Maryland Food Bank
Resource Guide
A County-by-County guide to Food Assistance.

Table of Contents

Allegany County ............................................................................................................. 2
Anne Arundel County ..................................................................................................... 2
Baltimore County ............................................................................................................ 3
Baltimore City .................................................................................................................. 4
Calvert County ................................................................................................................ 5
Caroline County .............................................................................................................. 5
Carroll County ............................................................................................................... 6
Cecil County ...................................................................................................................... 6
Charles County ................................................................................................................ 6
Dorchester County ......................................................................................................... 7
Frederick County ............................................................................................................ 7
Garrett County ............................................................................................................... 8
Harford County .............................................................................................................. 8
Howard County ............................................................................................................... 8
Kent County ................................................................................................................... 8
Montgomery County ...................................................................................................... 9
Prince George’s County ................................................................................................. 9
Queen Anne’s County ................................................................................................. 10
Somerset County .......................................................................................................... 11
Saint Mary’s County ..................................................................................................... 11
Talbot County ................................................................................................................. 11
Washington County ...................................................................................................... 11
Wicomico County ......................................................................................................... 12
Worcester County ........................................................................................................... 12
Additional Resources ..................................................................................................... 14
**Allegany County**

**LaVale UMC Pantry**
- Address: 565 National Hwy. LaVale, MD 21502
- Phone: 301-722-6800
- Website: [http://www.lavale.org/food.html](http://www.lavale.org/food.html)
- Email: lcia21502@gmail.com

**WEST Maryland Food Bank**
- Address: 816 Frederick St. Cumberland, MD 21502
- Phone: 301-722-2797
- Website: [www.foodbanks.net/organization/706/WESTmaryland-foodbank/](http://www.foodbanks.net/organization/706/WESTmaryland-foodbank/)
- Email: dloar@atlanticbb.net

**Anne Arundel County**

**The Salvation Army-Annapolis**
- Address: 351 Hilltop Ln. Annapolis, MD 21403
- Phone: 410-263-4095
- Website: [https://salvationarmypotomac.org/annapolis/](https://salvationarmypotomac.org/annapolis/)

**ACAN Food Pantry**
- Address: 429 Asbury Dr. Severna Park, MD 21146
- Phone: 410-647-7667
- Website: [https://acansevernapark.org/](https://acansevernapark.org/)

**Franklin UMC Pantry**
- Address: 5345 Deale-Churchton Rd. Churchton, MD 20733
- Phone: 410-867-3521
Baltimore County

Towson University FoodShare
- Address: Ward & West Health & Counseling, 8000 York Road, Towson, MD 21252
- Email: foodshare@towson.edu
- Website: www.towson.edu/foodshare

Catonsville Emergency Assistance
- Address: 25 Bloomsbury Ave. Catonsville, MD 21228
- Phone: 410-747-4357
- Website: https://www.facebook.com/catonsvillehelp/
- Email: info@catonsvillehelp.org

Edgemere Church of God
- Address: 7414 Ellen Ave. Sparrows Point, MD 21219
- Phone: 410-477-0697
- Website: https://www.edgemerechurch.com/

Helping Hands Food Pantry
- Address: 7903 Bradshaw Rd. Upper Falls, MD 21156
- Phone: 410-592-2226
- Website: https://www.stpaulskingsville.org/missions/helping-hands-food-pantry/

Loaves and Fishes at Mt Olive United Methodist
- Address: 5115 Old Court Rd. Randallstown, MD 21133
- Phone: 410-922-2853
- Website: https://mountoliveumcmd.org/loaves-and-fishes/
- Email: office.mtoliveumc@gmail.com

Mount Calvary AME Church
- Address: 349 Eudowood Ln. Towson, MD 21286
- Phone: 410-296-9474
- Website: https://www.mtcalvaryame.org/
- Email: adminasst@mtcalvaryame.org
Assistant Center of Towson Churches

• Address: 116 W. Pennsylvania Ave. Towson, MD 21204
• Phone: 410-296-4855
• Website: http://actconline.info/
• Email: actc316@gmail.com

Baltimore City

Edgemere Church of God

• Address: 2629 Huntingdon Ave. Baltimore, MD 21211
• Phone: 443-750-2846
• Website: http://www.guardianangelremington.org/
• Email: guardianangelremington@gmail.com

GEDCO CARES

• Address: 1010 East 33rd Street, Baltimore, MD
• Phone: 410-433-2442
• Website: https://gedco.org/what-we-do/community-services/cares/

Jonah House

• Address: 1301 Moreland Ave. Baltimore, MD 21216
• Phone: 410-233-6238
• Website: http://www.jonahhouse.org/2020/04/jonah-house-food-pantry-still-open/

Macedonia Project

• Address: 5401 Frankford Ave. Baltimore, MD 21206
• Phone: 410-488-5650
• Website: https://www.newcreation-md.org/our-community/macedonia-project/

