettes and practice loading agarose gels, as it can be a difficult skill to initially acquire. The ***Practice Gel Loading Exercise*** instructs students with the proper technique used to load gels and gives them the opportunity to practice before loading the samples involved in the laboratory activity. Following the pre-lab, students participate in the laboratory activity where they apply the concepts acquired in the pre-lab to test a fictional patient for the presence of sickle cell hemoglobin using protein gel electrophoresis.

Note: Additional web resources for information on sickle cell anemia are below.

<http://www.mayoclinic.com/health/sickle-cell-anemia/DS00324>
<http://www.nhlbi.nih.gov/health/health-topics/topics/sca/>

Mystery of the Crooked Cell

Pre-Laboratory Activities

NOTE: Groups using the Maryland Loaner Lab must first complete the pre-laboratory classroom activities.

The purpose of the pre-laboratory activities is to explore the connection of hemoglobin to symptoms exhibited in sickle cell anemia. They provide students with the opportunity to construct ideas and concepts about the mechanism of sickle cell disease.

The objectives of the pre-laboratory activities are:

- Observe a photograph of normal and sickled red blood cells
- Imitate the movement of red blood cells through the circulatory system to gather data and make inferences about sickle cell anemia
- Analyze an inheritance pattern using a pedigree
- Work cooperatively to explain the symptoms exhibited in sickle cell anemia
- Construct an explanation of the disease mechanism

Pre-Laboratory Materials:

Students should be divided into 10 groups; each group will need to complete activities A, B, and C. Each student will need a copy of Student Pages S1-S4.

Students can work on Activities A and C at their desks or lab stations. For Activity B, set up two areas with the following materials:

- 3 empty volumetric flasks labeled “Sickle Cell Patient”, “Carrier Patient”, and “Normal Patient”
- Bag with normal red blood cells (doughnut-shaped pieces of clay)
- Bag with sickle-shaped red blood cells (sickle-shaped pieces of clay)
- Bag with carrier red blood cells (both doughnut-shaped and sickle-shaped pieces of clay)

Activity A: Photo of red blood cells

Students will observe a picture of a blood smear showing a patient with sickle cell anemia. They are instructed to examine the image and describe what they see. Students should notice that the red blood cells are different shapes.

Activity B: Flow of red blood cells

In this activity, students will add differently shaped red blood cells to flasks that represent a patient with sickle cell anemia, a patient without sickle cell anemia, and a patient who is a carrier for the sickle cell anemia disease. Students should add a maximum of five of the appropriate type of red blood cell to each of the appropriate flasks. After students add the appropriate red blood cells to each flask, have the students try to slowly pour the red blood cells out of each flask and observe how well they flow out of the flasks. The doughnut-shaped red blood cells should flow easily, while the sickle-shaped red blood cells should mostly clog in the neck (because of their sickled shape).

Activity C: Pedigree with pedigree symbol key

For this activity, students will analyze the inheritance pattern of the diseased patient. They should write the genotype of each individual. For some individuals, they may be able to determine the exact genotype (for example, someone who died of sickle cell would be SS), but for others they may only be able to determine

several possible genotypes. They should note that the disease appears to be hereditary, as the patient's uncle and grandmother were also affected and that the patient had sickle cell anemia because both parents were carriers.

Pre-Laboratory Engagement (10 – 15 minutes)

Organize students into 10 groups. Have each group read the description of the patient who came to Dr. Herrick, a Chicago physician, in 1904 (see the Patient Description sheet). Dr. Herrick (1861-1954) is credited with the discovery of sickle-shaped red blood cells. Thereafter, the disease was called sickle cell anemia based on Dr. Herrick's findings in 1904. The essential question is "What is the mechanism of the disease?" Instruct the students to make observations and gather clues about the condition described in the patient scenario. Ask the students to identify and underline any clues in the description that may help them determine the effect of the disease on the patient.

When they are finished, invite a student from each group to write one clue on the board. Discuss the clues as a class. Ask for clarification or expansion of ideas where appropriate. Encourage the students to think freely and make connections based on the evidence given from the patient description sheet as well as from their own experiences (students may know of someone who has or may themselves have sickle cell anemia or are carriers). The discussion usually leads to many good ideas about the mechanism of the disease.

Pre-Laboratory Exploration (15 – 30 minutes)

Next, students will work through three activities. Each activity is comprised of tasks that in some way model or illustrate concepts relating to the mechanism of the disease. Give each group their set of activity guide sheets (Student Pages S2-S4), which includes directions that encourage exploration. Urge the students to gather observations that may yield insights into the mechanism of the disease. Rotate the groups through all three activities, allowing about 5 - 10 minutes per activity.

Pre-Laboratory Explanation (10 – 15 minutes)

After all of the groups have completed the three activities, ask the groups to develop an explanation for the mechanism of the disease. Next, ask the groups to present their explanations to the entire class. Encourage students to be creative in their presentations by giving them the option to present verbally, in writing, with diagrams or concept maps, or by using role-play. Students often generate many ideas and interesting topics for discussion. Encourage the students to debate their ideas and consider them in light of the observations they made. Challenge and elaborate on students' ideas to lead them to discover the following points:

- The blood cells are irregularly shaped (seen in photo)
- The irregular shape of the red blood cells interferes with their ability to flow through the blood pathways (inferred by the activity with the flasks and clay red blood cells)
- The condition is inherited (as seen with the pedigrees and genotype activity)

Refer to the activities to assist students' discovery of the above points. Activity A indicates anemia and irregularly-shaped red blood cells as seen in the photo. The blockage created in the blood vessels by the sickled cells is illustrated by the normal and sickled red blood cells in the flasks in Activity B. From Activity C, the family history suggests the possibility that the condition is inherited. At this point, the students are usually curious about the name of the disease. Let them generate their own name for the condition based on their understanding of it and emphasize that their name is just as valid as the name given by Dr. Herrick. He based the name on his observations of sickle-shaped cells and the decrease in the number of red blood cells, which causes anemia. Therefore, he named the disease sickle cell anemia.

Mystery of the Crooked Cell

Laboratory Explanation

The purpose of the laboratory activity is to apply the concepts developed in the pre-lab to a clinical test for sickle cell anemia using protein gel electrophoresis.

