Primary Care
Health Center Providers

Lisa Murray, MD
Rocela Lopez, MD
Rogers Anderson, PA-C
Holly Schlossenberg, PA-C
Linda Sindler, CRNP
Rebecca Wood, PA-C
Health Center Services

Common Illnesses & Injuries  Smoking Cessation
Physical Exams  Massage Therapy
GYN Exams
Allergy Shots
Contraceptive Counseling & Services
STI Testing
Lab Services
Immunizations & TB Testing
Suturing

We want to be your student’s primary care at TU!
Making Appointments

Hours: Monday – Friday, 8:00am – 5:00pm

Nurse Advice Line (for all after hours concerns):
410-704-2466

Online: Access our secure web portal at tigerhealth.towson.edu

Phone: Call 410-704-2466 during business hours

Walk-In: Walk-in appointments are accepted upon availability (scheduled appointments are preferred)

Come in early to beat the rush!
What to Bring

- Insurance Card, policy holder’s name, date of birth, and address
- Towson University ID

Upload insurance card to Tiger Health Portal
Payment and Insurance

• We accept most major insurance plans
• Co-pays are billed after to Bursar account or TU One Card
• You will **not** be automatically signed up for health insurance (no hard waiver)
• If you would like to purchase our insurance, visit [aetnastudenthealth.com](http://aetnastudenthealth.com)
Insurance Accepted

- **Aetna**: PPO, POS*, MCO*, HMO*
- **Amerigroup**: Medicaid Managed Care*
- **Carefirst Plans Blue Cross Blue Shield Blue Choice**: All PPO, POS* Plans, HMO*
- **Cigna**: PPO, HMO*, POS*
- **Coventry Health Care/First Health**: First Health National Network
- **GHI/Emblem Health**: PPO
- **Johns Hopkins Employee Health**: Employee Health Plan
- **Kaiser**: MCO, Gold Plan
- **Maryland Medicaid Plan**: In state
- **PCHC/MultiPlan**: PPO
- **Humana East Region/CHAMPVA**: Humana East Region (New Tricare plan, Prime (must change their primary care to a TU provider)
- **Medicare**: Medicare B (bring the policy holder’s social security number)
- **United Health Care HMO/MCO** – OneNet, Oxford, Optimum Choice, MDIPA, GEHA, Empire and Community Care: PPO, POS*, HMO*, Medicaid Managed Care*

*Patients with an HMO, POS, Out of State EPO or participating MCO plan are responsible for changing their PCP to a TU Health Center provider in advance or establish global authorization to use Towson University Health Center.

Teresa Caldwell, Insurance and Billing Supervisor
tcaldwell@towson.edu
(410) 704-2466
Dispensary

- Dispensary is provided at Student Health Services for student convenience
- A dispensary is different from a pharmacy, we are not able to accept insurance for medications provided in the dispensary and they are not eligible for Flexible Spending Accounts

Afrin Nasal Decongestant Original

Mucinex extended-release bi-layer tablets

Azithromycin Tablets, USP

Student Health Services
Local Services
Privacy

• All medical information for adult care remains private
• Students can grant permission to share medical information episodically
• In emergency situations or if student is unable to communicate, the TU designated emergency contact will be informed

Please respect your student’s privacy
Public Health
Immunization Requirements

All Students:
• MMR (two doses on or after first birthday)
• TDAP (one dose of adult TDAP after 2005)
• Tuberculosis Risk Screening Questionnaire

Students living on campus:
• Meningococcal A
• Meningococcal B recommended

Complete requirements by August 15th

Students not in compliance will be fined $35 and have a registration hold for spring semester.
Gather Immunization Records

- Gather records of immunizations
- We accept any legible documentation in English, including copies of medical records
- If your provider needs a form to complete, you can utilize our form

www.towson.edu/healthcenter/documents/2016immunizationform.pdf
Upload immunizations
Start at Towson.edu/healthcenter

Click on the red box
Log in to Tiger Health Portal

Log in using TU username and password
Log in to Tiger Health Portal

Enter date of birth

Towson University Health Center

Welcome back! To confirm your identity, you must provide the following additional personal information:

Please confirm your date of birth:

Feb 28 1999

[Proceed] [Cancel]
Complete Immunization History

Click: “Required: Immunization History”
Enter and Upload Immunization History

Enter dates for each immunization
Enter and Upload Immunization History

Upload immunization record
Enter and Upload Immunization History

Click red “Submit Final” button
Complete Tuberculosis Exposure Risk Screening Questionnaire

Click: “Required: Tuberculosis Exposure Risk Screening Questionnaire”
Complete Tuberculosis Exposure Risk Screening Questionnaire

Answer the questions and click “Submit Final”
Upload Insurance Card

Upload pictures of insurance card and click "Save"
Health Education
Preparing for TU: What to Pack

- Thermometer
- Bandages, cotton balls, cotton swabs
- Antiseptic wipes and antibiotic ointment
- Disposable gloves and gauze pads or rolls
- Cold and hot packs
- Acetaminophen, aspirin, ibuprofen, or naproxen
- Decongestant
- Antihistamines
- Cough medicine
- Antacids
- Creams for rashes and bites
- Tweezers
Health Education & Involvement Opportunities

Towson University Consent
Sexual Assault Peer Educators

Healthy Campus Wellness TU

Sexual Health Awareness Group

TU Towson University Student Health Services
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<td>Matt Goldstein, DHSc, PA-C&lt;br&gt;(410)704-4011&lt;br&gt;<a href="mailto:mmgoldstein@towson.edu">mmgoldstein@towson.edu</a></td>
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www.towson.edu/healthcenter<br>healthcenter@towson.edu<br>410-704-2466

TUHealth @TU_Health @TU_Health