New Life Food Pantry/ New Life Evangelical Baptist Church

• Address: 2401 E North Ave. Baltimore, MD 21213
• Phone: 443-800-0213
• Website: https://newlifepantry.org

Calvert County

Chesapeake Cares Food Pantry
• Address: 6045 Solomons Island Rd. Huntingtown, MD 20639
• Phone: 410-257-0700
• Website: https://chesapeakechurch.org/foodpantry/
• Email: info@chesapeake.org

End Hunger in SOUTH County
• Address: 6201 Solomons Island Road, Huntingtown, MD, 20639
• Phone: 410-257-5672
• Website: http://endhungercalvert.org/
• Email: info@endhungercalvert.org

St. Anthony’s Ladies of Charity
• Address: 8916 Chesapeake Avenue, North Beach, MD 20714
• Phone: 301-855-6681
• Website: https://www.northbeachmd.org/home/news/ladies-charity-food-pantry

Caroline County

Denton Church of Free Seventh Day Adventist
• Address: 401 Aldersgate Dr. Denton, MD 21629
• Phone: 302-670-0570
• Website: http://www.freesda.org/freesdachurches/marylandchurches.html

St. Martin’s Ministries
• Address: 14376 Benedictine Ln. Ridgely, MD 21660
• Phone: 410-639-2537
• Website: https://www.martinshouseandbarn.org/about-us
• Email: info@mhandb.org

Carroll County

Deeds of Faith Pantry
• Address: 640 Lucabaugh Mill Rd. Westminster, MD 21157
• Phone: 410-848-5537
• Website: https://www.mycrosswind.com/foodpantry
• Email: info@mycrosswind.com

Tree of Friends Foundation
• Address: 3197 Main St. Manchester, MD 21102
• Phone: 443-507-8564
• Website: Tree of Friends Foundation (ToFF) | Facebook
• Email: toffpantry@gmail.com

Cecil County

Baldwin UMC Pantry
• Address: 756 Elk Mills Rd. Elk Mills, MD 21920
• Phone: 410-923-6311
• Website: http://baldwinumc.com/

Tabitha’s Pantry Outreach
• Address: 1168 W Old Philadelphia Rd. North East, MD 21901
• Phone: 443-907-5566
• Website: https://www.facebook.com/TabithasPantry/

Charles County
LifeStyles of Maryland Foundation, Inc.
- Address: 10453 Theodore Green Blvd., White Plains, MD, 20695
- Phone: 301-609-9900
- Website: www.lifestylesofmd.org

Southern Maryland Food Bank
- Address: 22A Iron Gate Dr. Waldorf, MD 20602
- Phone: 301-274-0695
- Website: https://southernmarylandfoodbank.com/

Dorchester County

Delmarva Community Action Center
- Address: 2450 Cambridge Beltway, Cambridge, MD
- Phone: 410-901-2991
- Website: http://www.dcsdct.org/community-action--poverty-services.html

St. Andrew’s Episcopal Church
- Address: 303 S Main St. Hurlock, MD 21643
- Phone: 410-726-7289
- Website: https://episcopalchurch.org/parish/st-andrews-episcopal-church-hurlockmd

Frederick County

Gale Recovery
- Address: 124 E. Baltimore Street, Hagerstown MD, 21740
- Phone: 301-739-7748
- Website: https://www.wellshouse.org/locations/frederick-md/

Thurmont Food Bank
- Address: 10 Frederick Rd. Thurmont, MD 21788
- Phone: 301-712-5356
• Website: www.thurmontfoodbank.com
• Email: thethurmontfoodbank@gmail.com

Garrett County

Oak Park Church of the Brethren

• Address: 110 Church Ln. Oakland, MD 21550
• Phone: 301-334-2243
• Website: https://www.facebook.com/OakParkChurchofTheBrethren/
• Email: oakparkcob@gmail.com

Harford County

Bel Air UMC Emergency Pantry

• Address: 21 Linwood Ave. Bel Air, MD 21014
• Phone: 443-893-8363
• Website: https://belairumc.org/
• Email: baumc.com

Trinity Evangelical Lutheran Church

• Address: 1100 Philadelphia Rd. Joppa, MD 21085
• Phone: 410-679-4000
• Website: www.trinityjoppa.org
• Email: contactus@trinityjoppa.org

Howard County

Open Doors Food Pantry

• Address: 12430 Scaggsville Rd. Highland, MD 20777
• Phone: 301-854-2324
• Website: https://www.foodpantries.org/li/mt-zion-united-methodist-church

SOUTH County Food Bank

• Address: 9385 Gerwig Ln. Columbia, MD 21046
• Phone: 410-313-6440
• Website: https://cac-hc.org/

St. John Baptist Church

• Address: 5495 Cedar Ln. Columbia, MD 21044
• Phone: 410-992-6977
• Website: https://www.facebook.com/SJBCDiscover/

Kent County

Community Food Pantry

• Address: 401 High St. Chestertown, MD 21620
• Phone: 410-778-0550
• Website: www.kentfoodpantry.org