The Objectives of the Laboratory Activity are:

- ♦ Use gel electrophoresis to distinguish normal hemoglobin from sickle cell hemoglobin
- ♦ Interpret gel electrophoresis results
- ♦ Demonstrate the concept and process of gel electrophoresis

Before proceeding with the laboratory investigation, it is necessary to make a logical connection to the concepts developed in the pre-laboratory activities. In doing so, the laboratory activity becomes a tool in the continuum of an ongoing problem rather than an isolated end in itself.

Developing the Concept for the Laboratory Activity

With the understanding of sickle cell anemia generated by the pre-lab, ask students to consider ways to test for the disease. A common response is to examine the blood and look for signs of anemia or sickled cells. Anemia, however, is not unique to sickle cell anemia nor are the blood cells necessarily sickled unless the patient is in crisis. Furthermore, thalassemic blood samples frequently look very similar to sickle cell blood samples (thalassemia is a hemoglobin disorder associated with the defective synthesis of hemoglobin). Because hemoglobin is the molecule affected by the disease, the conclusion is to observe the diseased or affected hemoglobin for characteristics that would distinguish it from normal hemoglobin.

Developing the Concept for Gel Electrophoresis

The next goal is to help the students realize the conceptual basis of the test that will help distinguish normal hemoglobin from affected hemoglobin (sickle cell hemoglobin). Raise the question by holding up a tube containing a sample of “hemoglobin” and ask whether they can identify it as normal or abnormal (use red food coloring and water to create a light rust color which simulates the color of both normal and sickle cell hemoglobin). The students realize that they first need to see what a normal hemoglobin sample looks like in order to identify whether the unknown is normal. Place control samples of “normal hemoglobin” and “abnormal hemoglobin” next to the unknown sample. Again ask whether they can identify which sample is normal and which is affected by visually comparing the three samples of “hemoglobin”. The samples look exactly alike in the tubes. Therefore, a tool is needed to distinguish between hemoglobin samples that look identical but have different properties. The tool, gel electrophoresis, will be used in the laboratory activity. Protein gel electrophoresis can be used because normal hemoglobin protein has a net charge of -2 and sickle hemoglobin protein has a net charge of -1 , and the samples will migrate differently in a gel because of their differences in charge.

Electrophoresis Role-Play

A role-play may be used to demonstrate the theory behind electrophoresis. Have two groups of three students come to the front of the room. Each group represents a hemoglobin protein and each person represents an amino acid. Note that both molecules have the same number of amino acids and are, therefore, the same size. Give each student a card with a number representing a charge of -1 or 0. To one group assign two -1 charges and one 0 charge. To the other group give two people 0 charges and one person a -1 charge. Consequently one group has a net charge of -2 and the other group has a net charge of

-1. Point out that the difference in overall charge between the two molecules cannot actually be seen with the naked eye. However, the charge difference does make the hemoglobin react differently in an electric field. Illustrate this concept by telling the class to imagine the classroom as an electrical field with the positive pole at the back of the room and the negative pole at the front of the room. In an electrical field, the negatively charged hemoglobin molecules migrate toward the positive pole. The group with a net charge of -2 will move more quickly because it has a greater negative charge drawing it toward the positive pole. Pretend to turn on the electricity and have the two groups of students migrate as the molecules would. The groups can be distinguished by their different rates of migration with respect to their net negative charge. To check student understanding, have the students predict and demonstrate the migration if the molecules both had a charge of -2.

The Laboratory Investigation: Protein Electrophoresis

Students will work in 10 groups. Each group receives three samples of “hemoglobin”: **“A”**=Normal hemoglobin control, **“S”**=Sickle cell hemoglobin control, **“P”**=Patient hemoglobin sample. The patient samples may represent normal hemoglobin, sickle cell hemoglobin, or both in the case of a carrier. The samples of “hemoglobin” are put into an electrical field and the rates of migration compared. The negatively charged samples, either -1 or -2, will be attracted to the opposite charge and migrate towards the positive electrode in the gel box. The “hemoglobin” samples are really made up of dyes which will migrate through the gels as actual normal and sickle hemoglobin would. The agarose gels and electrophoresis buffer will be prepared in advance, but explain to the students how gels are made. Also, describe how the wells of the gels are made. It is recommended that the students load the gels dry and then add the running buffer. The gels will run at 200 volts for 15 minutes. As the gels run, encourage the students to look through the lid or the side of the electrophoresis box to see their samples start to migrate.

Interpretation of Results

The Normal hemoglobin control will have an orangish-red band that appears lower in the gel because it runs faster with a -2 net charge. The Sickle hemoglobin control will have a pinkish-red band that appears higher in the gel because it does not run as fast with only a -1 net charge. Patient results will vary. Some patient samples will display two bands (one orangish-red and one pinkish-red representative of a carrier), others will be positive for sickle cell anemia (with only a pinkish-red band), while some will be negative for sickle cell anemia (with only an orangish-red band). Students may notice that the bands are different colors. This is because we use a dye and not real hemoglobin for this lab. You can handle this with your students in two ways: either inform them that we are using dyes and not real hemoglobin and that real hemoglobin does not differ in color between normal and sickle, or you could tell the students that the color is not a reliable indicator. Either way, make sure the students are only looking at distance migrated, rather than color, when interpreting results. Students should draw their results in the diagram on the lab protocol sheet.

Picture of Hemoglobin Gel Electrophoresis Results:

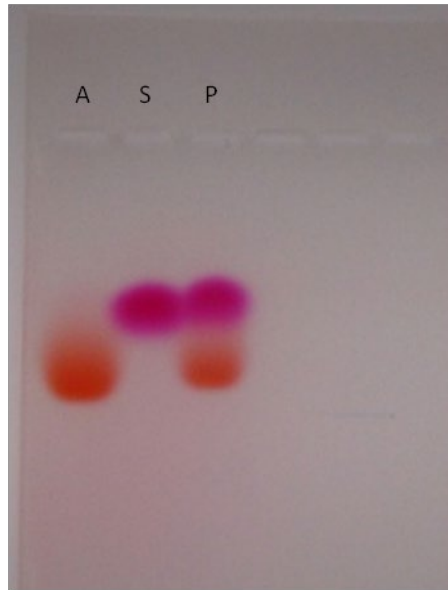
**Negative
Electrode**

A = Normal hemoglobin control

S = Sickle cell hemoglobin control

P = Patient

**Positive
Electrode**



To facilitate discussion, choose a representative gel of each outcome and put the gels on an Elmo if applicable. Highlight the bands projected on the board with a marker. Some sample questions for discussion include:

What can be inferred from the results of the test?

