Campus Recreation
Administration

Fitness Floor Usage Guidelines

All Campus Recreation guidelines and procedures are in effect within all Campus Recreation facilities, programs and events.

- Reservations are no longer required to access the Campus Recreation Center.
- Easily cleaned non-porous, accessory equipment must be "checked-out" by the FFA and thoroughly cleaned once returned before putting back into rotation. Non easily/porous cleaned equipment will not be available (Ropes, stability balls, dips belts.)
- Removing of mats on floor and having them at checkout
- Removing of half of the weight plates to be rotated out every night and cleaned by floater the next day.
- Cardio equipment will be spaced or put out of order to maintain social distancing
- If you are not fully vaccinated, a mask will be required at all times outside of the designated recovery zones where masks can be removed. These recovery zones are available on each level: PT suite, L1 Lounge, Instructional studio, L2 lounge, circulation by wall Queenax, LL circulation
- Any exercise requiring spotting is prohibited
- Group and Buddy workouts are prohibited
- Participants are encouraged to use one piece of equipment at a time
- Participants must clean equipment with sanitizing wipes before and after use
- Queenax allowing only four pre-setup stations.

- Any use of or modification of equipment other than its intended purpose is not permitted.
- Participants acting in a way that can create an unsafe environment for themselves or others may be asked to discontinue the unsafe behavior or activity by a Campus Recreation employee.
- Patrons should rack weights and return other accessories after use.
- Intentionally slamming or dropping weights is not permitted.
- Liquid chalk only.
- Throwing medicine balls against the walls is only permitted on the designated slam wall in the Level 2 Functional Floor area.
- Report all emergencies, maintenance issues, vandalism, or misuse of facilities to a Campus Recreation employee or calling 410-704-2367.

Failure to follow or adhere to the above guidelines and procedures and/or the direction of Campus Recreation employees may result in loss of usage privileges.