
VOLLEYBALL IS A CONTACT SPORT AND INJURIES ARE A POSSIBILITY. THE INTRAMURAL SPORTS PROGRAM ASSUMES NO RESPONSIBILITY FOR INJURIES; HOWEVER, BASIC FIRST AID WILL BE AVAILABLE.

ALL RULE CHANGES ARE HIGHLIGHTED IN GRAY.

THE GAME WILL BE PLAYED ACCORDING TO THE NATIONAL FEDERATION HIGH SCHOOL VOLLEYBALL RULES WITH THE FOLLOWING EXCEPTIONS:

OPEN, IFC FRATERNITY, AND WOMENS TEAMS

STARTING THE GAME

1. **START TIME:** Teams are to be at the court and signed in before the official game time. If any team is not at the court and ready to play at the scheduled game time, the game will be declared a forfeit. It is recommended that teams arrive at the game site fifteen (15) minutes prior to the scheduled start time.
2. **IDENTIFICATION:** All participants must bring a current valid Photo I.D. to the playing area in order to be checked in and ruled eligible to participate prior to the beginning of each game. Late arriving players must sign in with an Intramural Supervisor before entering the game.
3. **PLAY PASS:** All participants must have purchased a valid Intramural Sports Play Pass in order to be eligible to participate.
4. **SCORING:** An Intramural Official will keep the official score for each game.
5. **BURDICK HALL RULES:** All Burdick Hall rules will be followed during intramural volleyball contests.
6. **TEAMS:** Six (6) players on the court constitute a team; a team may play with no fewer than four (4) players. Teams may only have a maximum of eleven (11) players on their full roster.
7. **CLUB TEAM MEMBERS:** No more than two (2) members of the active club volleyball teams' rosters are eligible for participation in the game per team. No more than two (2) members of the club volleyball teams may be listed on the same team's roster.
8. **GAME EQUIPMENT:** Towson University Intramural Sports will provide a game ball.
9. **COIN TOSS:** A pre-game coin toss will determine service and side of the net teams will play.
10. **JEWELRY/ACCESSORIES:** No jewelry or accessories may be worn. Earrings may NOT be covered with band aids or tape. A player suspected of covering an earring with tape will NOT

be permitted to participate. *Clarification: Medical alert bracelets are not considered jewelry; they must be taped down with the medical information visible.*

PLAYING THE GAME

11. **STARTING THE GAME:** At the beginning of the game, the ball shall be put in play by the player in the back right position, who may serve from anywhere along the service line.
12. **TIME LIMIT:** The games will be played best of three (3). After 35 minutes, a new set will not be started. The Intramural Supervisors will give all teams a 5 minute and 1 minute warning. When time expires whichever team is winning will get the win for that set. In the event of a tie within that set, or a one point difference, one final point will be played to completion. There will be no time limit during playoffs.
 - a. Note: The time limit begins at the originally scheduled game time unless the game starts late due to the previous game running late.
13. **TIME-OUTS:** Each team will be granted one (1) time-out per match. Time-outs will be one (1) minute; teams must be ready to play immediately following the time-out.
14. **THE SERVER:** Each server shall continue to serve until the opposing team gains service. The server is to announce the score before each service.
15. **SCORING:** Rally scoring will be used for all games.
16. **ALTERNATING SERVICE:** Service shall alternate as each team regains possession.
17. **LET SERVICE:** If a ball touches the net on a service, but crosses onto the opponent's side of the court, that serve will be considered legal and in play.
18. **ROTATIONS:** The team receiving the ball for service shall immediately rotate one position. *Exception: the first serve of each game (for each team).*
19. **SUBSTITUTIONS:** When a player is substituted for, they may only return to the game by taking the place of the player that replaced them in the rotation. *Exception: A team may choose to substitute by making all substitutions at the server position. If a team chooses to substitute in this manner, all substitutions must be made this way the entire game.*
20. **PLAYING THE BALL:** A player may leave the court to play the ball. A ball hitting a sideline or an end line is in bounds.
21. **TOUCHING THE BALL:** The ball may be touched only three (3) times by one team before being returned over the net. **NOTE:** Blocking the ball does NOT count as a touch. However, if the ball then goes out of bounds the person who blocked it shall be the one considered to have caused it to go out of bounds.
22. **WINNING A GAME:** The first two (2) games of each match will be played to twenty-five (25), and the third (3rd) game (if necessary) will be played to fifteen (15). A team must win by 2 points (25-24 is not a win). In the first two (2) games, there will be a twenty-seven (27) point