How can the presence of two bands in some patient samples be explained?

Mystery of the Crooked Cell

Instructions for using a micropipette

Micropipettes

Micropipettes are precision instruments designed to measure and transfer small volumes of liquid. They are expensive and must be used with care. Their accuracy depends upon their proper use. Different brands of micropipettes vary in the volume range they will measure, the type of tips they fit, and the type of device used to set the volume. Be sure that everyone understands how to operate the micropipettes correctly.

Golden Rules of Pipetting

- 1. Be aware of the upper and lower range of the pipette. Going above or below the range will damage the micropipette.*
- 2. Always use the micropipette with a micropipette tip. Without a tip on the end, liquid can get into the opening of the pipette and damage the mechanism inside.*
- 3. Always hold the micropipette straight up to prevent liquid from getting into the micropipette.*
- 4. Use new pipette tips between different samples to prevent contamination.*

Basic Directions for Micropipette Use

Setting the Volume

All micropipettes have a volume control dial. Determine whether the volume window on your pipette shows tenths of microliters (0.1 μl) or whole microliters in the smallest place, so that you can read the scale correctly (it varies with different brand micropipettes).

Drawing Up and Expelling Liquid

Micropipettes have 2 stops as you press down on the plunger to expel liquid. The first stop corresponds to the volume set in the window. The second stop gives a little puff of air to blow out any remaining liquid upon delivery. To draw liquid into the pipette tip, press down on the plunger only to the first stop. If you go to the second stop you will draw too much liquid into the tip. The most common pipetting error is to go past the first stop to the second stop for drawing liquid into the tip (which gives an inaccurate volume). When you are letting the liquid out of the tip, then you go to the second stop. It is worthwhile to check each student for correct technique before beginning laboratory procedures that require the use of the pipettes.

Using the Micropipette:

1. Select the pipette that includes the volume range you will need.
2. Adjust the pipette to the desired volume by turning the dial. Do not turn beyond the volume range for the pipette.
3. Press a new tip onto the pipette firmly (gently tap the pipette into a tip while in the box). Get a tip without touching it with your hands; this is to prevent contamination of the samples.
4. To draw liquid into the micropipette tip:
 - a) Press down the plunger to the first stop to measure the desired volume and hold in that position.
 - b) Holding the pipette vertically, immerse the tip 1-3 mm into the liquid to be transferred.
 - c) Draw the fluid into the tip by slowly releasing the plunger. Wait 1-2 seconds to be sure that the full volume of sample is drawn into the tip. If you see air bubbles, there is a problem with your volume and you will need to repeat this step to get the correct volume (either your tip wasn't immersed far enough down into the liquid or you perhaps raised your arm while releasing the plunger).
5. To dispense the liquid:
 - a) Place the tip into the container where the liquid is to be released.
 - b) Slowly press down the plunger to the second stop to blow out all of the liquid in the tip. Be careful not to suck liquid back into the tip by releasing the plunger while the tip is in the liquid you just dispensed.
 - c) Eject the tip when done into a waste container by pressing the separate ejector button found on the top or side of the micropipette (depends on the brand of micropipette).

Mystery of the Crooked Cell

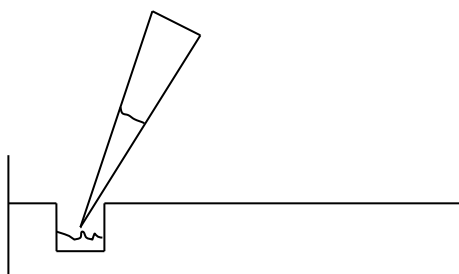
Practice Gel Loading Exercise

Loading gels, or filling the wells of a gel, can be a challenging task, especially if one has never done it before. This is an opportunity to practice before you are asked to load the actual samples involved in the laboratory activity. Take your time, figure out how you feel most comfortable doing this (example: some people like to rest their elbow on the counter while loading), and practice filling a few different wells of the practice gels. Remember, this is for practice, so don't get frustrated if liquid spills out of a well or if you accidentally tear the edge of the agarose gel – just try it again.

An important thing to note about gels: the wells appear as holes but they really aren't. They are more like indentations that do not go through completely to the bottom of the petri dish. This is why it is so important not to poke the micropipette tip through the bottom of the well or the liquid will seep into the bottom of the dish and not stay in the well.

Loading the Practice Gels:

1. Become familiar with the feel of pressing down the plunger until it stops.
2. Then set the micropipette to **10 μL** .
3. Make sure you gently tap a tip onto the end of the micropipette.
4. Remove the lid of the practice agarose gel and make sure you can clearly see the wells.
5. To suck up the practice loading dye into the tip, press down on the plunger until it stops, then place your tip into the liquid dye and slowly lift up your thumb. (Be careful not to raise your hand while lifting your thumb or you'll get air bubbles and the volume will be incorrect.)
6. Select a well to pipette the dye into.
7. Lower the tip filled with the dye into a well to be filled. Be careful not to poke through the bottom of the well or rip between the wells or the liquid will not stay in the individual well you chose.



8. To release the dye from the tip, press down on the plunger until it stops. Next, lift up the micropipette so the tip is no longer in the well (or you may accidentally suck the liquid back into the tip).
9. Look to see if all of the dye went into the well.
10. Repeat this at least two or three times until you feel comfortable loading samples into a well. Each person in the group needs to practice loading wells in the practice gel. You do not need to change tips since you will be using the same liquid between group members.

Mystery of the Crooked Cell

Teacher Laboratory Preparation

A PowerPoint presentation to support this activity is available on the Maryland Loaner Lab page (<https://www.towson.edu/fcsm/centers/stem/loanerlab/>).

Maryland Loaner Lab will supply reagents, equipment, and instruction for the laboratory activity for 10 groups. **Teachers must supply distilled water used for making gels and buffer. Teachers must also supply the students with the following handouts:** Pre-Laboratory Activities A, B, and C; Laboratory Protocol; and Student Worksheet.

Prepare Student Stations (10):

- Foam microcentrifuge tube rack
- One tube each: “A”, “S”, and “P”
(Use the microcentrifuge to spin down all samples for 2 seconds.)
- Box of micropipette tips (1 box to be shared between 2 student groups)
- One practice gel
- One practice loading dye tube
- One disposable cup (waste container for tips) (Provided by the teacher.)