Millington Crumpton Food Pantry

• Address: 392 Cypress St. Millington, MD 21651
• Phone: 443-480-0053
• Website: https://www.kentcounty.com/personal-services/food-and-nutritionassistance/millington-crumpton-food-pantry-of-asbury-umc

Montgomery County

Capital Area Food Bank
• Address: 4900 Puerto Rico Ave NE, Washington DC 20017
• Phone: 202-644-9800
• Website: Food Bank for the Washington, DC, Region | Capital Area Food Bank

Prince George’s County

Capital Area Food Bank
• Address: 15853 Commerce Court Upper Marlboro, MD 20774
• Phone: 202-644-9807
• Website: https://www.capitalareafoodbank.org/covid19response/#get-help

Queen Anne’s County

Haven Ministries
• Address: 206 Del Rhodes Ave. Queenstown, MD 21658
• Phone: 410-827-7194
• Website: https://haven-ministries.org/how-haven-helps/haven-ministriesemergency-food-pantry/

New United Methodist Church
• Address: 110 Union Wesley Cir. Chester, MD 21619
• Phone: 410-643-5881
• Website: New United Methodist Church | Love God. Love People. (newumchurch.org)
Somerset County

Catholic Charities Seton Center

- Address: 30632 Hampden Ave. Princess Anne, MD 21853
- Phone: 410-651-9608
- Website: https://www.catholiccharitiesusa.org/

Living Hope Ministries of the EAST Shore

- Address: 27331 Crisfield Marion Rd, Crisfield, MD 21817
- Phone: 410-623-2510
- Website: https://www.facebook.com/LHMES/

Saint Mary’s County

Helping Hands Food Pantry

- Address: 28291 Old Village Rd. Mechanicsville, Maryland 20659
- Phone: 301-247-2785
- Website: https://www.stjohnsparishhollywood.org/helping-hands

Talbot County

Neighborhood Service Center

- Address: 126 Port St. Easton, MD 21601
- Phone: 410-822-5015
- Website: https://www.nsctalbotmd.org/

St. Michaels Community

- Address: 207 N. Talbot St., St. Michaels, MD 21663
- Phone: 410-745-6073
- Website: http://www.stmichaelscc.org/
Washington County

**Washington County Community Action Council, Inc**
- Address: 117 Summit Ave. Hagerstown, MD 21740
- Phone: 301-797-4161
- Website: [http://www.wccac.org/](http://www.wccac.org/)

**Battlefield Bible Church**
- Address: 7708 Sharpsburg Pike Fairplay, MD 21733
- Phone: 301-991-2084
- Website: [Contact | Battlefield Bible Church](Contact%20|%20Battlefield%20Bible%20Church)

Wicomico County

**Emmanuel Wesleyan Food Pantry**
- Address: 217 Beaglin Park Dr. Salisbury, MD 21804
- Phone: 410-749-6594
- Website: [https://www.emmanuelchurch.live/outreach](https://www.emmanuelchurch.live/outreach)

**Fruitland Baptist Church**
- Address: 630 Clyde Ave. Fruitland, MD 21826
- Phone: 410-749-1999
- Website:

Worcester County

**Diakonia, Inc**
- Address: 12747 Old Bridge Rd. Ocean City, MD 21842
- Phone: 410-213-0923
- Website: [https://diakoniaoc.org/](https://diakoniaoc.org/)
Sara's Pantry

- Address: 11227 Racetrack Rd. Berlin, MD 21811
- Phone: 410-641-5433
- Website: https://www.icarol.info/ResourceView2.aspx?org=2046&agencynum=68900892
## Additional Resources

### Towson University FoodShare
- [http://www.towson.edu/foodshare](http://www.towson.edu/foodshare)
- The FoodShare is an on-campus pantry that provides weekly assistance to TU Students, Faculty and Staff experiencing food insecurity.

### Towson University Student Emergency Fund
- The Student Emergency Grant Fund assists TU students who are experiencing an exceptional financial crisis that impedes their academic progress and success.

### Towson University CARE Team
- [https://www.towson.edu/studentaffairs/care/](https://www.towson.edu/studentaffairs/care/)
- The university’s CARE Team coordinates support resources that assist students in being successful academically and in promoting their health and well-being.

### Maryland Food Bank – Find Food Map
- [https://mdfoodbank.org/find-food/](https://mdfoodbank.org/find-food/)

### Student Navigator Network
- [https://www.swipehunger.org/studentnavnetwork/](https://www.swipehunger.org/studentnavnetwork/)
- The Student Navigator Network helps students struggling with financial insecurity find access to everyday essentials through a one-on-one online student referral service.

### List of Community Food Resources in Maryland by Region
- [https://dhs.maryland.gov/documents/FoodSupplementProgram/FederalGovtShutdown2019/ListofCommunityFoodResourcesinMarylandbyRegion.pdf](https://dhs.maryland.gov/documents/FoodSupplementProgram/FederalGovtShutdown2019/ListofCommunityFoodResourcesinMarylandbyRegion.pdf)

Updated: 05/01/2023