scoring limit (if a team gains a 27-26 lead, the game is over). If a match reaches a third game, there will be a 17 point scoring limit (17-16 is a win).

23. WINNING THE MATCH: The first team to win two (2) games is the winner of the match.

24. VIOLATIONS: The following are violations and will result in a point for the offended team:

- Catching or holding the ball
- Touching the net with any part of the body while the ball is in play
- Serving out of turn
- Illegal serve
- Illegal volley (carry or double hit)

25. THE CENTER LINE: A player may cross the center line with his/her foot/feet as long as a part of the foot/feet remain(s) on or above the center line and the player does not interfere with the play of an opponent.

26. CEILING/OVERHEAD OBSTRUCTIONS: A ball that touches the ceiling (or other overhead obstruction) on a team's first or second contact will remain in play as long as the ball remains on that team's side of the net. A ball that touches the ceiling (or other overhead obstruction) on a team's third contact or a ball that touches the ceiling (or other overhead obstruction) and crosses over into the opponent's court will be out of play.

27. KICKING: Intentionally kicking the ball will result in a loss of serve and a point for the other team.

- a. Exception: Using your foot in an attempt to "pancake" the ball is legal, provided the player's foot is in contact with the ground.

SPORTSMANSHIP

28. UNSPORTSMANLIKE CONDUCT: Any unsportsmanlike conduct including, but not limited to, arguments with officials by any player, coach, manager, or spectator, flagrant fouling, fighting, etc. will result in expulsion of that individual and/or team from further participation in that scheduled game. Officials/supervisors have the authority to impose penalties for teams behaving in an unsportsmanlike manner.

29. UNSPORTSMANLIKE CONDUCT FOUL LIMIT: Two (2) unsportsmanlike conduct penalties on the same player will result in an ejection. If two (2) players from the same team are ejected from a game (for sportsmanship related issues), that game will be ended and that team will receive a loss and a 0 sportsmanship rating, regardless of the score and the time remaining. In addition, if a team receives three (3) unsportsmanlike conduct fouls the game will be ended as stated above.

30. BENCH CONDUCT: All substitutes, coaches, and spectators must adhere to Intramural Sports and Burdick Hall Rules, and are subject to the authority of the Intramural Sports Supervisor and all sportsmanship-related rules and policies.

31. DRUG, ALCOHOL & TOBACCO POLICY: Teams and fans are not permitted to bring alcohol and/or drugs, or come under the influence of alcohol and/or drugs. Teams and fans are also

not permitted to use any tobacco products in Burdick Hall. Violators may be removed from the facilities with possible forfeiture of the game, at the discretion of the Supervisor.

32. INTRAMURAL POLICIES: Team captains are responsible for making sure that all members of their teams are aware of all Intramural Sports policies and rules. Captains are responsible for their teams' sportsmanship, and may be held accountable for the actions of individuals on their team.

CO-ED TEAMS

All of the above rules apply with the following exceptions:

33. TEAMS: Six (6) players constitute a team; three (3) males and three (3) females. If less than six (6) players are available, the male/female ratio may be 3M: 2F, 2M: 3F; 2M: 2F.
34. SUBSTITUTIONS: Substitutions are permitted as described above, as long as a legal male/female ratio is maintained.