Activity:	Time needed:
Preparing Gels & Student Stations	30-45 minutes
Pre-Lab Activities	35-60 minutes
Practice Gel Loading Exercise	15 minutes
Laboratory Activity	30 minutes
Post-Lab Activity	10 minutes

Shared Equipment for Multiple Groups:

- One agarose gel for every 2 groups (each group will use 3 wells)
- One gel electrophoresis chamber (gel box) for all 10 groups
- One power supply for the gel box

Electrophoresis: Gel Preparation and Directions for Running Gels

Step 1 – Prepare 1X TAE Buffer (for making agarose gels and for use as a running buffer)

Buffer (not water) must be used to make and run the gels. The buffer supplies the necessary ions to conduct electricity. The buffer received in the kit is 10X Tris-Acetate-EDTA (TAE) in a 150 ml bottle (150 ml total), and needs to be diluted with distilled water (dH₂O) to make a 1X concentrated solution.

Add the entire 150 ml of 10X TAE buffer (entire bottle) to 1350 ml of distilled water in the 2-liter container provided and mix well. From this now diluted 1X TAE buffer, 120 ml will be used to make the agarose gels and 1000 ml will be used as the electrophoresis running buffer.

Step 2 – Prepare a set of six 0.7 % agarose gels (5 gels for the activity with 1 extra gel).

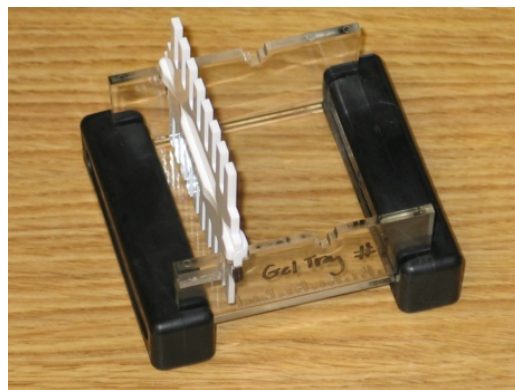
Agarose gels and running buffer may be made the night before use. This prep will make 6 small gels. Each gel will have 8 wells and will accommodate 2 groups of students with 3 samples each. Before making the agarose solution, have casting trays prepared and ready to be used (see Step 3).

Pour the entire contents of the microcentrifuge tube containing 0.84 g of agarose powder found in the powder bag into the orange-capped glass bottle. Then, add 120 ml of the diluted 1X TAE buffer from Step 1 (use the graduated cylinder). Add the buffer to the glass bottle and mix well with the agarose powder by swirling the bottle.

1. Dissolve the agarose in a microwave or on a hot plate. **The orange bottle cap must be removed before heating.** The power of the microwave may vary, but to prepare 120 ml of agarose it generally takes 1.5-2 minutes on high power. For best results place the bottle in the microwave for one minute, stir and heat for 30 more seconds, stir and heat another 30 seconds only if needed. **Do not over heat** as the liquid will boil out of the bottle and spill. It is best to microwave in small time intervals and mix, then continue heating. The agarose must be completely dissolved in solution and well mixed. No particulate matter should be visible.
2. Cool the agarose solution to about 60°C by placing the melted agarose in a 60°C water bath or by allowing it to sit at room temperature for several minutes. **Swirl occasionally** while it is cooling to avoid rapid cooling of the agarose in the bottom of the bottle so that the agarose does not start to solidify (or reheating will be necessary). The bottle of melted agarose solution is ready to be used when it is warm to the hand but not too hot to handle (if it's too hot it can warp the comb and gel tray).

Step 3 – Casting Agarose Gels

1. Place the rubber dams onto the ends of each gel tray (it is easiest to lay the rubber dam on a table and, holding the gel tray, carefully press it into one corner and then use your weight to “roll” the gel tray into the second corner and repeat with the other rubber dam). **Use caution to prevent breaking the gel tray.**
2. Place the gel trays with rubber dams onto a flat surface.
3. Position the comb teeth down over the black mark (Use the large teeth only, as it will create 8 wells of the needed size).
4. Swirl the mixture and slowly (to avoid air bubbles) pour 20 ml of cooled agarose solution into each of the 6 casting trays using a graduated cylinder (use a pipette tip to pop any air bubbles).
5. After the gel has hardened (about 30 minutes), gently remove the comb. It is important that the gels have completely solidified before the comb is removed.
6. Being very careful so that the gel does not slide off the gel tray, remove the two rubber dams from each end of the gel tray.
7. The gels may be stored by placing them in a zip-lock bag or other plastic container. Refrigeration is best, but not required.

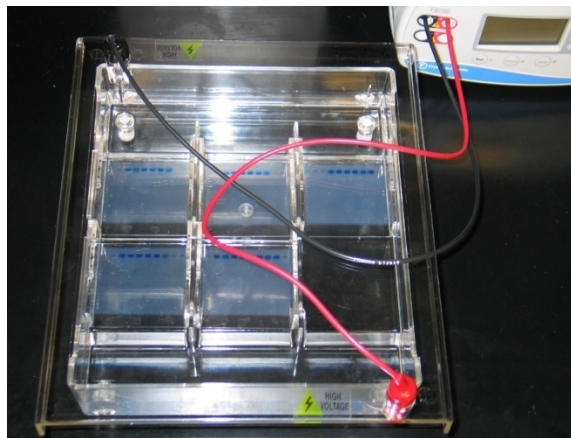


Step 4 – Prepare Electrophoresis Running Buffer

1. Measure out 1000 ml of 1X TAE buffer from Step 1. This now is the electrophoresis running buffer that will be used to run the gels. The gel box requires approximately 1000 ml of running buffer. The buffer may be stored at room temperature or in a refrigerator.

