TIGER TRAILS

International Way: .75 miles
Normal School Trail: 1 mile
Heart of Campus Trail: 1 mile
Johnny Unitas Pass: 2 miles

Safety Tips:
- Walk with a friend, refrain from walking alone.
- Avoid walking the trail at night.
- Program TUPD emergency number into your phone: 410-704-4444.
- Call TUPD or 911 in case of any emergencies.
- Stay alert at all times.
Tiger Trails is a series of walking and running trails located throughout the Towson University campus designed to promote fitness and TU pride among university staff, faculty, students, alumni, and community groups. Tiger Trails is a project of the President’s Leadership Institute Class of 2014.

Tiger Trails is comprised of four distinct routes.

- **International Way**: This Trail is .75 miles in distance. The ‘International Way’ trail provides accessible paths and walks with no obstructions. This route is connected to designated accessible parking lots and building entrances.

- **Normal School Trail**: This trail is 1 mile long. The ‘Normal School Trail’ features the university’s most historic sites.

- **Heart of Campus Trail**: This trail is 1 mile long. The ‘Heart of Campus Trail’ leads through the most active and vibrant parts of the university campus.

- **Johnny Unitas® Pass**: This trail is 2 miles long. The ‘Johnny Unitas Pass’ trail highlights the university’s sports complex and is the most challenging Tiger Trail.