Position Overview:
• Personal trainers are responsible for creating safe and effective fitness programs for clients based on their goals and assessment results.

Position Responsibilities:
• Prepare and conduct safe and effective, personalized training sessions for clientele
• Demonstrate correct form/technique and verbal cues
• Administer fitness assessments based on clients history and goals
• Abide by all policies of the Fitness Center during training sessions
• Be attentive to and report equipment issues to Fitness Floor Staff and/or Assistant Director- Fitness
• Provide and uphold exceptional customer service
• Enhance knowledge through continuing education
• Attend all staff meetings and trainings

Qualifications:
• Possess and maintain a nationally recognized Personal Training certification (ACE, NASM, NSCA, ACSM, AFFA, NETA or similar)
• Must be certified in American Red Cross CPR for the Professional Rescuer and Healthcare Provider/AED and First Aid within 30 days of employment
• Ability to lift minimum of 50 lbs and stand for extended periods
• Applicants are expected to be personable, organized, self-motivated and team oriented

Supervisor: Eric Barron, Assistant Director, Fitness
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