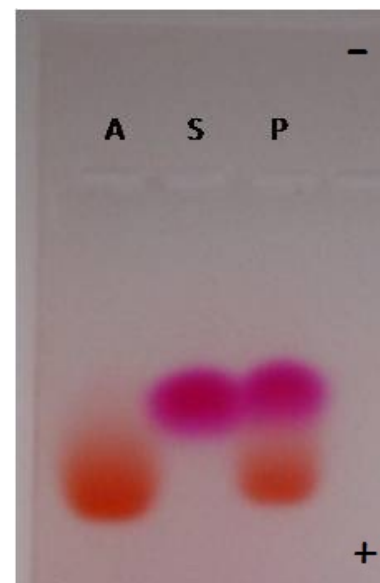
Step 5 – Electrophoresis of the Samples (following student Laboratory Protocol)

1. The electrophoresis gel box holds all six gel trays. The gel trays are labeled “1-6” with one being extra. Assign up to two student groups on one gel tray and assign three wells per group. Each gel has 8 wells, so assign wells #2-4 and wells #6-8 to the two student groups using each gel.
2. Next, the gels will be loaded dry at the students’ tables. Students will load 20 μ l of the hemoglobin samples to their assigned wells. Finally, be very careful picking up the gel trays and adding them to the gel box (notice there is a notch at the top of the gel tray that fits or “locks” into place in the gel box). Be sure to **place the gel trays in the gel box so the ends containing the wells are closest to the black electrode** or the samples will run backwards. This gel box holds two rows of gel trays so both rows must be oriented the same way in the gel box (see picture).
3. Next, slowly pour 1000 ml of the **1X TAE running buffer** into the bottom chamber of the gel box (nearest the red electrode). **Do not pour the buffer directly onto the gel** or the samples may come out of the wells. The gels in the trays need to be completely submerged to run, but the top of the trays (sides) will be exposed out of the buffer while running.
4. Once gels have been placed in the gel box and the running buffer added, be careful not to disturb the electrophoresis apparatus.
5. Place the cover on the gel box matching black and red electrodes.
6. Connect the gel box lid to the power supply, again matching black and red electrodes to the colors marked on the ports of the power supply.
7. Follow the printed directions found on the top of the power supply to start the run. The voltage selector on the power supply should be set to 200 V and your timer should be set for 15 minutes.
8. To confirm proper operation of the power supply, look for bubbles rising from the electrodes and that the samples are moving in the proper direction (“running towards the red”).
9. When the gels are done turn off the power supply and disconnect the lid of the gel box from the power supply.
10. Remove the gel trays from the box.
11. The hemoglobin bands are best visualized when viewed against a white background or even better on a light box.
12. When done, the running buffer may be poured down a sink drain. Used gels can be disposed of in the trash.
13. After use, the gel box and trays should be rinsed with tap water and allowed to air dry.



Step 6 – Interpretation of Results

The Normal hemoglobin control will have an orangish-red band that appears lower in the gel because it runs faster with a -2 net charge. The Sickle hemoglobin control will have a pinkish-red band that appears higher in the gel because it does not run as fast with only a -1 net charge. Patient results will vary. Some patient samples will display two bands (one orangish-red and one pinkish-red representative of a carrier of the sickle cell trait), others will be positive for sickle cell anemia (with only a pinkish-red band), while some will be negative for sickle cell anemia (with only an orangish-red band). Students may notice that the bands are different colors. This is because we use a dye, and not real hemoglobin, for this lab. You can handle this with your students in two ways: either inform them that we are using dyes and not real hemoglobin and that real hemoglobin does not differ in color between normal and sickle, or you could tell the students that the color is not a reliable indicator. Either way, make sure the students are only looking at distance migrated, rather than color, when interpreting results. Students should draw their results in the diagram on the lab protocol sheet.



To facilitate discussion, choose a representative gel of each outcome and put the gels on an Elmo if applicable. Highlight the bands projected on the board with a marker. Some sample questions for discussion include:

- What can be inferred from the results of the test?
- How can the presence of two bands in some patient samples be explained?

Mystery of the Crooked Cell

Student Worksheet Answer Key

6. What is the function of the agarose gel?
The agarose gel holds the samples and serves as a matrix in which different molecules can be separated. In this lab, different hemoglobin proteins (normal and sickle) are separated by their difference in charge.
7. Why is the gel in electrophoresis buffer?
The gel is in electrophoresis buffer to help conduct electricity through the gel.
8. What are the charges of normal and sickle cell hemoglobin? Which electrode on the gel box will the hemoglobin protein move towards?
Normal hemoglobin = -2 and Sickle hemoglobin = -1. Both normal and sickle hemoglobin are negatively charged, so they will both move towards the positive electrode (red) because opposite charges attract.
9. What must you be careful of when loading the samples into the wells of the gel?
You must be careful not to damage the gel (accidentally poke, rip, or tear the gel) and to make sure all of your sample goes into the well and hasn't spilled out of the well.
10. Even though the hemoglobin in the normal and sickle controls look very similar in the tubes, how do they look different in the gel (talk about migration of bands, not colors)?
In the gel, the normal hemoglobin will appear lower in the gel because it has traveled farther down the gel due to its -2 charge. The sickle hemoglobin will appear higher in the gel (closer to the wells) because it hasn't traveled as far down the gel as the normal hemoglobin due to its smaller negative charge of -1. The normal hemoglobin has a greater negative charge and will, therefore, have a greater attraction to the positive electrode and will move faster than the sickle hemoglobin with a smaller negative charge.
11. What is your diagnosis for your patient?
(Results will vary among student groups) If the Patient sample has sickle hemoglobin, then the diagnosis would be Sickle Cell Anemia based on this test result and the patient's symptoms. If the Patient sample has both normal and sickle hemoglobin, then the diagnosis would be that of a Carrier for Sickle Cell Anemia (or known as having the Sickle Cell Trait). If the Patient sample has only normal hemoglobin, then the diagnosis is unknown as only Sickle Cell Anemia can be ruled out. Based on the patient's symptoms, the patient may have some disease state, but cannot be accurately diagnosed by this test, so additional testing will need to be performed.
12. Explain to the patient how you determined their test results. Assume the patient is not familiar with the test, so you'll need to describe how gel electrophoresis works.
Students should explain all aspects of gel electrophoresis: how the gels hold the samples, why electrophoresis buffer and electricity is used, what happens to the differently charged hemoglobin molecules, and how normal and sickle hemoglobin controls are used to help determine the Patient's hemoglobin results.

