Availability of Summary Health Information

As an employee, the health benefits available to you represent a significant component of your compensation package. They also provide important protection for you and your family in case of illness or injury.

The State of Maryland offers a series of health coverage options. Choosing a medical plan is an important decision. To help you make an informed choice, we make available a number of documents including our Guide to Your Health Benefits (Guide) and a Summary of Benefits and Coverage (SBC). The SBC summarizes important information about any of the medical plan options available to you in a standard format to help you compare options. The Guide provides a more detailed description of all of the health benefits options available to you, not just the medical plans.

The SBCs are available on our website at www.dbm.maryland.gov/benefits. A paper copy is also available, free of charge, by calling the Employee Benefits Division at 410-767-4775 or 1-800-307-8283.