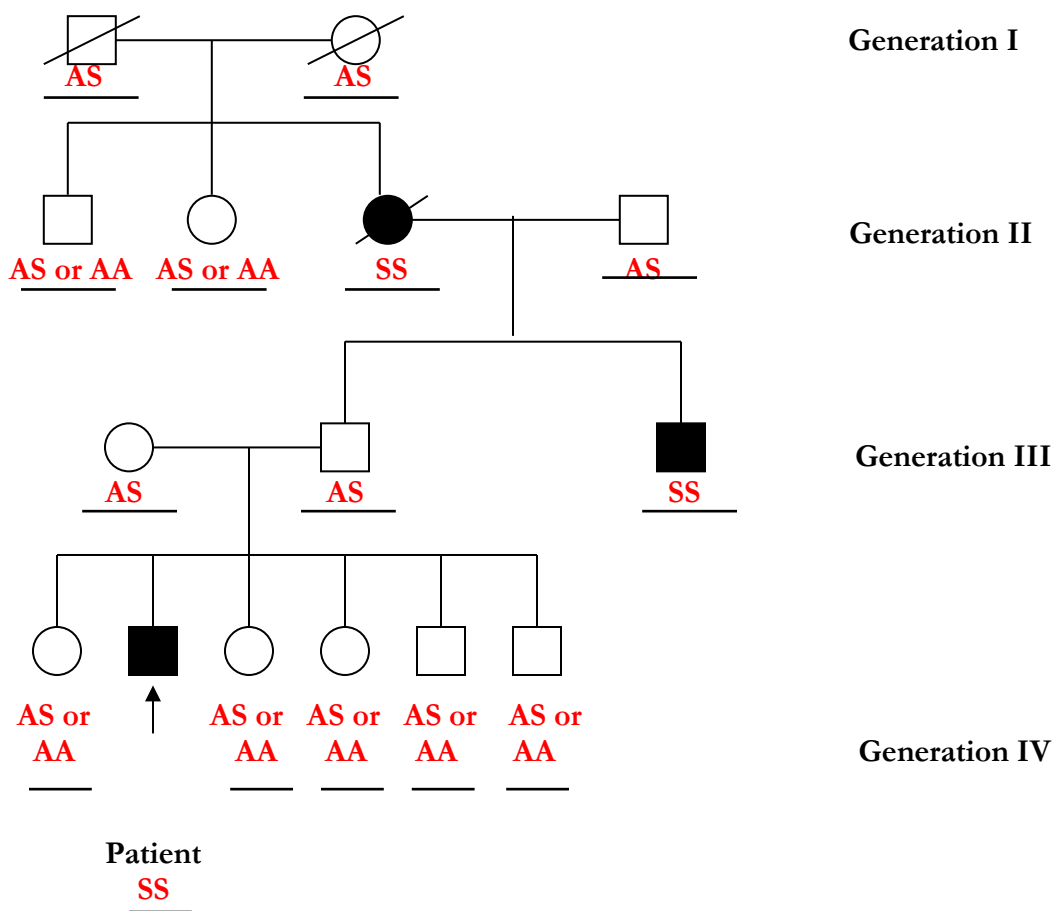
Mystery of the Crooked Cell

Activity C Answer Key

For the family history below, write the possible genotype or genotypes on the line under the symbol for each individual. Some individuals may have more than one possible genotype, while for some individuals you will be able to determine their exact genotype.

Normal Hemoglobin gene = A

Sickle Hemoglobin gene = S



Key to symbols

□ Male

○ Female

Deceased

Offspring

■ Male affected

● Female affected

Parents

Mystery of the Crooked Cell

Extension Activities

Discussion Topics

The investigation can serve as the centerpiece for a variety of topics to be explored further:

Inheritance

Genotypes can be derived from the phenotypic results expressed on the gel, and the probability of inheriting sickle cell anemia can be predicted given the genotypes of the parents.

Natural Selection

The sickle cell allele is more prevalent in races whose gene pools originated in tropical areas. People of African, Asian, and Hispanic-Caribbean descent have a higher incidence of sickle cell anemia. Selective pressure for the allele results from its ability to decrease the mortality rate of people infected with malaria. Malaria is caused by a parasite in the genus *Plasmodium*, which is transmitted to human hosts by mosquitoes. *Plasmodia* infiltrate red blood cells where they multiply and eventually rupture the cell. Cells with sickle cell hemoglobin are less susceptible to infection by *Plasmodia*. Therefore, carriers of the sickle cell trait (heterozygotes) benefit from the presence of sickle cell hemoglobin while remaining largely asymptomatic (some heterozygous individuals may show mild symptoms) with respect to sickle cell anemia.

Random Mutation/Selective Pressure

Plasmodium did not infect humans 10,000 years ago; it was an avian pathogen. However, a mutation in *Plasmodium* enabled it to jump species and infect humans. Ask students whether they think anyone could have had sickle cell anemia prior to 10,000 years ago. It often leads to a discussion concerning random mutations and the distinction between a Lamarkian and Darwinian perspective on evolution.

Treatments

Ask students how they would treat sickle cell anemia based on their knowledge of the disease. Bone marrow transplants, blood transfusions, and gene therapy are often mentioned. Recently, attention has been given to turning on the fetal hemoglobin gene, which is turned off shortly after birth. Hydroxyurea, which has been used to treat cancer and blood disorders, has been found to stimulate the production of fetal hemoglobin.

Other Activities

- Use the *Punnett Squares* documents on the next page to give students more practice with Punnett Squares. This extension activity allows students to determine the probability if parents will have a child who either has sickle cell anemia, does not have sickle cell anemia, or is a carrier for sickle cell anemia.
- Sickle cell anemia is an example of one genetic condition for which there is a test but no cure. Have groups of students research other inherited conditions for which there is a test but no cure - for example; cystic fibrosis, Huntington's disease, muscular dystrophy, and fragile x syndrome. Each group can make an informative display about the disease. The display could be in the form of a poster, mobile, booklet, radio broadcast, interview, role-play etc. After each group has made a presentation about the disease, create a role-play in which a genetic counselor presents a scenario, for example:

Both parents are carriers for sickle cell anemia, cystic fibrosis, or any recessive disorder. The couple decides whether or not to try to have children.

One spouse's parent has been diagnosed with Huntington's disease. The couple has two young children. The counselor asks whether they want to be tested.

The role-plays can lead to interesting discussions among the students. You can facilitate by writing down ideas and issues on the board as they come up.

- Howard Hughes Medical Institute (HHMI) BioInteractive has a film about sickle cell anemia and its connection to malaria titled *The Making of the Fittest: Natural Selection in Humans*. The film and film's curriculum guide can be found here:
<https://www.hhmi.org/biointeractive/making-fittest-natural-selection-humans>.

Suggested readings:

- American Society of Hematology: Sickle Cell Disease -
<http://asheducationbook.hematologylibrary.org/content/2004/1/35.full.pdf+html>
- Seminar on Sickle-cell Disease - http://ac.els-cdn.com/S014067361061029X/1-s2.0-S014067361061029X-main.pdf?_tid=29ef7298-58b4-11e6-ad93-00000aacb361&acdnat=1470144330_85ad35a9538022abf51c5412e3772464

Mystery of the Crooked Cell

Punnett Squares

For each sickle cell anemia scenario below, use Punnett Squares to determine the *probability* that the parents would have a child who. . .

- has the disease (SS)
- does not have the disease; is normal (AA)
- is a carrier for the disease (AS)

The mother's alleles have already been entered at the top of each Punnett Square for you.

- 1) Add the father's alleles to the left side of each Punnett Square.
- 2) Fill in each square with the appropriate possible genotype for the parents' children. The two letters in the square represent the possible genes the child will inherit from his/her parents.
- 3) Determine the probability that parents with the given combination of alleles will have children with the genotypes you listed.

I) If Mom is normal (AA) and Dad has the disease (SS):

	A	A

The probability that they will have a child who...

- has the disease (SS) = ____/4 = _____%
- is normal (AA) = ____/4= _____%
- is a carrier for the disease (AS) = ____/4= _____%

II) If Mom is normal (AA) and Dad is a carrier (AS):

	A	A

The probability that they will have a child who...

- has the disease (SS) = ____/4 = _____%
- is normal (AA) = ____/4=_____%
- is a carrier for the disease (AS) = ____/4=_____%

III) If Mom is a carrier (AS) and Dad is a carrier (AS):

	A	S

The probability that they will have a child who...

- has the disease (SS) = ____/4 = _____%
- is normal (AA) = ____/4=_____%
- is a carrier for the disease (AS) = ____/4=_____%

IV) If Mom has the disease (SS) and Dad is a carrier (AS):

	S	S

The probability that they will have a child who...

- has the disease (SS) = ____/4 = _____%
- is normal (AA) = ____/4=_____%
- is a carrier for the disease (AS) = ____/4=_____%

Name of group members: _____

Mystery of the Crooked Cell

Patient Description Sheet

In 1904, a student from the West Indies came to a Chicago physician, Dr. James Herrick, with a puzzling condition. Below is a summary of some of the observations Dr. Herrick made. Your job is to learn more about this condition and to find out how the disease affects the body. Read the description below and underline the information that you think may provide important clues that will help you understand the disease.

The patient reports feeling well most of the time. But he also reports odd reoccurring events. For instance, one day after a short swim, he became so tired that he could hardly move. He became short of breath and complained of pain in his joints and muscles, especially his arms and legs. He felt unusually weak and required bed rest lasting a few weeks. These symptoms occurred repeatedly during his youth. He also had frequent fevers and infections.

The patient complained of fatigue and soreness in the joints. Upon inspection, the whites of his eyes had a yellowish tint. He complained of pain in the left abdominal area, which was tender to the touch.

A family history reveals that he has two brothers and three sisters. None of them have this condition. His uncle and his grandmother often had similar symptoms. His grandmother died a young woman. His parents do not have this condition.

James Herrick

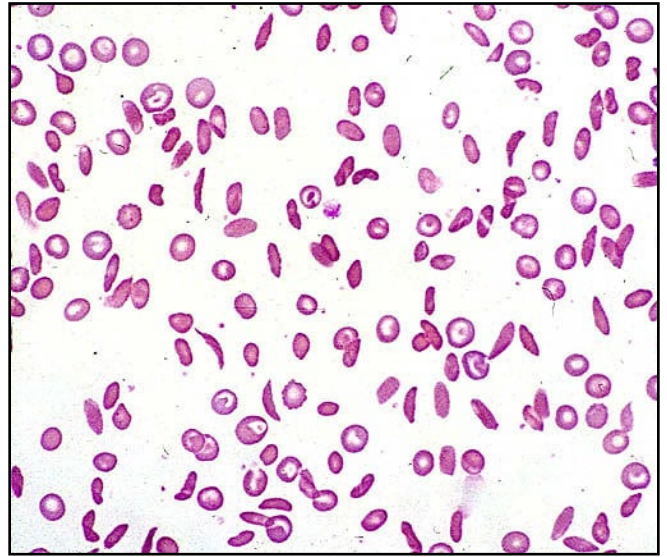
Names of group members: _____

Mystery of the Crooked Cell

Activity A Guide Sheet

Observe the photograph below of human red blood cells from a patient who has the disease sickle cell anemia.

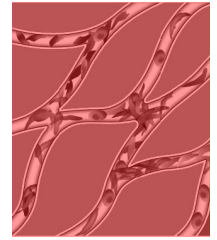
Describe in the space below what the red blood cells look like.



www.pathology.vcu.edu/education/dental2/lab8.html

Name of group members: _____

Mystery of the Crooked Cell



Activity B Guide Sheet

The flasks at this activity represent the pathways of blood in the body. As blood flows away from the heart, the arteries become narrower. Red blood cells must flow freely through the body in order for the blood to do its job delivering oxygen and picking up waste.

In this activity, the flasks represent the human body (specifically the veins and arteries where blood flows). The clay pieces represent red blood cells

- Doughnut-shaped red clay pieces represent red blood cells with normal hemoglobin protein
- Sickle-shaped (or banana-shaped) red clay pieces represent red blood cells that contain mutated hemoglobin that causes the cell to change shape (sickle)

Create three flasks to represent the following patients by filling each bottle with the appropriately-shaped red blood cells:

1. Normal patient – 5 red blood cells with normal hemoglobin
2. Sickle Cell patient – 5 red blood cells with sickle hemoglobin
3. Carrier – 2 red blood cells with normal hemoglobin and 3 red blood cells with sickle hemoglobin

Putting your finger over the top of the flask, slowly turn the flask upside down and observe the red blood cells as they flow through the neck of the flask, which represents an artery in the body.

After you are finished, empty the flasks for the next group.

Answer the following questions:

1. What do the doughnut-shaped red pieces of clay represent?
2. What do the curved, or sickle-shaped, red pieces of clay represent?
3. What do the flasks represent?
4. Describe the movement of the red blood cells in each flask:
 - a. Normal patient:
 - b. Sickle patient:
 - c. Carrier patient:

Name of group members: _____

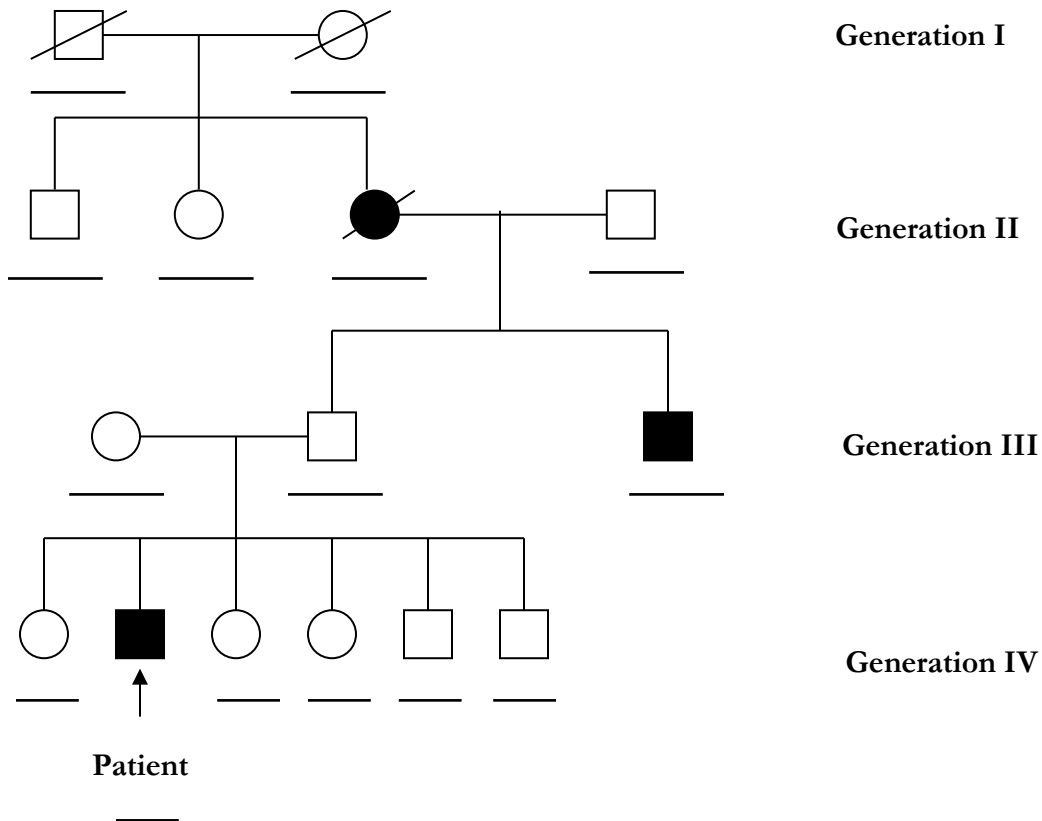
Mystery of the Crooked Cell

Activity C Guide Sheet

For the family history below, write the possible genotype or genotypes on the line under the symbol for each individual. Some individuals may have more than one possible genotype, while for some individuals you will be able to determine their exact genotype.

Normal Hemoglobin gene = A

Sickle Hemoglobin gene = S



Key to symbols



Male



Female



Deceased



Offspring



Male affected



Female affected



Parents

Mystery of the Crooked Cell

Laboratory Protocol

Loading Samples

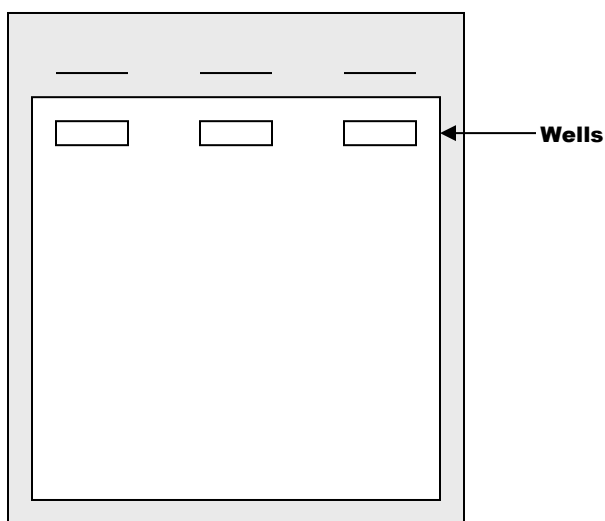
1. Your teacher will assign you a gel and a set of well numbers. Write your well numbers in the table:

Gel Tray Number:	
Samples	Well Numbers
Normal Hemoglobin (A)	
Sickle Cell Hemoglobin (S)	
Patient's Hemoglobin (P)	

2. Load **20 μ l** of each of the normal hemoglobin control **“A”**, the sickle cell hemoglobin control **“S”**, and the patient's hemoglobin sample **“P”** into your assigned wells of the gel.
Use a new pipette tip between the different samples to prevent contamination.
3. Once all samples are loaded into the gel, your teacher will place the gels in the electrophoresis box, pour electrophoresis buffer into the gel box, and cover it with the lid. Your teacher will hook the box up to a power supply and start running the gel at 200 volts for 15 minutes.

Sample Analysis

4. Observe the banding patterns on your gel. Do you see a difference between the normal and sickle cell hemoglobin controls? Compare the patient's hemoglobin to the normal and sickle cell controls; which one is it similar to?
5. Draw what you see on your gel below. Be sure to label the wells with sample names, label both the positive and negative electrodes, and draw the direction of migration of the samples.



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Student Worksheet

6. What is the function of the agarose gel?
7. Why is the gel in electrophoresis buffer?
8. What are the charges of normal and sickle cell hemoglobin? Which electrode on the gel box will the hemoglobin protein move towards?
9. What must you be careful of when loading the samples into the wells of the gel?
10. Even though the hemoglobin in the normal and sickle controls look very similar in the tubes how do they look different in the gel (talk about migration of bands, not colors)?
11. What is your diagnosis for your patient?
12. Explain to the patient how you determined their test results. Assume the patient is not familiar with the test, so you'll need to describe how gel electrophoresis works.